



Pregnant? Make sure OHP knows



Get the most from your Oregon Health Plan (OHP) benefits

If you're pregnant, you may be eligible for extra Oregon Health Plan benefits that support your and your baby's health.

To receive these benefits, there's one important step:

You must notify the state of Oregon about your pregnancy (not EOCCO)

This simple step helps make sure your OHP benefits are updated on time, so you can get the care and services you need.

Why notifying the state matters

EOCCO is here to support your care.

However, pregnancy updates must be reported directly to the state of Oregon to change OHP benefits.

When you tell the state of Oregon that you're pregnant, you may be eligible for:

- More covered doctor and prenatal visits
- Additional dental and vision care during pregnancy
- Care and coverage for up to 12 months after pregnancy ends
- Extra support services for you and your baby

For more information and other resources visit:

www.oregon.gov/oha/hsd/ohp/pages/pregnancy-care.aspx

Not reporting your pregnancy can delay or limit these benefits, even if your provider already knows you're pregnant.

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How to report your pregnancy

You can notify the state of Oregon in **any of these ways:**



With help from your provider:

Ask your clinic or provider to submit a Pregnancy

Notification form for you. You can find one at <https://sharesystems.dhsoha.state.or.us/DHSForms/Served/he3360.pdf>

Online:

Report your pregnancy through the **Oregon ONE Eligibility Portal** at one.oregon.gov/UserRegistration/LoginCA

By phone:

Call **ONE Customer Service** at **800.699.9075** or **711 (TTY)**

In person:

Visit an Oregon Department of Human Services (ODHS) office. To find an office near you, visit: oregon.gov/odhs/pages/office-finder.aspx

With trusted help:

OHP Community partners can help you report your pregnancy and answer questions. Find a trusted community partner in your area at healthcare.oregon.gov/Pages/find-help.aspx

You only need to use one option. Choose what feels easiest or most comfortable for you.

You can get this document in other languages, large print, Braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 888-788-9821 (TTY/TDD users, please call 711). We accept relay calls.

Puede obtener este documento en otros idiomas, en letra grande, braille o en un formato que usted prefiera. También puede recibir los servicios de un intérprete. Esta ayuda es gratuita. Llame al servicio de atención al cliente 888-788-9821 o TTY 711. Aceptamos todas las llamadas de retransmisión.