Morrow County Local Community Advisory Council Meeting Minutes

Thursday April 1, 2021 @ 9:00 a.m. Google Meet

Participants Present: Andrea Fletcher, Annie Kimbrel, Catherine Wisniewski, Megan Chancey, Courtney Valenzuela, Don and Donna Eppenbach, Don Russell, Erin Bartsch, Erin Stocker, Ian Murray, Jessica Recker, Kali Paine, Marci McMurphy, Deborah Peterson, Marie Shimer, Ryan Fowler, Sarah Brown, Troy Soenen, Rebecca Gardner, Kathryn Cheney and Kimberly Lindsay.

Call to Order: Andrea Fletcher called the meeting to order at 9:03 am.

Review and Approval – Minutes of the previous meeting on March 4, 2021 were reviewed. Ryan Fowler moved to approve the minutes and Don Russell seconded the motion. Motion passed unanimously.

New Business

Andrea described CHIP /CAC existence - promote collaborative and community-driven engagement, education and local innovations to improve the health and well-being of people, who live, work and learn in Morrow County.

Rural Counties are held to same standards of reporting and mandatory activities as larger areas, so having workforce capacity to complete requirements and simultaneously take on new activity is a challenge.

Morrow County conducts a county-wide Community Health Assessment (CHA) every three years and supplements this with a CCO CHA/HIP (annual review/update) every five years.

Despite workforce challenges, the advantage Morrow has is that all organizations providing services to our county are engaged and nimble in response to changes.

Ten years ago, CHIP (healthcare providers, human services and community partners) chose to work cooperatively at providing education, programs and services to promote healthy behaviors and lifestyle.

Statutory requirements for CCOs persuaded Morrow to address the pressing needs of the OHP members and the focus was narrowed slightly to maternal, child and family health.

Great success was achieved at coordinated care and addressing Incentive Measure benchmarks, so the trade-off was probably worth tabling the other activities.

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To address health system strength and sustainability and promote healthy lifestyles, we combine partner assessments and align strategic initiatives of:

- Community Health Improvement Partnership of Morrow County (CHIP)
- Morrow County Community Advisory Council (CAC)
- Eastern Oregon Coordinated Care Organization (EOCCO)
- Oregon Health Authority (OHA) Healthier Together Oregon (State HIP 2020-24)
- Eastern Oregon Healthy Living Alliance (EOHLA)

The group reviewed the "Organization's Priority Chart" describing the many opportunities to align our efforts!

Troy Soenen presented information prepared by the EOCCO to assist us with the annual review of the Health Improvement Plan.

- Greater proportion of population is older adults
- Race: 60% white; Ethnicity: 37% Hispanic
- Fairly equal distribution male/female
- Limited English speaking in household 2013 1%; 2019 6%
- Unemployment trending down
- Need for transportation assistance trending down
- Self-reported "good overall health" and "good mental health" decreasing trend
- Tobacco use trending down
- Maternal depression increased significantly!

Data Clarification and Discussion

- % of births to mothers receiving inadequate PNC 2019 13%
- Low birthweight rate 2019 53/1,000
- Concern expressed that when we see new Student Wellness Survey results that suicide ideation in teens may be elevated.
- EOCCO behavioral health data will be made available soon

Ian Murray presented a motion to approve the 2021 Health Improvement Plan, seconded by Rebecca Gardner and unanimously approved by the CAC voting body.

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1. LCAC Member Sharing

Sarah Brown, Community Counseling Solutions Crisis Outreach team leader with 6 outreach workers serving Grant, Wheeler, Morrow and Gilliam counties to help people struggling with COVID related issues. They have been available at local COVID-19 vaccination clinics.

Ryan Fowler, Morrow County Health District - Described collective effort by MCHD, MC (public) HD, FEMA and OHA to provide real-time COVID vaccination clinic. Working on recruitment and service line development.

Debbie Peterson, Irrigon Medical Clinic – Continuing to integrated LCSW (behavioral health) into medical clinic.

Nazario Rivera, Morrow County Health Department – COVID-19 vaccination partnership with FEMA, OHA and MCHD.

Ian Murray, Morrow County Health Department, CARE RN – Provided a summary of the CARE program outcomes for the year. Over 5,500 encounters (attendance, food assistance, immunization, vision screening and etc.) with students and families! No COVID-19 spread in schools throughout this pandemic. Recognition goes to the school districts for their diligence and planning!

Marie Shimer, Morrow County School District – Secondary schools are beginning to rotate to all classes beginning April 12. Athletics transitioning from fall to spring sports with more spectators allowed.

Erin Stocker, Morrow County School District – Elementary student days had been expanded to 3:00 and will be transitioning to full day. Working diligently with Mid-Columbia to address student transportation needs.

Kali Paine, EOCCO - BOOST Oregon COVID-19 Vaccine Training: EOCCO is holding a free provider/clinic staff training on Friday April 9th from 12pm-1pm PDT. Please register here: http://events.constantcontact.com/register/event?llr=iv9v9mcab&oeidk=a07ehpr2wyu47f530ea

EOCCO member-facing trainings at the end of April. Sessions will give attendees an opportunity to learn more about the COVID-19 vaccines and ask direct questions of the medical educators. Final dates are TBD.

EOCCO is also looking in to Unite Us, a Community Information Exchange (CIE) platform in our service area. This tool facilitates closed-loop referrals for social needs. Will be seeking feedback from community-based organizations, clinics, and other community partners regarding the Unite Us platform over a series of regional community engagement presentations from 4/27 - 4/30.

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Kathryn Chaney, Domestic Violence Services – Sexual Assault Month recognized in April. In Her Shoes, awareness event is scheduled for April 24. See website DVS-OR.org to register.

Erin Bartsch, Blue Mountain Early Learning Hub – Parent Education night tonight over enrolled. Video Creation of "Childhood Supports." Already in Spanish, but looking for someone who speaks Ciche to do voice over video. See Blue Mountain Kids Connect website to pre-register for preschool and make connections to all BMELH resources.

Don Russell, Morrow County Commissioner – Praise to health department for doing an outstanding job vaccinating. Morrow is moving from one of the least vaccinated counites to one with great progress!

Megan Chancey, Eastern Oregon Healthy Living Alliance – Working with Advantage Dental to provide on-site oral health services and will be providing Mental Health First Aid in cooperation with CAPECO, serving 7 counties.

Rebecca Gardner, Oregon Child Development Coalition – See the new building in Boardman, across from Columbia River Health!

Rollie Marshall, Ione School District – Ione School District is placing 18.5-million-dollar bond on May 18 ballot for consideration by voter in ISD service area. Eligible for 4-million-dollar match by State of Oregon. Hired Superintendent Kevin Dinning who begins July 1.

Catherine Wisniewski, Good Shepherd Community Health System, Community Health & Outreach - Class and presentation brochure forthcoming. Diabetes Prevention program begins April 9, virtually 9:00-12:00 p.m.

Annie Kimbrel, CAPECO - Mental Health First Aid classes through EOHLA will be offered virtually on 4/29 and 5/12, each from 9am. Pets and Ipad program. Additional rent, energy and broadband assistance available soon. See CAPECO website.

Adjourn 10:20 a.m.

Next Meeting: May 6, 2021 – Google Meet

Respectfully submitted,

Andrea Fletcher