



June Monthly Newsletter

Welcome to this month's THW Connection! As spring picks up across Eastern Oregon, we're sharing community events, field wins, new resources, and a few ways to support your own wellbeing while doing this important work.



THW Spotlight: Let's Build This Together

Last month, I shared a bit about my role as your EOCCO THW Liaison and introduced this spotlight section as a way to stay connected and learn from each other.

We didn't have any submissions come in for June—which is totally okay! I know how busy the work can get.

That said, I'd really love to start featuring more of *your* voices in this space.

There is so much knowledge, creativity, and impact happening across our communities, and this is one way we can:

- celebrate each other
- share what's working
- and stay connected across counties

Want to be featured?

You can keep it simple! Send:

- a quick intro about you and your role
- a recent win (big or small)
- a shout-out to a colleague
- or something anonymous

✉ Email: thw@eoocco.com

No formal write-up needed—I'm happy to help shape it into a spotlight.



THW Member Feedback Form

Member Feedback Opportunity

EOCCO invites members to share feedback about their experience receiving CHW services. This feedback helps improve care quality, supports THW workforce sustainability, and informs system improvements.

Please share this form with members you are serving:

<https://app.smartsheet.com/b/form/52abab9643fe43229eae1f13a21f4a56>

THW Newsletter Archive

Want to find a previous THW newsletter? Now you can! 2024 and 2025 newsletters are now available on the EOCCO Provider Education webpage,

<https://www.eoocco.com/providers/Education>

Refer Members to a Traditional Health Worker

<https://app.smartsheet.com/b/form/019dcbbc9c02777e9a89b7c9859e4652>

If you are working with an EOCCO member who needs additional support and standard referral pathways are not working, you can use the THW Referral Request Form to request help connecting them with a Traditional Health Worker. EOCCO will review the request and follow up to determine the most appropriate THW support.

Member Social Needs Screening Referral Form |

<https://uniteustailstg.wpengine.com/networks/oregon/get-help/eoocco>

EOCCO has developed a user-friendly social needs screening form for members, enabling them to easily complete and submit an assessment. After submission, an EOCCO staff member will promptly reach out to offer support, assistance, and resource connection.

THW Training Suggestions

<https://app.smartsheet.com/b/form/d64132388fbd47f38786b6215a3c762f>

Is there a training you wish you had as a THW, or one that could benefit your organization or community? Or a CEU opportunity you'd like to see offered? Let EOCCO know! The new THW CEU Suggestions form allows EOCCO to hear directly from THWs and work on developing needed support.

EOCCO Resources

Flyers English

[Birth Doula Flyer, Members](#)

[THW Referral Request Form, providers/members](#)

[Community Health Worker Flyer, members](#)

[THW Flyer, members](#)

[THW Member Satisfaction Survey, link for members](#)

[Traditional health worker Satisfaction Survey Postcard, for members](#)

Flyer Spanish

[Birth Doula Flyer providers](#)

[Birth Doula Flyer members](#)

[CHW Flyer members](#)

[THW Satisfaction Survey postcard members](#)

THW Guides

[EOCCO THW Quick-Start and Billing Guide](#)

[EOCCO's Community Resource Guide](#)

[Become an EOCCO DMAP Provider](#)

Training Opportunities

June 2026

Ongoing training and professional development are essential for supporting the Traditional Health Worker workforce. Below are upcoming and on-demand opportunities, with key details to help you quickly find what fits your needs.

Featured Training (In-Person Opportunity)

[Empowering Traditional Health Workers: Cancer Prevention and Screening](#)

[Hosted by EOCCO & OHSU Knight Cancer Institute](#)

- **Date:** Monday, June 15, 2026

- **Time:** 3:00 – 5:00 PM MT
- **Location:** Malheur County OSU Extension Office
710 SW 5th Ave, Ontario, OR 97914
- **Format:** In-person
- **Cost:** Free
- **CEUs:** 2 CEUs

Overview:

Join us for an afternoon of training and refreshments focused on the fundamentals of cancer education. This session will help THWs strengthen their role in prevention and early detection.

Topics include:

- Cancer screening guidelines and early detection
- Risk and protective factors
- The role of THWs in cancer awareness and care
- Available community resources

Register: https://apps.ideal-logic.com/osupace?key=F3T9-25VWY_K9KH-5PTF_30cd074bef3e

Contact: KnightcancerTHW@ohsu.edu | thw@eocco.com

Oregon Family Support Network (OFSN)

Virtual trainings focused on family support, Wraparound care, and system navigation. Open to community providers and peer professionals.

<https://ofsn.org/training/training-opportunities/>

Family-Centered Crisis Planning for the Workforce

- June 9, 2026 | 9:00 AM – 3:00 PM
- Virtual
- Free

Overview:

Focuses on building crisis plans that center family voice, culture, and lived experience while using proactive, holistic approaches.

Register: <https://www.eventbrite.com/e/family-centered-crisis-planning-for-the-workforce-tickets-1986654069802>

Wraparound TAG Coaching – Persistence

- Thursday, June 18 | 10:00 – 11:30 AM (PDT)
- Virtual
- Free

Overview:

Monthly peer support and coaching space for Family Support Specialists to connect, share strategies, and build skills in Wraparound competencies.

 **Register:** <https://www.eventbrite.com/e/wraparound-tag-coaching-persistence-tickets-1983269355029>

Partners in Possibility: The FSS Role in Wraparound

- June 16 & June 23 | 8:30 AM – 12:30 PM (PDT)
- Virtual (2-part training)
- Free

- **Prerequisite:** Completion of SOCI Wraparound Foundations series

Overview:

Strengthens Wraparound fidelity, builds team partnerships, and centers family voice through practical strategies and tools.

Register: <https://www.eventbrite.com/e/partners-in-possibility-the-fss-role-in-wraparound-tickets-1982051207517>

NAADAC Webinars

- Virtual
- Many free options
- CEUs often available

Overview:

National webinars covering behavioral health, substance use, ethics, and workforce wellness.

<https://www.naadac.org/2026-april-june-webinars>

FolkTime Trainings

- Virtual
- Peer-focused

Overview:

Trainings grounded in intentional peer support and healing-centered approaches, especially relevant for Peer Support Specialists.

Learn more:

- <https://www.folktime.org/about-5>
- <https://www.folktime.org/copy-of-intentional-peer-support-core>

Raíces de Bienestar

Suicide Prevention & Intervention for Latine Communities

- On-demand
- Virtual
- Free
- **3 CE Credits (APA approved)**

Overview:

Culturally responsive training focused on improving suicide prevention, assessment, and intervention for Latine communities. Includes practical tools and strategies grounded in equity and lived experience.

Register:

<https://raicesdebienestar.ce21.com/item/oregon-residents-suicide-prevention-intervention-latine-communities-123241>

OCHIN Self-Paced CEU Courses

- Online (self-paced)
- \$200 per course
- 10 CEUs each

Course catalog:

<https://ochin.plus/course/community-health-workers-continuing-education-courses/>

Available courses include:

- **THW Role & Scope and Communication**
- **Federally Qualified Health Centers & Healthcare Financing**
- **Barriers and Determinants of Health**
- **Referrals and Outreach**

Overview:

These courses build foundational knowledge in THW roles, healthcare systems, communication strategies, and addressing social determinants of health.

Reminder: Training availability, cost, and CEU eligibility may change. Please review each registration page for the most up-to-date details.

Have a training to share?

Send suggestions to thw@eoocco.com to include in future newsletters.

EOCCO SDOH Screening Program

The social determinants of health (SDoH) are non-medical factors (things) that impact health and well-being. These non-medical factors include things like housing, transportation, education, employment and food access.

EOCCO operates a program that provides over-the-phone SDOH screenings to EOCCO members. Staffed by a certified CHW, EOCCO’s screening team asks members about the SDOH needs they are experiencing using the Accountable Health Communities (AHC) screening tool and then navigates members to local community services/resources or internal EOCCO programs to address any needs they are experiencing.

An EOCCO member, or a representative on behalf of a member, can get connected to EOCCO’s SDOH screening program by either:

- Completing this SDOH Screening self-referral form:
<https://uniteustailstg.wpengine.com/networks/oregon/get-help/eoocco>
- Calling EOCCO’s SDOH Screening Program at: **503-346-6719** [or 1-833-597-3290 toll free]

Postcards advertising EOCCO’s SDOH screening program are available if you would like to share them with members! Postcards are available in English and Spanish and other languages upon request.

[SDOH Screening Postcard \[English\]](#)

[SDOH Screening Postcard \[Spanish\]](#)

If you would like to order bulk copies of the postcards, you can do so using EOCCO’s free Print Resource request form:

<https://app.smartsheet.com/b/form/c3d3967bed6445bbb5763540cc1707f1>

Questions about this program? Please email Mikayla Briare at

EOCCOmetrics@modahealth.com

Resource Corner

Monthly Tool Highlight

Safe Sleep Support: EOCCO Cribs for Kids® Program

Safe sleep is a critical part of infant health, and having access to a safe, reliable sleep space can make a meaningful difference for families.

The **EOCCO Cribs for Kids® Program** helps eligible members receive a **safe sleep kit**, along with education on safe sleep practices.

This program is a great resource for THWs working with members who:

- may not have a safe crib or sleep space
- are expecting a baby or recently gave birth
- could benefit from additional education on safe sleep practices

What the program provides:

- A safe, approved sleep space for infants
- Education on safe sleep practices (such as placing babies on their back in a crib)
- Support for families during pregnancy or postpartum

Members typically receive their safe sleep kit **within 2–3 weeks after referral submission and eligibility verification.**

Eligibility basics:

To qualify, members must:

- Be an EOCCO member
- Have documentation of **prenatal or postpartum care**

Referral Form

THWs and providers can submit a referral here:

https://www.eocco.com/-/media/EOCCO/PDFs/crib_referral.pdf

Tip: Be sure all required sections are completed before submitting, as incomplete forms may delay processing.

THW Tip

This resource pairs well with conversations around:

- newborn care and preparation
- safe sleep practices
- home safety and family readiness

It can be especially helpful to introduce this program early during pregnancy when possible.

Eastern Oregon Community Feature: Gilliam County

For our **June Community Feature**, we're highlighting **Gilliam County** — a small, rural county known for its wide-open landscapes, strong agricultural roots, and close-knit communities.

From **Arlington, Condon, and Lonerock** to the surrounding rural areas, Gilliam County residents continue to demonstrate resilience, self-reliance, and deep community

connections. As summer approaches, longer days and seasonal shifts create new opportunities for outreach and relationship-building.

What's happening in June

As the weather warms up, Gilliam County begins to see more:

- agricultural and wheat harvest preparation
- outdoor community gatherings and local events
- increased travel along Highway 19 and I-84 corridors
- summer recreation along the Columbia River
- youth activities and early summer programs

This season can be a great time for THWs to connect members with local events, outdoor activities, and preventive care resources.

Seasonal considerations for THW work

June brings important transitions for many families:

- agricultural work schedules becoming busier and longer
- increased heat exposure for outdoor workers
- limited transportation options in remote areas
- longer travel distances for medical appointments
- early wildfire and smoke preparedness needs

This is a great month to check in on:

- transportation planning and ride coordination
- medication refills before busy work seasons
- access to cooling spaces and hydration
- food access and grocery planning in rural areas
- early conversations about wildfire and smoke safety

Gilliam County's strong sense of community and rural pride make it a meaningful place for THWs to build trust, support member goals, and meet people where they are.

Learning Bite: De-Escalation Techniques

Supporting safety, connection, and calm

De-escalation focuses on **reducing tension and emotional intensity** so conversations can stay safe, respectful, and productive. For THWs, these skills can be especially helpful when members are feeling overwhelmed, frustrated, scared, or unheard.

This month's bite:

Slow the interaction and prioritize emotional safety before problem-solving.

A simple phrase to try:

"I can see this is really stressful. Let's take a moment and talk through what feels hardest right now."

This helps:

- lower emotional intensity
- show empathy and respect

- prevent situations from escalating
- create space for clearer communication
- support trust and collaboration

THW tip:

When someone is escalated, **listening and validating feelings** often works better than offering solutions right away. Calm tone, steady pacing, and non-judgmental language can help signal safety.

Example:

“It sounds like you’ve been dealing with a lot, and it makes sense that you’re frustrated.”

That acknowledgment alone can help someone feel seen—and open the door to next steps when they’re ready.

Just for Fun: June Trivia Corner

May Trivia Answer

The gold rush–era town known for its historic downtown and narrow-gauge railroad history is **Baker City**.

Established during the 1861 gold rush, Baker City is often called the “*Queen City of the Mines*” and is home to a nationally recognized historic downtown. It also serves as the operational hub for the historic **Sumpter Valley Railway**.

June Trivia Question

Gilliam County Trivia

What river forms Gilliam County’s northern boundary and plays a major role in the area’s history, agriculture, and transportation?

Think you know it? Hold onto your answer—we’ll share it in the July newsletter!

Sneak Peek: July Fun Feature

Show Us Your THW Desk Setup!

We didn’t receive submissions last month, so we’re keeping this fun feature open—and would love to see yours!

For an upcoming issue, we want to highlight **THW workspaces and field setups**, including:

- your desk at home or in the office
- your clinic workspace
- your outreach backpack or work bag
- your favorite pens, planner, or organization system
- your car setup for rural visits

 **Send photos or snapshots to: thw@eocco.com**

This is a great way to share ideas, organization tips, and a little personality across our THW network—no fancy setup required!

THW Monthly Collaborative Scheduling Input

We are planning our upcoming THW Monthly Collaborative and would love your input. These monthly gatherings are intended to support collaboration among Traditional Health Workers, provide space for shared learning and discussion, and gather feedback to help guide EOCCO's THW work.

To help us choose a meeting time that works best across our region, please take a moment to complete a short scheduling feedback form. The form asks about preferred days of the week and times of day.

Thank you for sharing your availability and helping shape a collaborative space that best supports THWs across the EOCCO service area.

Scheduling feedback form:

[THW Monthly Collaborative Scheduling Feedback – Fill out form](#)



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