Medications for Weight Management

Policy Type: PA/SP

Length of Authorization

- Initial:
 - i. Benzphetamine, phendimetrazine, and phendimetrazine ER: three months
 - ii. All other agents for chronic weight management: six months
 - iii. Semaglutide (Wegovy) for Major Adverse Cardiovascular Events (MACE) risk reduction in patients with overweight or obesity: 12 months
- Renewal:
 - i. Benzphetamine, phendimetrazine, and phendimetrazine ER: no renewal
 - ii. All other agents for chronic weight management: six months
 - iii. Semaglutide (Wegovy) for Major Adverse Cardiovascular Events (MACE) risk reduction in patients with overweight or obesity: 12 months

Quantity Limits

Product Name	Indication	Dosage Form	Quantity Limit
tirzepatide (Zepbound)		2.5mg/0.5mL vial	2mL/28 days
		5mg/0.5mL vial	(4 vials)
		2.5mg/0.5mL	
		(0.5mL pre-filled pen)	
	Chronic weight management in	5mg/0.5mL	
	patients ≥18 years of age	(0.5mL pre-filled pen)	
		7.5mg/0.5mL	
		(0.5mL pre-filled pen)	2mL/28 days
	Obstructive sleep apnea in adults	10mg/0.5mL	(4 pre-filled pens)
	with obesity	(0.5mL pre-filled pen)	
		12.5mg/0.5mL	
		(0.5mL pre-filled pen)	
		15mg/0.5mL	
		(0.5mL pre-filled pen)	
semaglutide (Wegovy)	Chronic weight management in	0.25 mg/0.5 mL	
	patients ≥12 years of age	(0.5 mL pre-filled pen)	2mL/28 days

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		0.5 mg/0.5 mL (0.5 mL pre-filled pen)	(4 pre-filled pens)
		1 mg/0.5 mL (0.5 mL pre-filled pen)	
		1.7 mg/0.75 mL (0.75 mL pre-filled pen)	3mL/28 days —— (4 pre-filled pens)
		2.4 mg/0.75 mL (0.75 mL pre-filled pen)	
liraglutide (Saxenda)	Chronic weight management in patients ≥12 years of age	6 mg/mL (3 mL pre-filled pen)	15mL/30 days (5 pre-filled pens)
phentermine and topiramate ER (Qsymia)	Chronic weight management in patients ≥12 years of age	3.75 mg/23 mg capsule 7.5 mg/46 mg capsule	30 capsules/30 days
		11.25 mg/69 mg capsule 15 mg/92 mg capsule	
orlistat (Xenical)	Chronic weight management in patients ≥12 years of age	120 mg capsule	90 capsules/30 days
phentermine (Adipex-P)	Short-term weight management in	37.5 mg capsule	30 capsules/30 days
phentermine (Lomaira)	patients ≥17 years of age; chronic	8 mg tablets	90 tablets/30 days
phentermine	weight management in patients ≥12 years of age (off-label)	15 mg capsule 30 mg capsule	30 capsules/30 days
naltrexone and bupropion ER (Contrave)	Chronic weight management in patients ≥18 years of age	8 mg/90 mg tablet	120 tablets/30 days
diethylpropion	Short-term weight management in patients ≥17 years of age; chronic	25 mg tablet	120 tablets/30 days
diethylpropion ER	weight management in patients ≥17 years of age (off-label)	75 mg ER tablet	30 tablets/30 days
benzphetamine	Short-term weight management in	25 mg tablet	90 tablet/30 days
	patients ≥17 years of age	50 mg tablet	90 tablets/30 days
phendimetrazine	Short-term weight management in	35 mg tablet	180 tablets/30 days
phendimetrazine ER	ndimetrazine ER patients ≥17 years of age	105 mg capsule	30 capsules/30 days

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Additional Notes:

- I. This policy and PAC instructions document is applicable to EOCCO only.
- II. Policy and PAC instructions are applicable to members aged 12 to 20 years via EPSDT consideration. EPSDT coverage ends on a member's 21st birthday.
- III. There is currently no path to coverage for any agent included in this policy in patients 21 years of age or older. Weight loss is in the category of indications that are excluded from the health plan's benefit when used in members 21 years of age and older.