



eoocco
EASTERN OREGON
COORDINATED CARE
ORGANIZATION

EOCCO's Call for Birth Doulas

About Birth Doulas

Birth doulas provide non-medical support to pregnant persons during pregnancy, birth, and postpartum.

Why be a Birth Doula?

- Be a guide and advocate for your clients
- Work within teams in the community and clinics
- Flexible schedule



Want to be a Birth Doula?

EOCCO is recruiting its first Birth Doula cohort. This free 70-hour, 8-week training will take place virtually and in-person throughout March and April. Participants will meet training requirements to become certified Birth Doulas.

See following pages for training schedule.

Ready to apply?

1. Scan the QR code or visit <https://tinyurl.com/39mhrenr>.
2. Fill out and submit a complete application.



Questions?



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(503) 952 - 4995

Training Schedule

MARCH 2024

ALL TIMES IN PST

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	1	2
31						
3	4	5 VIRTUAL 4-5pm	6	7	8	9
10	11	12 VIRTUAL 4-5pm	13	14 Office Hours 10am	15	16
17	18	19 VIRTUAL 4-5pm	20	21	22	23
24	25	26	27	28	29	30

APRIL 2024

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2 VIRTUAL 6-7:30 pm	3	4 VIRTUAL 4-5pm	5	6
7	8	9 VIRTUAL 4-5pm	10	11 Office Hours 1pm	12	13
14	15	16 VIRTUAL 4-5pm	17	18	19 IN PERSON 8:30a-6:30p	20 IN PERSON 8:30a-6:30p
21 IN PERSON 8:30a-4:30p	22	23 VIRTUAL 4-5pm	24	25	26	27
28	29	30	1	2	3	4

What is the Birth Doula Training Course?

The Birth Doula training is a 70-hour blended course offered by EOCCO and MotherTree Birth. This course requires students to attend 28 hours of in-person training and 10 hours of virtual training. The rest of the training is on-demand, online. This course provides individuals who are interested in birth work the formal training needed to apply to become an Oregon Health Authority certified Birth Doula Traditional Health Worker.

What will I learn in the course?

During the 8 weeks, students will learn the basics of being Birth Doulas, HIPAA, cultural competency, inter-professional collaboration, trauma-informed care, and working within EOCCO's service area. Students will be well prepared to start birth Doula work.

When is the course?

The course is eight weeks long, over March and April. Virtual sessions occur March 25, 12, 19, and April 2, 4, 9, 16, 23. In-person sessions occur April 19, 20, and 21 in Hermiston, Oregon.

What are the prerequisites for the course?

The only prerequisite of this course is students must be 18 years of age at start of training.

What is the cost of the course?

The course is free to all trainees thanks to funding from Healthy Rural Oregon. Trainees are responsible for the cost of lodging and meals (breakfast, dinner) for the in-person sessions. Scholarships for these costs are available on a first-come, first-served basis to those who qualify. Group lodging rates are available.

When does registration open/close?

Registration for the Spring course is open now until February 20th, or until all spots are filled. Given the limited number of seats, students are encouraged to apply early

I was waitlisted. What happens next?

Students who are waitlisted may still be admitted into the course if another student forfeits their spot. Students will be contacted in the order their complete application was received. If a student is waitlisted and does not receive a spot in the current cohort, they will be offered a seat in a future class.

After completing this course will I be an Oregon certified Birth Doula?

Students who complete this course will still need to complete three births, CPR, and apply to the state of Oregon to become a certified Birth Doula. However, the course is approved to meet the Oregon Health Authority's 40-hour training requirement. To become certified with the Oregon Health Authority, students must submit a complete application. For information see the [Oregon Birth Doula Program Requirements](#)

Who can I contact for additional information?

If you have additional questions, please contact THW@eocco.com. Thank you.