



Get care when you need it, where you need it

When you're sick or hurt, you want to get the right care at the right time. **You should always call 911 or go to your nearest emergency room if you have a life-threatening emergency.** But you can save time and stress by knowing what kind of care you should get and where.

Primary care: Unless your life is in danger, call your primary care provider (PCP) first. They know your health history and what treatments will work best for you. You can visit your PCP for anything from a sore throat to cancer screenings. If your PCP can't provide the care you need, they will help you find someone who can.

Behavioral health care: Behavioral health care includes services for mental health care and drug and alcohol use disorders. Your primary care doctor can help you find a behavioral health provider if you don't have one.

Urgent care: Go to urgent care if you have a non-life-threatening condition, your PCP is not available or you cannot wait for an appointment. Consider going to urgent care if you have¹:

- Mild asthma symptoms
- Mild abdominal pain
- Sprains or strains
- Fever

Dental care: Dentists are prepared to help you with your dental needs. Unless you have a life-threatening emergency, call your dentist for any issues related to oral health.

Emergency care: Save the emergency room for emergencies. Emergency rooms are meant for life-threatening conditions, such as¹:

- Chest pain
- Difficulty breathing
- Head injuries
- Bleeding that won't stop

You can get this document in another language, large print, or another way that is best for you. You can also have a language interpreter. Call 888-788-9821 (TTY/TDD 711).

Eastern Oregon Coordinated Care Organization must follow state and federal rights laws. We cannot treat people unfairly in any of our services or programs because of a person's age, color, disability, gender identity, marital status, national origin, race, religion, sex or sexual orientation. ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 888-788-9821 (TTY: 711). 注意: 如果您說中文, 可得到免費語言幫助服務。請致電 888-788-9821 (聾啞人專用: 711).

¹These are examples of conditions and not an all-inclusive list.

Where to find care near **Malheur County, Oregon**¹:

Primary care and public health:

Healthcare with Heart

- 1108 SW 4th Street, Ontario, OR, 97914
- 541-889-7289
- <https://malheurhealth.org/>
- Hours: Monday through Friday, 8:30 a.m. to 12 p.m.; 1 p.m. to 5 p.m.

Malheur County Health Department

- 1108 SW 4th Street, Ontario, OR, 97914
- 541-889-7289
- <https://malheurhealth.org/>
- Hours: Monday through Friday, 8:30 a.m. to 12 p.m.; 1 p.m. to 5 p.m.

Malheur Memorial Health Center

- 410 Main Street, Nyssa, OR, 97913
- 541-372-2211
- <https://www.malheurmorial.com/>
- Hours: Monday through Friday, 8 a.m. to 12 p.m.; 1 p.m. to 5 p.m.
- Walk-in and same-day visits may be available on request

Saint Alphonsus Medical Group Fruitland Health Plaza

- 910 NW 16th St, Suite 101, Fruitland, ID 83619
- 208-452-8000
- <https://www.saintalphonus.org/location/saint-alphonus-fruitland-family-medicine>
- Hours: Monday through Friday, 7 a.m. to 5 p.m.

Snake River Pediatrics

- 840 SW 4th Ave, #105, Ontario, OR, 97914
- 541-216-6556
- <https://www.snakeriverpediatrics.com/>
- Hours: Monday through Friday, 8 a.m. to 6 p.m.;
- Saturday, 8 a.m. to 2 p.m.
- After hours, please call main phone line to be connected to answering service
- Walk-in and same-day visits may be available on request

Stark Medical Group

- 932 W Idaho Avenue, Suite 100, Ontario, OR, 97914
- 541-889-2244
- Hours: Monday through Thursday, 8 a.m. to 6 p.m.;
- Friday, 8 a.m. to 5 p.m.
- (After hours, please call main phone line or 208-739-3310)

Valley Family Health Care Emmett Clinic

- 207 E 12th Street, Emmett, ID 83617
- 208-365-1065
- <https://www.vfhc.org/>
- Hours: Monday through Friday, 8 a.m. to 5 p.m.

Valley Family Health Care New Plymouth Clinic

- 300 N Plymouth Avenue, New Plymouth, ID 83655
- 208-278-3335
- <https://www.vfhc.org/>
- Hours: Monday through Thursday, 8 a.m. to 6 p.m.;
- Friday, 8 a.m. to 12 p.m.

Valley Family Health Care Nyssa Clinic

- 17 S 3rd Street, Nyssa, OR 97913
- 541-372-5738
- <https://www.vfhc.org/>
- Hours: Monday through Wednesday & Friday, 8 a.m. to 5 p.m.;
- Wednesday, 11 a.m. to 8 p.m.

Valley Family Health Care Ontario Clinic

- 2327 SW 4th Avenue, Ontario, OR, 97914
- 541-889-2340
- <https://www.vfhc.org/>
- Hours: Monday through Friday, 8 a.m. to 8 p.m.;
- Saturday and Sunday, 8 a.m. to 6 p.m.
- Walk-in and same-day visits may be available on request

Valley Family Health Care Payette Clinic

- 1441 NE 10th Avenue, Payette, ID 83661
- 208-642-9376
- <https://www.vfhc.org/>
- Hours: Monday through Friday, 8 a.m. to 5 p.m.

Valley Family Health Care Treasure Valley Pediatric Clinic

- 1219 SW 4th Avenue, Suite 1, Ontario, OR, 97914
- 541-889-2668
- <https://www.vfhc.org/>
- Hours: Monday to Friday, 8 a.m. to 6:30 p.m.;
- Saturday, 10 a.m. to 4 p.m.

Valley Family Health Care Treasure Valley Women and Family Clinic

- 1219 SW 4th Avenue, Suite 1, Ontario, OR, 97914
- 541-881-2800
- <https://www.vfhc.org/>
- Hours: Monday through Thursday, 8 a.m. to 5 p.m.;
- Friday, 8 a.m. to 3 p.m.

Valley Family Health Care Vale

- 789 Washington Street W, Vale, OR 97918
- 541-473-2101
- <https://www.vfhc.org/>
- Hours: Monday & Wednesday through Friday, 8 a.m. to 5 p.m.;
- Tuesday, 11 a.m. to 8 p.m.

Behavioral health care:

Lifeways Caldwell

- 2609 S 10th Ave, # 102, Caldwell, ID, 83605
- 208-454-2766
- <https://www.lifeways.org/caldwell-idaho>
- Hours: Monday & Thursday, 8 a.m. to 5 p.m.;
- Tuesday and Wednesday, 8 a.m. to 7 p.m.;
- Friday, 8 a.m. to 4 p.m.
- Closed from 12 p.m. to 1 p.m. every day.
- (After hours, please call 541-889-9167 or 800-995-9169)

Lifeways Malheur

- 702 Sunset Drive, Ontario, OR, 97914
- 541-889-8167
- <https://www.lifeways.org/ontario-oregon>
- Hours: Monday to Wednesday, 8 a.m. to 6 p.m.;
- Thursday to Friday, 8 a.m. to 5 p.m.
- (After hours, please call 541-889-9167 or 800-995-9169)

Urgent care:

Physicians Primary Care Center Ontario

- 335 SW 13th Street, Ontario, OR, 97914
- 541-889-8410
- <http://www.physiciansprimarycare.org/>
- Hours: Monday through Friday, 8 a.m. to 5 p.m.
- Walk-in and same-day visits available
- Primary care services may also be available

Physicians Primary Care Center Weiser

- 400 East 7th Street, Weiser, ID, 83672
- 208-414-8440
- <http://www.physiciansprimarycare.org/>
- Hours: Monday through Friday, 8 a.m. to 6 p.m.
- Walk-in and same-day visits available
- Primary care services may also be available

Dental care:

Check your EOCCO ID card to see which Dental Care Organization (DCO) covers you. Give them a call to find a dentist close to you.

Advantage Dental

- 866-268-9631
- www.advantagedental.com
- Hours: Monday through Thursday, 8 a.m. to 6 p.m.;
- Friday, 8 a.m. to 5 p.m.

ODS Community Dental

- 800-342-0526
- <https://www.odscommunitydental.com/>
- Hours: Monday through Friday, 7:30 a.m. to 5:30 p.m.

Emergency care:

Saint Alphonsus Medical Center Ontario

- 351 SW 9th Street, Ontario, OR, 97914
- 541-881-7000
- <https://www.saintalphonus.org/location/saint-alphonus-medical-center-ontario-1>

St. Luke's Fruitland Emergency Department

- 1210 NW 16th Street, Fruitland, ID 83619
- 208-452-9881
- <https://www.stlukesonline.org/communities-and-locations/facilities/emergency-and-urgent-care-emergency-services-at-st-lukes-fruitland>

Questions?

We're here to help. Please call our customer service team at 888-788-9821 (TTY users, please dial 711) or email us at EOCCOmedical@eocco.com.

¹ This information may change. EOCCO recommends visiting our website (<https://www.eocco.com/eocco-provider-search/>) or calling Customer Service (888-788-9821) for the most up to date list of clinics in your area.