



Policy Type: PA/SP Pharmacy Coverage Policy: EOCCO124

## **Description**

Epoetin alfa (Retacrit, Procrit, Epogen) is a glycoprotein that stimulates red blood cell production, whereas, darbepoetin alfa (Aranesp) stimulates erythropoiesis by the same mechanism as endogenous erythropoietin.

## **Length of Authorization**

### **Initial and Renewal:**

Epoetin alfa (Procrit, Epogen):

- o Chronic kidney disease with or without dialysis Three months
- Cancer chemotherapy 12 months
- Anemia due to zidovudine therapy 12 months
- Allogeneic blood transfusion in surgery patients 14-days

## **Quantity Limits**

Product Name	Dosage Form	Indication	Quantity Limit
darbepoetin alfa (Aranesp)	25 mcg/mL vial	Chronic Kidney Disease With or Without Dialysis; Cancer chemotherapy	4 vials/syringes per 30 days
	40 mcg/mL vial		
	60 mcg/mL vial		
	100 mcg/mL vial		
	150 mcg/mL vial		
	200 mcg/0.75 mL vial		
	10 mcg/0.4 mL syringe		
	25 mcg/0.42 mL syringe		
	40 mcg/0.4 mL syringe		
	60 mcg/0.3 mL syringe		
	100 mcg/0.5 syringe		
	150 mcg/0.3 syringe		
	200 mcg/0.4 mL syringe		
	300 mcg/0.6 mL syringe		
	500 mcg/mL syringe		
	2000 units/mL vial		

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	3000 units/mL vial	Chronic Kidney Disease With or Without Dialysis;	2,000U, 3,000U, 4,000U
epoetin alfa	4000 units/mL vial	Cancer chemotherapy;	and 10,000U vials: 12
(Retacrit)	10000 units/mL vial	Anemia due to zidovudine therapy;	vials per 30 days <b>20,000U and 40,000U</b>
	40000 units/mL vial	Allogeneic blood transfusion	vials: 4 vials per 30 days
	2000 units/mL vial	Chronic Kidney Disease	
	3000 units/mL vial	With or Without Dialysis;	2,000U, 3,000U, 4,000U
epoetin alfa	4000 units/mL vial	Cancer chemotherapy;	and 10,000U vials: 12
(Procrit)	10000 units/mL vial	Anemia due to	vials per 30 days
	20000 units/mL vial	zidovudine therapy;	20,000U and 40,000U
	20000 units/2 mL vial	Allogeneic blood	vials: 4 vials per 30 days
	40000 units/mL vial	transfusion	
	2000 units/mL vial	Chronic Kidney Disease	
	3000 units/mL vial	With or Without Dialysis;	2,000U, 3,000U, 4,000U
epoetin alfa	4000 units/mL vial	Cancer chemotherapy;	and 10,000U vials: 12
(Epogen)	10000 units/mL vial	Anemia due to	vials per 30 days
	20000 units/mL vial	zidovudine therapy;	20,000U and 40,000U
	20000 units/2 mL vial	Allogeneic blood transfusion	vials: 4 vials per 30 days

### **Initial Evaluation**

Epoetin alfa (Retacrit) and darbepoetin alfa (Aranesp) are both preferred erythropoiesisstimulating agent (ESA) products.

- There is no prior authorization required for epoetin alfa (Retacrit) or darbepoetin alfa (Aranesp) unless requesting above the quantity limit noted above.
- I. **Epoetin alfa (Procrit, Epogen)** may be considered medically necessary when the following criteria below are met:
  - A. Lab values are obtained within 30 days of administration (unless otherwise indicated); AND
  - B. Prior to initiation of therapy, member should have adequate iron stores as demonstrated by serum ferritin  $\geq$  100 ng/mL (mcg/L) and transferrin saturation (TSAT)  $\geq$  20%; **AND**
  - C. Upon initiation of therapy Hemoglobin (Hb) is < 10 g/dL and/or Hematocrit (Hct) < 30% (unless otherwise specified); AND
  - D. A diagnosis of one of the following when the request is for **epoetin alfa (Procrit, Epogen)**:
    - 1. Anemia secondary to myelodysplastic syndrome (MDS); AND





- i. Member has an endogenous serum erythropoietin level of ≤ 500 mUnits/mL; AND
- ii. Member has lower risk disease [i.e. defined as IPSS-R (Very Low, Low, Intermediate), IPSS (Low/Intermediate-1), WPSS (Very Low, Low, Intermediate)]; AND
  - a. Used for treatment of symptomatic anemia, as an alternative to lenalidomide, in members with del(5q); **OR**
  - b. Used for treatment of symptomatic anemia in members <u>without</u> del(5q); **AND** 
    - i. Member has ring sideroblasts < 15% and used as a single agent OR in combination with lenalidomide in members who have failed single agent therapy; OR
    - ii. Member has ring sideroblasts ≥ 15% and used in combination with a granulocyte-colony stimulating factor (G-CSF); AND
- iii. Treatment with epoetin alfa (Retacrit) or darbepoetin alfa (Aranesp) has been ineffective, not tolerated, or is contraindicated; **OR**
- 2. Anemia secondary to Myeloproliferative Neoplasms (MPN) Myelofibrosis; AND
  - i. Member has an endogenous serum erythropoietin level of < 500 mUnits/mL; AND</li>
  - ii. Treatment with epoetin alfa (Retacrit) or darbepoetin alfa (Aranesp) has been ineffective, not tolerated, or is contraindicated; **OR**
- 3. Anemia secondary to chemotherapy treatment; AND
  - i. Member is receiving concomitant myelosuppressive chemotherapy; AND
  - ii. Chemotherapy treatment plan is <u>not</u> intended to cure the disease (i.e. palliative chemotherapy); **AND**
  - iii. There are a minimum of <u>two additional</u> months of planned chemotherapy; **AND**
  - iv. Treatment with epoetin alfa (Retacrit) or darbepoetin alfa (Aranesp) has been ineffective, not tolerated, or is contraindicated; **OR**
- 4. Anemia secondary to chronic kidney disease; AND
  - i. Member is at least one month of age or older; AND
  - ii. Treatment with epoetin alfa (Retacrit) or darbepoetin alfa (Aranesp) has been ineffective, not tolerated, or is contraindicated; **OR**
- 5. Anemia secondary to rheumatoid arthritis; AND
  - i. Treatment with epoetin alfa (Retacrit) has been ineffective, not tolerated, or is contraindicated; **OR**
- 6. Anemia secondary to zidovudine treated, HIV-infected members; AND





- i. Member has an endogenous serum erythropoietin level of < 500 mUnits/mL; AND</li>
- ii. Member is receiving zidovudine administered at ≤ 4200 mg/week; AND
- iii. Treatment with epoetin alfa (Retacrit) has been ineffective, not tolerated, or is contraindicated; **OR**
- 7. Reduction of allogenic blood transfusions in elective, non-cardiac, non-vascular surgery; AND
  - i. Hemoglobin (Hb) between 10 g/dL and 13 g/dL and/or Hematocrit (Hct) between 30% and 39%; **AND**
  - ii. Member is at high-risk of blood-loss from surgery that is elective, non-cardiac and non-vascular; **AND**
  - iii. Member is unwilling or unable to participate in an autologous blood donation program prior to surgery; **AND**
  - iv. Treatment with epoetin alfa (Retacrit) has been ineffective, not tolerated, or is contraindicated
- II. Darbepoetin alfa (Aranesp), epoetin alfa (Procrit, Epogen) are considered <u>investigational</u> when used for all other conditions.

### **Renewal Evaluation**

- I. Lab values are obtained within <u>30 days</u> of the date of administration (unless otherwise indicated); **AND**
- II. Adequate iron stores as demonstrated by serum ferritin  $\geq$  100 ng/mL (mcg/L) and transferrin saturation (TSAT)  $\geq$  20% measured within the previous 3 months; **AND**
- III. Documentation of continued need for therapy indicated by Hemoglobin (Hb) and/or Hematocrit (Hct) as follows:

Indication	Hb and/or Hct Response	
Anemia secondary to myelodysplastic	Hemoglobin (Hb) <12 g/dL and/or Hematocrit	
syndrome (MDS)	(Hct) <36%	
Anemia secondary to myeloproliferative	Hemoglobin (Hb) <10 g/dL and/or Hematocrit	
neoplasms (MF, post-PV myelofibrosis, post-	(Hct) <30%	
ET myelofibrosis)		
Reduction of allogeneic blood transfusions in	Hemoglobin(Hb) between 10 g/dL and 13	
elective, non-cardiac, non-vascular surgery	g/dL and/or Hematocrit(Hct) between 30%	
	and 39%	
Anemia secondary to chemotherapy	Hemoglobin (Hb) <10 g/dL and/or Hematocrit	
treatment	(Hct) < 30%	





Anemia secondary to zidovudine treated,	Hemoglobin (Hb)< 12 g/dL and/or Hematocrit	
HIV-infected patients	(Hct) < 36%;	
Anemia secondary to chronic kidney disease	Pediatric patients: Hemoglobin (Hb) < 12 g/dL	
	and/or Hematocrit (Hct) < 36%	
	Adults: Hemoglobin (Hb) < 11 g/dL and/or	
	Hematocrit (Hct) < 33%	
All other indications	Hemoglobin (Hb) < 11 g/dL and/or	
	Hematocrit (Hct) < 33%	

### References

- 1. Procrit [package insert]. Horsham, PA; Janssen, LP; July 2018.
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- 3. Aranesp [package insert] Thousand Oaks, CA; Amgen Inc; January 2019
- 4. Younossi ZM, Nader FH, Bai C, et al. A phase II dose finding study of darbepoetin alpha and filgrastim for the management of anaemia and neutropenia in chronic hepatitis C treatment. Journal of Viral Hepatitis 2008; 15(5):370-8
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- 8. Saag, MS, Bowers, P, Leitz, GJ, Levine, AM. Once-weekly epoetin alfa improves quality of life and increases hemoglobin in anemic HIV+ patients. AIDS Res Hum Retroviruses 2004; 20:1037.
- 9. Grossman, HA, Goon, B, Bowers, P, Leitz, G. Once-weekly epoetin alfa dosing is as effective as three times-weekly dosing in increasing hemoglobin levels and is associated with improved quality of life in anemic HIV-infected patients. J Acquir Immune Defic Syndr 2003; 34:368.
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- 11. Shaffer CL, Ransom JL. Current and theoretical considerations of erythropoietin use in anemia of bronchopulmonary dysplasia. J of Pediatric Pharmacy Practice 1996; 1:23-29
- 12. Reiter PD, Rosenberg AA, Valuck RJ. Factors associated with successful epoetin alfa therapy in premature infants. Ann Pharmacother 2000; 34:433-439.

## **Policy Implementation/Update:**

Action and Summary of Changes	
Removed 300mcg vial from QL table	
Added Aranesp as a preferred product not requiring prior authorization; Updated formatting to align with current process;	08/2022
Updated renewal section criteria point III to read as "Documentation of continued need for therapy indicated by Hemoglobin (Hb) and/or Hematocrit (Hct) as follows:".	04/2020





<ul> <li>Transitioned to policy format</li> <li>Added language regarding preferred product, Retacrit and removal of PA requirement</li> <li>Aligned criteria with medical benefit for consistency across benefits, which included clarifying initial requirements (e.g. labs obtained within 30 days, adequate iron stores, Hg/Hct levels)</li> <li>Added coverage criteria for anemia associated with rheumatoid arthritis, anemia secondary to MDS, and anemia secondary to myelofibrosis</li> <li>Added specific renewal criteria</li> </ul>	12/2019
	10/2018,
Previous reviews	
	08/2012
Policy created	06/2011