

Umatilla County LCAC Meeting Minutes

May 21, 2021, Via Google Hangouts

Meeting called by	Janet McFarlane, LCAC Co-Chair
Called to order	8:33 AM
Adjourned	9:59 AM
Notetaker	Tiffany Thomas, LCAC Coordinator

Welcome and Introduction

Attendees:

Janet McFarlane LCAC Co-Chair, Darrin Umbarger, Troy Soenen, Marci McMurphy, Mark Royal, Jenna Reeves, Julie Smith, Alicia Lundgren, Kathryn Hart, Kathryn Cheney, Maria Gomez, Tiffany Thomas (LCAC Coordinator) Mysty Boyde, Kristen Owen, Nate Conklin, Carre Biegel, Errin Bartsch, Rebecca Gardner, Brittany Dunham, Nicole Whiskeyjack, Courtney Valenzuela, Maria-Ximena

Minutes: Darrin Umbarger made a motion to approve the April 2021 minutes. Julie Smith seconded the motion. The April 2021 Minutes were approved, and the motion carried.

Discussion Demographics Survey Marci McMurphy

Marci McMurphy (GOBHI) - There is a demographic survey that will be emailed out. Please complete one. There is an English and Spanish version. We have to report to OHA to show that the 51% OHP member requirements are met. We also have to show what we are doing and the need for the people within our community. It will take 30 seconds to complete, and it is anonymous.

Discussion LCAC Community Health Plan Updates- Troy Soenen

Troy Soenen (GOBHI) - We are required to review these health issues annually and submit a report to OHA. Due to the Covid pandemic, we have not pulled this information up a lot. I am hoping we can pull this information a little more to discuss some of our projects.

Issues

- Obesity
- Chronic Disease Prevention
- Behavioral Health
- Violence/Safety
- Access to safety
- Health equity

We want to make sure that these issues still have relevance and we are on course to continue in this direction. We can approve these by email. The report has to be done by the end of June. We need to think about our priority areas and make changes if we

need to. I would like everyone to have a chance to think about it and have time, so if you could email it, that would be good.

Janet McFarlane (St Anthony Hospital) - will touch base with Emily and report back where we are at.

Julie Smith (Pendleton School District) - I have a physical therapist friend and talked about obesity and trauma. I took the ACES survey. Trauma is a primary driver for social determinants of health. It makes me think about those in the community who struggle with trauma. There is a book called "The Deepest Well." It is an excellent resource to understand more about trauma.

Discussion Update on Subgroups- Janet McFarlane

Janet McFarlane (St Anthony Hospital) - We are trying to get back on board to get on track with members and OHP members. Subgroups need to have a lead that can be chosen, and then a meeting needs to be planned online or in-person. The goal should be that at least one OHP member is represented for each subgroup.

Troy Soenen (GOBHI) - We are required to have 51% OHP member representation. We were hoping that we could recruit 7-8 members in this fashion if we could reorganize. Marci asked everyone to fill out the demographic survey, and I have to report back information about the LCAC and OHP representation members. I want to make sure that we have that information. You could be a caring member for someone on OHP, which could be a representative. The hope was that we did not have to have these meetings every month, maybe quarterly. The idea is to go to the members instead of requiring them to come to a meeting.

Janet McFarlane (St Anthony Hospital) - If we can make smaller groups, it might be helpful to people representing. If someone could try to commit to someone could be the lead and send an email to me to have the information to report. If you know of someone who could represent the tribal members, please let me know.

Troy Soenen (GOBHI) - If we could schedule one meeting and have one OHP representative, that would be good. We also need to talk to tribal representation because that is one of our requirements as well. We have a \$35 stipend and can cover child care expenses. Janet sent an email out to the LCAC members/partnering organizations. Please respond to Janet with the subcommittee that you would like to be a member of.

Subgroups:

- ❖ Tribe
- ❖ Public health/commissioners
- ❖ Human services
- ❖ Community program/education
- ❖ Healthcare services (oral, behavioral health, medical, etc.)

Discussion: Estela Gomez; OHA, Innovator Agent

Estela Gomez (OHA Innovator Agent) - Regarding the Medicaid waiver we had with the CCO, currently, they are working on renewing the application. Governor Brown wants to provide health care to everyone and address social determinants of health. The application has to be approved by CMS. As I get the information, I want to make sure that I allow you to know what we are doing, and it is also crucial for us to hear from our community partners. We are hoping to complete the process by December. They are meeting weekly with tribal members. The audience is tribal-stake holders. The Oregon policy board has many committees that meet monthly at the state level. We want to make sure that everyone has access to healthcare and no one gets left behind. We work with individuals that have complex needs and lived experience. We want to address inequities and the barriers that are included. OHA wants to know how to do more with behavioral health housing, social determinants of health, the justice system, and anyone who needs coverage needs it or is at risk of not having insurance. Sometimes OHP members' children stay eligible for at least five years. The designation goes until 2021 and looks in a forward way for 2022. People's health gets negatively impacted when their overall health needs do not get met. OHP members need to have a voice at the table. Eastern Oregon CCO has helped and continues to support communities and counties. We need to address the barriers that affect the lives of children and families. They are hoping to look at determination regardless of immigration status. Identifying issues early increase stability for families. This is an excellent time to offer feedback to our Oregon leadership at the state level. Please contact me if you have any questions or concerns.

Discussion: Marci McMurphy CBIR Update

Marci McMurphy (GOBHI) - Regarding the final recording for the CBIR, Catie Brenaman is in the process of creating the final report, and subgrantees have submitted all of their invoices to reflect the final report. If they can do that by July, the CCO was meeting to finalize. The information was sent to UCHS, and we are waiting for that to come back. The 2021 CBIR Sub-grantees can send their March, April, and May in the first invoice. UMCHS has been overseeing the funding for a long time and has been doing a great job. It is best practice to change that from time to time. Is LCAC okay with sending out applications, and how much would be available for the admin part of it? We would like to have everything all done by November so that we have a new fiscal agent. Do they have the capacity to do this? Accounting experience? We want to make sure that the entity knows about the gap in services, Janet can we make a motion to approve for us to accept a request for proposal to look at different fiscal agents? Darrin motion as stated. Julie Smith seconded the motion. All approved, and the motion carried.

Discussion: Community Updates

Alicia Lundgren (UCo Health) - Member feedback I wanted to shout out that we are working with Summer on providing breastfeeding pumps. Breastfeeding works well at the beginning of a mom's postpartum. We would like to know if LCAC would be a place to request if it is needed. We have all three vaccines available, and if there is a group and location to provide an event, we can do that. Reach out to me if I can help with that. We are declining in numbers. We are wrapping up second doses Pfizer is available for those who are 12 and older. It is a partnership with community members to accommodate the eligible

group for vaccination. Our office has serviced 11,700.

Troy Soenen (GOBHI) - Keep us posted. I think we could use LCAC dollars if needed so that you have the breast pumps ready and waiting for you.

Brittany Dunham (ConneXions) - This week, Pfizer vaccines have grants for dentures and transportation to tri-cities and to help with medications.

Darrin Umbarger (Clearview Medical Center) - FYI, in-home medical has packed up and left, so it is pretty much us right now. We can't do the whole town. Soon another piece of medical equipment is in LaGrande. Hopefully, they can help us.

Heidi Ziegler (DHS) - The farmer's market is open on Friday night. We got a grant to get the snap match again. Anyone on snap can get \$20 extra fruits and vegetables if they use their snap card—Foster awareness month. We will have a shoe drive. You can go online or drop a pair of Drop sites:

- ❖ Pendleton - Hamleys Western Store
- ❖ Milton Freewater - Baker Boyer Bank
- ❖ Hermiston - Desert Lanes or Sweet Potatoes Closet
- ❖ Morrow County - Bank of Eastern Oregon branches in Heppner & Boardman

Julie Smith (Pendleton School District) - We are trying to get through the last days of school. We have had some quarantining and have had to take care of classes accordingly. We will be finished with school on June 3rd.

Kathryn Cheney (DVS) - We are providing educational groups involving life skills and parenting. We are offering shelter in person. We can do individual work on the phone as well.

Kristen Owen (Lifeways) - There are no updates today, thanks.

Maria - I was looking into the fruits and veggies for families. We will need to go another route if there is anyone out there who would meet specific requirements. I am new, and so I am looking for new ideas. In Portland, SnapEd is providing a cooking kit for families and has had a lot of success. I thought it could be a good thing for our community to support our local community and if LCAC could support Snap eligible families under 17. I am starting programs in other areas and teaching kids about plants and planting. I will also be working this summer with children.

Troy Soenen (GOBHI) - I think this would be a good idea and essential since it addresses our community health plan.

Mark Royal (Umatilla County) - I appreciate the opportunity to be a part of the committee. I have been working part-time and partially retired. The commissioners asked me to be the interim director at this time. We received 110 dollars and will partner with EORC for respite beds. There is an RFP (request for proposal) for mental health and sud. We are in the process and hope to learn relatively quickly if there will be a new entity or stay the same. We are also justice involved in a CPC program in the treatment of the justice-involved population.

Rebecca Gardner (OCDC) - We have children onsite with our children, about 78 in MF and

60 in Hermiston

Troy Soenen (GOBHI) - The Share Program will have \$300,000 in a pot of money to help with housing. The application process will have to be complete by December. If you know any partners, please let me know. It is exciting because we are putting money in for the first time for this service.

Nicole Whiskeyjack (Yellowhawk) - This is my first time. I did want to share that we have a new public health director that started last week. Yellowhawk did an event and had a good turnout. We will be doing more next Tues/Thurs afternoon.

Janet McFarlane (St Anthony Hospital) - we have seen a significant drop. We had 11 no-shows, so we do not know if they want to get their second dose or get it somewhere else. We have been trying to reach out to them. We do have a vaccine clinic for the next couple of weeks. We will try to partner with other community members as well. In the last five months, Alicia has seen high second doses, so I wonder if they might be getting their second dose elsewhere. We are starting to see our drop now.

Troy Soenen (GOBHI) - Some states are giving incentives to people who will come back and get their second doses.

Next meeting scheduled for July 16th, 2021, via Google Meet