



Thinking about advance healthcare wishes for yourself, a loved one or someone you are providing care for?

EOCCO's Advance Directive online training teaches you how to talk with loved one and/or a person you are providing care for about health care wishes and choosing a person to make healthcare decisions when the person in question is unable to.

This free online training will help you to:

- **Share with loved ones your health care wishes**
- **Remove the burden of making difficult health care decisions from loved ones**
- **Provide guidance for loved one(s) and health care providers in honoring to your wishes**

You will also learn about Oregon's Declaration for Mental Health Treatment; a tool for sharing your mental health wishes in a time of crisis.

When:

- **Feb 12th @ 1-2 pm (PST)**
- **Apr 23rd @ 1-2 pm (PST)**
- **Aug 27th @ 1-2 pm (PST)**
- **Nov 19th @ 1-2 pm (PST)**

[Registration Link](#)

**For questions or to get help registering for one of these sessions contact:
Rod Harwood at rharwood@gobhi.org**