



Lake County Community Health Improvement Partnership (CHIP)
700 South J Street
Lakeview, OR 97630

Lake County CHIP Minutes

Date and time: March 12, 2019 – 3:00 p.m.

Place: Lake County Senior Center.

Partnership members and staff in attendance: Arvinder Singh, Linda Watson, Francine Winters, Michele Totten, Charlie Tveit, Will Cahill, Andrea Wishart, Abigail Suttter, Kenzie Bispham, Judy Clarke, Kevin Winter, Gloria Stringer.

LCAC co-chair Arvinder Singh called the meeting to order at 3:05 p.m. and asked all members to introduce themselves. Singh then presented the February minutes for approval. Charlie Tveit moved to approve the minutes as amended. Andrea Wishart seconded. The motion passed unanimously.

RCAC update: Linda spoke about the situation regarding COVID 19 affecting EOCCO counties. She informed the council that Grant County and Salem LCAC meetings had gotten cancelled. EOCCO recommends that if the agenda doesn't have any pressing matters, then the meeting should be cancelled due to public safety. However, Linda did say that the RCAC meeting scheduled later in the month was scheduled.

Next, Linda spoke about Klamath County reservation and asked if Lake County had any.

Then Linda spoke about plans of EOCCO to incorporate inputs from the youth for county LCACs. OHA (Oregon Health Authority) still working on the selection committee and working on compiling a demographic report.

Sources of Strength: Francine gave a presentation on the Sources of Strength program.

Will spoke about the Healthy Teen Survey that was carried out at the school and thanked Francine Winters for the great job. Will went on to speak about the effects of COVID 19 on the school calendar year. Informed the council about activities being shut down. Field trips, Irish days parade and Irish Dinner event were all shut down as well as the Alger theatre. School staff had sent out emails to parents informing them about the changes in the calendar year. School district were having discussions about how the sports events will be affected. Will then said that parents were fearful about COVID 19.

CHIP updates:

- **Living Well:** Arvinder informed the council about the cancelling of the Chronic pain support group which was being led by Noelle Freeman and Jane Lincoln due to COVID 19.
- **PIT (Point-in-Time) Unsheltered population count:** January 29th was the date for the point in time count in Lake County. There were teams present in Christmas Valley, Paisley and Lakeview. Staff from KLCAS (Klamath and Lake Community Action Services) were present to support the teams. Official count for Lake County is 155. Arvinder shared Point in time report for Lake County with the council.

Grant updates: Singh informed the council that we've been awarded all three of our EOCCO grants.

LCAC: \$53,190

Our priority areas are food insecurity, health equity, and childhood trauma.

- Food insecurity: Funding for three SFSP junior program leaders and supporting a VISTA who will help Lake Health District and Lakeview schools create a five-year plan to sustain and build on the nutrition education that began under FoodCorps.
- Health equity: The VISTA will conduct outreach to OHP members and others in communities outside Lakeview to ensure we understand and are addressing needs across Lake County.
- Childhood trauma: Bringing Sources of Strength to Lake County. Sources of Strength is an evidence-based program shown to prevent suicide and suicidal ideation among youth through positive social norming. Francie and Piper attended a 'train the trainer' training last week and could be certified trainers as early as the end of the month. They will train adults at North Lake and Lakeview high schools, plus adults in programs that work with kids, including Youth Mentors and Juvenile Probation. Those adults will identify and train kids from all walks of life in the schools who will learn what signs to watch out for in their friends and how to encourage them.

Emergency department utilization: \$50,000

Our target population is people who have mental health diagnoses who present in the ED with a physical complaint. We're looking specifically at frequent fliers (people who came to the ED two or more times within 30 days in 2019):

- More coordination between the hospital and clinic. As often as possible, we want to walk patients from our cohort from the ED to the clinic to connect them to the appropriate person, whether that's Amber (our new care coordinator) or Jane or J.D., our integrated behavioral health providers.
- Loop closures at hospital readmission meetings. Representatives from the Clinic, Warner Mountain, Wellness, Recovery, and Hospital attend weekly meetings to talk about these frequent fliers. They leave with plans about how to follow up with these patients and connect them to care, but that follow-up doesn't always happen. This grant will have additional emphasis on closing the loop.
- Living Well: The top complaints the frequent fliers give in the ED are pain (usually chronic pain) or a problem related to a chronic condition, so we're going to offer Living Well with Chronic Pain and Living Well with Chronic Conditions. We're changing the set-up a bit, with our facilitators taking the responsibility for scheduling classes and calling patients. We also have plans to train more facilitators.

Diabetes poor control: \$11,220

Lake Health Clinic is going to use patient navigation and Living Well with Diabetes classes to help patients with uncontrolled diabetes lower their A1c levels. Amber will help patients make lifestyle changes, and we will offer the Living Well classes.

Public Comments: Linda spoke about the importance of Youth Mental Health First Aid program and its importance. Then, Linda spoke of how Lake County is considered a leader for the aforementioned program and other related programs.

Andrea spoke about the free Lake County Public Transit and operates from 8 – 5 every 1st and 3rd Thursday of each month.

Arvinder Singh adjourned the meeting at 4:32 p.m.

