

**EASTERN OREGON COORDINATED CARE ORGANIZATION  
SHERMAN COUNTY COMMUNITY ADVISORY COUNCIL  
MEETING MINUTES**

Thursday, August 6th, 2020  
Virtual Meeting via GoogleMeet

**Members Present:** Amy Asher, Kristen Slatt, Tom McCoy, Amber DeGrange, Mike McArthur

**Members Absent:** Wes Owens, Caitlin Blagg, Neita Cecil, Al Barton, Ashley Danielson, Nadja McConville

**Guests Present:** Marci McMurphy (GOBHI), John Adams, Meghan Chancey (EOHLA) Tammy Pierce (GOBHI), Audrey Eagan (MODA)

**Local County Coordinator:** Ursula Schaefer

The meeting was called to order by Kristen Slatt at 3:04 PM.

Introductions were made.

Minutes by: Ursula Schaefer

### Summary of Actions Taken

#### Approval of minutes

- Minutes for the June, 2020 meeting were approved. Amber moved motion to approve minutes, Tom seconded.
- Motion to appoint Amber DeGrange to the LCAC Selection Committee. Mike moved motion, Tom seconded.
- Motion to use \$1,000 of LCAC funds to support Sherman County Medical Clinic with CHW training. Amber moved motion, Tom seconded.

#### Action Items:

- Kristen will research food needs in Sherman County and report back to Marci in regards to Tory's request for information.
- Kristen will send out a PowerPoint with RCAC updates
- Kristen will find out the balance of our LCAC funds and determine how to transfer funds for Sherman Co. Medical Clinic / CHW training.

### Public Input/Open Comments

- Comment from Tory Colvard, CAPECO- along with OR Food Bank & Community Connection of NE Oregon, has received a community benefit grant from EOCCO- would like to know if there are communities in our region needing food resources- food banks, etc. Kristen will research and report back, see Action Items.

## Reports & Updates

### RCAC Report

- RCAC charter has been approved at the RCAC and went on to be approved by the EOCCO board of directors as well. A big accomplishment!
- Health Related Services (HRS) funds:
  - Available funds for non-covered services to EOCCO members.
  - Examples: temp housing for surgery recovery, mobility aids, gym memberships.
  - Cannot be a service covered by OHP, grant funded services or administrative expenses such as continuing education.
  - Request form is online on the EOCCO website- reviewed on an individual basis.
    - Both members and providers can request funding
    - Must indicate how the service or item will improve health delivery, health outcome or overall cost of care.
- Many changes have been made to the RCAC charter:
  - RCAC will serve as EOCCO's official community advisory council to improve communication to the Board of Directors and OHA
  - Members will continue to include LCAC chair and either the county commissioner or a proxy, as assigned by the county commissioner.
  - To reach 51% consumer representation, the RCAC is going to need to add over 20 members, requiring each EOCCO county to recruit 2 EOCCO members to the RCAC.
  - RCAC leadership will include a chair, vice chair and secretary
  - Leadership team will ensure that the RCAC fulfills its obligation to serve as an advisory body, communicating the work of the RCAC to the EOCCO board of directors.
  - Interpretation services can provided upon request
  - Orientation materials will be posted on the website
  - Stipends will be provided to (OHP) members
  - EOCCO board of directors must include at least 2 members of the CAC, at least one of which is a consumer (OHP) member.
    - Alisha Southwick is the Chair of the RCAC and attended her first EOCCO board meeting in July.
    - Oceana is the consumer member who will be serving on the EOCCO board.
  - RCAC will have a role in reviewing social determinants of health (SDOH) and equity spending under the SHARE initiative.
  - RCAC will have a role in determining how HRS community benefit reinvestments are made.
  - Changes to elections- will now happen every 3 years instead of each year.

- Leadership rotation process put in place. Each of the leadership roles will have the opportunity to serve 1 year in each role: Secretary, Vice Chair & Chair
- EOCCO expects to meet 14 of 19 measures
  - 80% of metrics were met
  - 100 % of challenge pool metrics were met:
    - Assessment for DHS custody
    - Immunization status
    - Developmental screening
    - Timeliness of prenatal care
- 2020 measure program updates:
  - OHA has suspended the quality withhold for the remainder of the year
  - The only measures that will count for this year those from Jan-March
    - Metrics & scoring committee will vote on targets for that time period

### **LCAC Membership**

- OHA and EOCCO have been in discussion about the LCAC selection committee process.
  - EOCCO desired to have this done at the RCAC level – review LCACs in the EOCCO service area and approve them; however OHA wants this process to be done at the local level.
    - Need to have an EOCCO board of director be a member of the LCAC selection committee, as well as one county employee.
      - Karen Wheeler will be the EOCCO board of director representative for the committee.
    - Be responsible for reviewing and approving the LCAC roster, before sending to the county commissioner for final approval.
    - We do need to select who the county employee will be. Because of our small CAC size, this task will take minimal time from this person- about 30 minutes per quarter.
      - Amber DeGrange was nominated to be our county employee on the LCAC selection committee. See Summary of Actions Taken.

### **EOHLA Update**

- We are a non-profit organization officially formed in the fall of 2014 by the RCAC to help address health priorities within the regional community health improvement plan (CHIP).
  - Part of the purpose behind our formation was to raise resources and provide programming that includes but also reaches beyond the OHP population.
  - Programming began in 2016
- Regional community health improvement priorities (RCHIP) were identified through an assessment process including community surveys, focus groups, local CHIPs, and the EOCCO Transformation Plan.

- Current priorities include:
  - oral health
  - mental health
  - early childhood health
  - chronic disease prevention
- Health Happy Smiles
  - School based oral health program in partnership with Advantage Dental.
  - Final report is on EOHLA website, key metrics from the past few years were shared via PowerPoint.
  - In partnership with Advantage, toothbrush kits were provided to students in Malheur, Baker and Harney counties during COVID19, distributed during grab n go meals.
  - Also partnered with the Intermountain Education School District to continue their school based oral health program for 2020/2021 school year.
    - OR DOE COVID guidelines impacted our in-school oral health programming, so we are looking into an option that could take place outside of the school setting.
    - Meaghan is working on curriculum that would support children's oral health by providing dental learning labs to students.
- Mental Health First Aid
  - Program that provides trainings to teachers, law enforcement and other public and social service employees, helping to reduce barriers to care and increase connections to care.
  - Key metrics from 2017-2019 were shared via PowerPoint
  - Partnered with GOBHI who provided trainers for the courses
  - We certified 11 participants during 1 adult mental health training in Sherman County.
    - Looking for recommendations about hosting an additional training in Sherman County. Amy is now a trainer in Adult Mental Health First Aid and would be the point person for EOHLA in setting these up.
    - Amber shares that even during COVID, school districts still need to provide training opportunities to teachers, so this may be a very good time to approach the Sherman County School.
  - EOHLA's goal for this year is to conduct 15 trainings (at least 1 in each of the 12 EOCCO counties) and to focus on youth and teen mental health first aid.
    - The youth/teen trainings give students the skills to have conversations with peers and be able to identify when an adult should be included in the situation.
    - Students can only be trained only when 10% or more of the school staff has also been trained.
    - Teen trainings are for 10<sup>th</sup>-12<sup>th</sup> grade students, taught in schools or within youth organizations.

- The National Council recently released online and hybrid training options.
- Early Childhood Health
  - Worked with public health and mental health agencies to provide an integrated nurse home visiting program, which supports early childhood health and strengthens parent child relationships by addressing maternal depression.
    - In home mental health therapy provided when risk factors for depression have been identified by HV.
    - Piloted this program in Grant, Morrow, Umatilla and Malheur counties.
    - Currently compiling data and finalizing a report for the last grant period.
  - Development of the program was a very important aspect. We've laid a strong foundation and our partnership is well prepared to address this need.
  - The work will be moving forward with a federal Health Resources Services Administration (HRSA) grant, in partnership with North East Oregon Network- where we will be incorporating comm. health workers and expanding into Union, Baker and Wallowa counties over the next 3 years.
- Chronic Disease Prevention: Colon Cancer Screening
  - Colon cancer screening outreach project started in 2018
    - Sherman, Moro, Gilliam counties
    - Partnered with Sherman County Medical Clinic to increase screening participation for ages 55-70
  - Increased screening rate and met incentive metric in Moro and Gilliam counties
  - Higher turnout in Sherman Co. but didn't meet the measure because many participants were not EOCCO members.
- Chronic Disease Prevention: Food Hero Focus Groups
  - Partnering with OSU extension and Eualcree.
  - 3 focus groups organized in Malheur and Morrow counties as well as 1 on 1 meetings with Latina moms, we are working to identify best practices to increase fruit & vegetable consumption in Hispanic families
  - Currently wrapping up data analysis- our draft report will be ready soon.
  - Once finalized, our findings will be implemented into the OSU Food Hero Spanish Module state wide!
- Chronic Disease Prevention: Food Security
  - Eastern Oregon Mutual Aid Network developed by EOHLA, using COVID19 food access grant, in partnership with the Nutrition Oregon Campaign, OR food bank and EOCCO.
  - Providing additional funding to expand FVRX.
  - Providing funding for VRX in Wallowa and Malheur counties.
  - Support pantries throughout Eastern Oregon.
    - Reaching out to food pantries and senior centers, as well as placing advertising in local papers and radio outlets.
  - Application forms available on our website in English/Spanish

- Request support
  - Offer support
  - Pantry volunteer support
- GoFundMe also set up to help individuals or organizations who are identified with needs.
- We have already recruited volunteers in Lake & Union counties.
- We've connected Advantage dental to provide oral health kits to food pantries.
- Current needs:
  - Food donations for pantries
  - Food donations to OCDC (Oregon Childhood Development Coalition)
- RCAC and CAC Partnership
  - Our 12 person board is made up of one person from each of the 12 EOCCO counties.
    - Sherman County is represented by Kristen Slatt.
  - Trying to help foster communication between EOHLA and the CAC's through our board members.
    - Our monthly meetings include updates from each of the EOCCO counties.
  - It's important to us that we check in with counties/CAC's ahead of any planned programming in your region to prevent duplication of work and ensure success.

### **Oregon Communities Foundation Parent Ed Grant Update**

- Reapplication was submitted. Board met and Tammy is optimistic that funding will be moved forward to expand and support the tri counties with parent education.
  - Triple P is the curriculum that will be used.
  - Intending to train people working with children, as well as parents.
- Steering Committee meets 2<sup>nd</sup> Wednesday 9 a.m.
  - This committee will be driving the work of the grant.
  - Contact Tammy if you are interested in being on the Steering Committee.
- A referral system will be put in place to coordinate the delivery of higher levels of education to identified parents.

### **Frontier Veggie Rx 2020**

- First report for 2020 has been filed.
  - Report showed that redemption is happening very quickly.
- Sherman is "under" in distribution of Frontier Veggie Rx booklets.
  - Marci developed a flyer that will promote the program in Sherman County to recruit additional participants.
- Marci will be meeting with Patrick Mulvihill of GOBHI who will put together a press release, which will then be forwarded to NCPHD and Cindy Brown at OSU extension.
- Money from EOHLA received to support existing FVRX funds.
  - Sherman donated its portion of the funds to the other counties.

- New booklets, representing the additional EOHLA funds, are printed in green for tracking purposes.
  - These additional booklets are going to be available for 4 months, expiring November 31<sup>st</sup>, 2020.
- In Sherman County, because the clinic is no longer a prescriber, there are some additional barriers to participants getting their booklets.
  - Upcoming promotion should increase utilization of the program.

### **September RCAC**

- Once per year, our RCAC focus is on early learning, early childhood education (ECE), daycare.
  - September, 2020 will be this RCAC meeting.
- “No Small Matter” documentary trailer will be showcased at the RCAC.
  - Goal to have a community screening/viewing of the film at some point.
- Hoping for some focuses, outcomes or deliverables of where we could head in the coming year when it comes to this very important topic.
- Amber reminds the group that the state mandate for E.C.E. is to focus on ages 0-6, not just 3-6 (preschool) which gets more of the focus.

### **EOCCO Update:**

- Clarification- there will not be any specific targets to meet on measures but the reporting is still required: 4 EHR measures, 1 quality measure.
- 2020/2021- all measures will be rolled over from one year to the next.
  - Adding only 1 measure: the new Health Equity Measure, for a total of 14.
    - Meaningful Language Access to Culturally Responsive Healthcare Services is the full name of the new measure.
- EOCCO Annual Summit will be taking place virtually on September 17<sup>th</sup>.

### **Sherman Medical Clinic Update:**

- Shawn Payne hired as the new MA and Community Care Worker
- Seeking \$800 for training costs for the Community Care Worker training.
  - LCAC members chose to support the clinic with \$1,000 for this training.
  - Marci asked for status of LCAC funds. Kristen will get this info and report back to Marci.
- COVID tests still happening, with an increased turnaround time for labs from 1 day to about 5 days.
- EOCCO members are due for specific services and don't feel safe going to larger facilities. Will this affect the metric measures?
  - Is EOCCO doing anything about the shortages in these numbers due to COVID?
  - Could the denominator for these measures be reduced to reflect the people who are refusing to receive services because of COVID?

- Audrey states that overall the quality team is still really focused on the benchmarks, but also want to be supportive of clinics.
- Leadership at EOCCO can address this and Audrey will report their answer to Caitlin.
- What happened to the requirement for provider reports? In the past, MODA would send a breakdown of the Clinic's standing on the metrics, but Caitlin has not received one of these in months.
  - Audrey reports that the analytical team is working on getting these reports ready and they should be available very soon.
- Financial standing at the clinic is stable due to influx of federal funding for dealing with COVID.

**Next Meeting: Thursday, September 3<sup>rd</sup>, 3:00 p.m., via GoogleMeet:**

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**Meeting adjourned at: 4:25 p.m.**