



Give your baby a *healthy start*

Schedule a well-care visit today.

Well-care visits can help you track your baby's early development and keep up with their vaccines to protect them from diseases.

What your baby needs from ages 0 to 2

- 10 well-care visits by age two, including at 2-5 days old, and 1, 2, 4, 6, 9, 12, 15, 18 and 24 months old
- One developmental screening a year
- At least one dental exam a year after their first birthday
- Some or all doses of these vaccines:
 - Hepatitis B (HepB)
 - Rotavirus (RV)
 - Diphtheria, tetanus, and pertussis (DTaP)
 - Haemophilus influenzae type b (Hib)
 - Pneumococcal conjugate (PCV13)
 - Inactivated poliovirus (IPV)
 - Measles, mumps, rubella (MMR)
 - Varicella (VAR)
 - Hepatitis A (HepA)
 - Annual flu shots

Know that it's just as important to finish a vaccine series as it is to start it – make sure your child gets all recommended doses of their vaccines.

Questions?

We're here to help. Please call our customer service team at **888-788-9821** (TTY users, please dial 711) or email us at EOCCMedical@eocco.com.

What to watch for

- By their first year, your baby may copy gestures, sit up without help, drink from a cup, and say words like "mama," "dada" or "hi"
- By 18 months, your baby may show affection, point to specific items, and walk alone
- By two years, your baby may play with other children, sort shapes and colors, and say short sentences

To learn more about your child's health plan benefits, visit eocco.com/members/benefits-overview/ages-under-12.

Make a well-care visit today and talk to your baby's provider about how to keep your baby healthy.



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