

County LCAC Meeting Minutes

FEBRUARY 21, 2019

YELLOWHAWK
PENDLETON OR 97838

MEETING CALLED BY	Amy Ashton-Williams, LCAC Chair
CALLED TO ORDER	8:33 AM
ADJOURNED	10:17 AM
NOTE TAKER	Tiffany Thomas, LCAC Coordinator
ATTENDEES	Amy Ashton-Williams (Chair), Janet McFarlane (Co-Chair), Tiffany Thomas, Erin Bartsch, Rebecca Gardner, Kristen Owen, Angeles Villa Padilla, Jessica Reker Lourdes Alcala Reyna, Jim Setzer, Alisia Southwick, Angie Treadwell, Sharon Waldern, Cathy Wamsley, Heidi Zeigler, Amber Scott, Nicole Pantley, Cheryl Pearce, Annie Kimbrel, Marissa Baumgarder, Ashley Hardwig, Carrie Sampson, Drew Rivera, Nina Watchman, Lola Lopez, Jory Spenser, Amy Madrigal, Deb Frost, Charlie Carnes (<i>by phone</i>) - Patricia Dehler, Estela Godina, Troy Soenen, Catie Brenaman
DISCUSSION	<p><u>2020 NEW BUSINESS</u></p> <ul style="list-style-type: none"> • Amy Ashton-Williams – For voting members do we want it per agency? Open discussion for group what will work best? Do we want individual member votes or an agency vote? Angie and Alisha suggest that voting should be one agency per one vote. The agency can decide who will represent the agency. “We had the discussion at the Morrow LCAC that if the agency was a voting member and move to a different agency representation then that person can still be a voting member and do not have to go back through the membership process. • Troy – “The charter is not quite clear there is grey area.” For membership -we need to update roster annually. The roster is due in March or sooner so that CAC selection committee can review the list. We need to send out inquiries to agencies. Alisha requests that an agency proxy should represent an agency in the case that the voting member is not able to make a meeting. • Amy – “Does a vote need to happen?” Troy – “The group can continue the discussion.” The charter needs to be updated and it will be brought up in the RCAC. Then the LCAC will come back and decide what they want to do. Sharon Walsborn – organizations should be the representation. Instead of the individual being the voting person the organization should be the voting representation. Retired people who have represented agencies or organizations can still be a member as an independent standing individual. Troy – “I think that should be fine.”
DISCUSSION	<p><u>2020 METRICS</u></p> <ul style="list-style-type: none"> • Jim - “Why do we care about the metrics?” They are preventive services that will have a positive impact on the community. We are hoping that providers will be open to providing services to members. Incentive payments are paid to the owners of the CCO and to LCAC. Results of the metrics determine how much we will be provided for the next year. We are not the direct providers here so how can I promote meeting goals and objectives?” We don’t want to put all of the pressure on the providers but would like participation to help meet metric goals. We still have two more months of data to come in for 2019. Other data samples are chart reviews and will be ongoing. We have met five of these metrics. Work is continuing to track down data.

	<p>We are close to meeting some of these. “Umatilla county we have a responsibility here. We have more CCO members and everyone is counting on us to meet these metric goals.</p> <ul style="list-style-type: none"> • The metrics and targets change slightly year to year. For 2020, the list has been reduced to 13 of them. We continue to have some old favorites and we have new ones. Maybe we can organize a discussion about how non-providers can get access to the information that we need, so that we can meet the target of the metric goals. An idea is that everyone on OECCO members should come into services for primary overall health. That way other health issues could be identified. • Sharon Walsborn - healthy young males don’t always go into services and may not be using services. Lourdes - people don’t always know how to access services. Maybe we should educate clients on the benefits to accessing services. Reflection in the numbers will be by educating the members by getting the application completed and educating them on the services that are available. Janet – how do we help teach members how to access care? The OHP process is time consuming and cumbersome. • March 2020 will be when new data will have been processed to reflect 2020 services. At that time, we will know where we are at and what we need to target. That is also when we will know what we will be getting for 2020. • Kristen Owen – answering the question about 90 days to 60 days for MH assessments. We are starting to work with DHS to get kids identified. • EOCCO is clever. If we meet the incentive, then next year the target will go up. Troy – “We move from 20 incentive measures in 2019 and now have 13. It is getting harder to meet the goals and we can only miss two of these for 2020.”
<p>DISCUSSION</p>	<p><u>2020 CHIP & CBI UPDATE:</u></p> <ul style="list-style-type: none"> • LCAC will review the community health plan and seek out priority issues. Open discussion – This document is required by every LCAC. <ol style="list-style-type: none"> 1. <u>Obesity</u> – The goal is for 200 members to be encouraged to participate by using SNAP at the Farmer’s market. LCAC should be thinking about what we could do about the obesity issue. Troy – asked the group to identify what is available in each community. 2. <u>Chronic Disease</u> – How to address chronic disease 3. <u>Behavioral Health</u> – We may need to review lower wait times, identify primary preventions, primary parent education, continue Narcan distribution and education 4. <u>Family Engagement</u> – Discuss options to promote 5. Access to services - Utilize our metric coordinator for dental and mental health providers 6. <u>Health Equity</u> – CCO 2.0 – nutrition and food. Home for hope to use harm reduction model and wrap around services for homeless <ul style="list-style-type: none"> • Troy - Let’s keep the plan visible so that we can be reminded what it is that we want to do with these as a group. We should plan on bringing the plan up more frequently. It is a broad opportunity for everyone to participate. We should keep it as a standing agenda item.” Jim – maybe

we plan to use one to be a topic of the month. Each month we visit a different priority. Then we can cover each item a couple of times a year. Let people brainstorm and collaborate together around the table or share what is going on in the community. Cathy Walmsley – states she is on health equity and social determinate of health alliance working with LCAC to prevent overlapping. There is a group that wants to work with LCAC to work together to not duplicate efforts.

- Group agrees that we should focus on one topic area a month. We need to be updating names and updates on the CHIP. Carrie - that a lot of what the tribe is doing is closely aligned to what we are doing here. How and to what extent would we apply working closely together on the areas of need. Carrie suggests starting a cross walking model for the CHIPS so that reporting can be done on all levels. That way the information can be brought to each LCAC. Amy – “How do we actively address the CHIP as a team?”
Troy – “I appreciate the alignment because the CCO requires it.” We should be aligning with the plan and making it more forefront so that it can be helpful for everyone. March 11th Health Equity Plan will start and will be due June 30th – Guidance will be coming out and we will want to use that so that we can use it in the community.”
- CBI – Troy “At the end of January 2019, the group submitted an application. The subcommittee reviewed it and it was approved and has no contingencies. \$188,000 will be coming your way.”
- Angie – Fruits and veggies program reports family participation, including infants and participation for seniors - 950 individual people participated and reported physical and mental health benefits. “They are building relationships with one another and one person reported that the program changed her life. Thank you, CBI, for supporting this program. At the end of June, they should have another plan.”

NEW BUSINESS

- Amy Ashton-Williams – asked LCAC group about teleconference equipment for meetings. “We have call in options in some places but not all places. Do we want to offer something like Zoom or Go To meeting? There is a cost. The group would have to agree to the cost.”
- Discussion – If we do something like Zoom or Go To Meeting, we should think about attaching the meeting documents so that people who are conferencing could see the information that will be provided. Maybe we should start out with Zoom or Go To Meeting and then see if that works. If not, we can revisit the teleconference agenda item.

ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
<ul style="list-style-type: none"> • Transportation issues • Lifeway walk-in hours • Monthly health topic - (ongoing) 	Heidi Ziegler Kristen Owen	Next LCAC Meeting When plan is created