

Eastern Oregon Coordinated Care Organization
Morrow County Community Advisory Council Minutes
BMCC Workforce Center, Boardman
Thursday, December 6, 2018

Meeting called to order by Chairperson Sheree Smith at 9:07 a.m.

Attendees: Alexi McHugh, Andrea Fletcher, Angie Treadwell, Bob Houser, Cheryl Tallman, Diane Kilkenny, Don Eppenbach, Don Russell, Donna Eppenbach, Heidi Zeigler, Jamie Crowell, John Murray, Kathryn Chaney, Kimberly Lindsay, Linda Skendzel,, Marie Shimer, Marylou Gutierrez, Michael Erickson, Myla Kurtz, Rebecca Gardner, Sheree Smith, Terry Tallman and Troy Soenen.

A motion was made by Don Russell to approve the November minutes and seconded by Bob Houser after a change to the statement regarding the Joint Meeting with Early Childhood Partnership Team to reflect that the joint meeting will be once per year, but the ECPT meets regularly, every other month on the second Thursday at Noon. The February Joint meeting reflects collaboration between the two groups as the LCAC will move their regularly scheduled meeting to the second Thursday and the ECPT will move up their regular meeting time of Noon to 9AM as this is the usual meeting time of the LCAC.

Andrea introduced Alexi McHugh, EOHLA attending to provide an update on EOHLA's Health Eating and Active Living Program. Alexi asked for information from partners to help fill the focus group for Latina mothers participating in the Food Hero Program.

Troy provided a handout summarizing most recent incentive metric results as of October 31, 2018.

Andrea will be sending a FAQ handout to Sheree to distribute to CAC members and summarized information from the Oregon Health Authority updating the Student Wellness Survey and Oregon Healthy Teens Survey. The two surveys will be combined into one, beginning 2020 administered in even numbered years. Although the two surveys have some common questions, the Oregon Healthy Teens Survey (odd-years) and Student Wellness Survey (even years) focus on different areas. SWS is focused on substance use and school climate, while OHT is more comprehensive and, in addition to substance use and school climate, also includes topics such as physical activity and nutrition, sexual health, injury prevention, physical, mental and emotional health. Surveys will be given to 6th, 8th and 11th grade students.

Delivered a progress report on EOCCO grant application requesting \$49,583 for CARE and SPURS and thanked those who already contributed data or information and appreciation for those who will soon be providing letters of support.

Also, will be drafting a letter for CAC review to EOCCO Board and RCAC describing a concern that local needs and the strategies employed may no longer align with prescriptive nature of current grant funding guidelines. The inability to apply for funding may limit a small county's ability to serve EOCCO and the general population for several reasons. The key to health care transformation is flexibility at the local level (CAC) to create a health improvement plan for and provide cost effective and high-quality care for OHP members. Community partners are key to making this happen by addressing social determinants, shared planning, resources and evaluation and is a prudent pathway to create healthy communities.

Improving metrics in Morrow County is a coordinated and cooperative effort due to medical and health care providers working with community partners.

It was suggested that Morrow County may want to review the MOU between Morrow County and EOCCO to look to align priorities.

Roundtable

Angie Treadwell, OSU SNAP-Ed – Provided FEAST update. The goal is to explore food system and identify gaps through a community table event by April 23, 2019. Approximately \$4,000 is available for the meal event and funding projects. The committee met recently and would like input from CAC, but they would recommend focusing on Boardman first and then Irrigon, so resources weren't split too thinly to have an impact. Terry Tallman and Don Russell volunteered to serve on local steering committee. Next meeting is tentatively set for January 15, 5:30 p.m. at Riverside High School. Also if anyone is interested in the "Farm to School" please contact Angie.

Marylou Gutierrez, UMCHS – A new parent educator has been hired. See UMCHS website for class calendar, including Challenges of Parenting, Opening Doors, Cooking Matters and etc. All classes have food and childcare available. Recently some attendees have faithfully driven a great distance to complete the classes, including some very dedicated fathers. UMCHS is recruiting for volunteers, has training available for those who would like to teach community courses, and has the "kitchen sets" to lend.

Sheree Smith, M.C.H. Department – Introduced Myla Kurtz as the new CARE nurse and tobacco prevention coordinator.

Bob Houser, M.C.H. District - Reported that he has been advised that Irrigon Medical Clinic is 45 days from completion. The size of clinic will be doubled allowing for 9 exam rooms and one procedure room. Hired John Watson, PA (Irrigon), and James Hejmanowski MD (Heppner) and recruiting for additional mid-level practitioner for Heppner.

Linda Skendzel, M.C. Veteran's Services – Described recent focus group results which included fact finding on some issues that MCVS wasn't yet aware of. Linda was also contacting veterans with a skill set that matched those needed to drive for the LOOP to see if folks might be interested in volunteering.

Don Russell, M.C.B.O.C. – Indicated that the most recent population estimates were released from Portland State University. Concerning was the fact that the estimates are based on U.S. Census Bureau estimates and did not seem to accurately describe what we are seeing locally with increases in student enrollment, housing development and economic and employment numbers.

Marie Shimer, M.C.S.D. – School will be released soon for winter break. Dolly Parton Imagination Library kickoff has occurred with great success. The program will continue to look for funding. Conscious Discipline training was available to Morrow County School District staff. School District will host a meeting after CAC on January 3, to discuss summer lunch program.

John Murray, Murray's Drug – Reported that neighboring communities to Boardman, including Irrigon and Arlington are taking advantage of new or unique services provided through the Boardman Pharmacy.

Troy Soenen, GOBHI – Will have focus group results ready for Morrow County at next CAC.

Terry and Cheryl Tallman – Provided update on development of Farmer's Cup produce and community stand.

Kathryn Chaney, Domestic Violence Services – Mental Health for Older Adults will be hosted in Pendleton at the Presbyterian Church in January.

Kimberly Lindsay, C.C.S. - Noted that with the Irrigon clinic expansion Bob referred to, in the future a mental health clinician will be co-located within the clinic. A school counselor position has been filled.

Jaime Crowell, Good Shepherd Community Education – Shared information about the Home for Hope Coalition, sheltered and unsheltered homeless survey upcoming and asked that anyone who could or knew of interested volunteers please contact her. Upcoming meeting opportunities included: Safe Communities, Drug Abuse Response Team, Adult Health Screening and Prevention.

Michael Erickson, Good Shepherd Rural Respiratory Care Program – Presented information about the program and an effort to work in partnership with Oregon Office of Rural Health to track metrics. Michael also attended an ASSIST (suicide prevention training) and highly recommended it to others.

Diane Kilkenny, CARE – Provided interim report for CAC review. **5,214 total encounters!**

Submitted by,
Andrea Fletcher