

**EASTERN OREGON COORDINATED CARE ORGANIZATION
SHERMAN COUNTY COMMITTEE ADVISORY COUNCIL MEETING
MEETING MINUTES**

Thursday, April 4, 2019
Sherman County OSU Extension Office
Moro, Oregon

Members Present: Amber Degrange, Amy Asher, Barb Seatter, Hayli Sharp, Tom McCoy

Members Absent: Cindy Brown, Caitilin Blagg, Melody Stafford, Mike Smith, Teri Thalhofer

Guest Present: Estela Gomez, Jim Setzer, Marci McMurphy, Nadja McConville, Paul McGinnis

Local County Coordinator: Jessie Elias

The meeting was called to order by Hayli Sharp at 3:00 PM.

Introductions were made.

Minutes by: Jessie Elias

Additions to the Agenda:

- Sherman County Medical Clinic was added under Other Business.
- OHA Updates was added under Other Business.

Summary of Actions Taken

- Motion moved by Tom McCoy and seconded by Amber Degrange to approve March meeting minutes. Motion passed.
- Motion moved by Amy Asher and seconded by Tom McCoy to approve a maximum of 2 Frontier Veggie Rx booklets a month per household. Motion passed.

Reports & Updates:

- **Approval of Minutes**
 - Minutes for March 7, 2019, were approved.

Active Rx:

- Kristen Slatt was unable to attend meeting.

- Hayli Sharp gave brief update for Active Rx: Kristen Slatt and Mimi McDonell from North Central Public Health District are working on the Active Rx program. Kristen and Mimi are both working towards reducing childhood obesity and have been going to elementary schools in Hood River county and measuring children's BMI's.
- Kristen plans to attend the May Sherman LCAC meeting and talk more about Active Rx program.

Restructure of LCAC Meeting / RCAC Meeting Update:

- Hayli and Tom both attended RCAC meeting in The Dalles.
- Hayli recommended for the Sherman LCAC agenda to be structured where medical providers or school admin would have allotted time on the agenda. For example, if medical providers or school admin need to leave meeting due to other commitments they could leave after their allotted time on the agenda. Allotting time for providers at the very start of the meeting and consumers at the end. Having a structured meeting agenda may help the attendance of providers and consumers.

Community Health Plan:

- Activity ideas were discussed for the priority areas on the Community Health Plan.
- Priority areas:
 - Food Insecurity: Frontier Veggie Rx Program. Increase referrals to the Sherman County Food Pantry(s). Establish the double up Food Bucks program.
 - Mental Health: Conduct Mental Health First Aide trainings for youth, adults, law enforcements, elderly and veterans). Implement Integrated Nurse Home Visiting Program.
 - Children's Health Promotion: Pairing parent education with pregnant woman. Seek organizational training of health and human service providers in Trauma Informed Care. Parent Child interactive therapy.
- RCAC picked adverse childhood and life experiences, toxic stress and trauma informed care and also picked food insecurity to match the Oregon State Health Improvement Plan.

STI Epidemic in Eastern Oregon:

- Jim Setzer shared two handouts. One handout was a letter from Mimi McDonell who is the Health Officer at North Central Public Health District and other handout was Sexually Transmitted Infections: Epidemic Hits Eastern & Central Oregon Counties Newsletter.
- Sexually Transmitted Infections: Epidemic Hits Eastern & Central Oregon Counties Newsletter has been shared with all providers in Eastern & Central Oregon.
- STIs have been dramatically increasing in eastern & central Oregon. (Regional Facts:2017)
 - Over half of all reported communicable diseases were STIs.
 - Eastern Oregon Modernization Collaborative (EOMC) Regions accounts for 6% of the total population in Oregon & 4% of all reported STIs.
 - Gonorrhea cases in females increased 100% since 2014; cases have increased 250% for males.
 - In 2014 the region had 2 reported syphilis cases; in 2017 there were 21 reported. 15 of the cases were males and 6 were females, 4 of child-bearing age.
- Help reduce STIs in eastern Oregon. The resurgence of STIs in Oregon and eastern Oregon poses a growing risk to the health of our communities. There are some things the Oregon Health Authority suggests can help the community address this growing risk.
 - Make HIV testing of all STI patients' part of routine treatment. Let patients "opt out" of HIV testing rather than "opt in."
 - Bundle tests for all STIs together as part of standard treatment protocol for all STI patients.
 - Conduct empirical treatment for STIs rather than wait for confirmatory test results.
 - Increase use of expedited partner therapy (EPT) when patients do not wish to divulge identification or contact information for their partner(s).
 - Implement OHA recommendations that all pregnant women get tested for syphilis three times during their pregnancy.

Frontier Veggie Rx:

- Frontier Veggie Rx program will start May 1, 2019.
- Sherman LCAC decided to have a limit of 2 booklets a month per household.
- Motion moved by Amy Asher and seconded by Tom McCoy to approve a maximum of 2 Frontier Veggie Rx booklets a month per household. Motion passed.

Other Business:

Sherman County Medical Clinic

- Tom McCoy followed up with Sherman County Medical Clinic to see how things were going with EOCCO. Tom shared letter from Sherman County Medical Clinic sharing updates. Paul will connect with clinic to find out if there are any concerns that Sherman LCAC can help clinic with.

OHA Updates

- Estela shared OHA updates
- Virtual peer learning session: Community-based initiatives for coordinated referral and follow-up for families with young children: May 10, 2019.
- Call for applications: health metric committee members: apply by April 9, 2019.
- Public education campaign on pain: stakeholder webinar June 18, 2019.
- Early Childhood Summer Institute: June 24-27, 2019.
- Timeliness of postpartum care online learning community series: next webinar April 4, 2019.
- Webinar series: Treating tobacco dependence in behavioral health settings: e-cigarettes webinar April 23, 2019.
- Webinar series: Whole health in populations experiencing mental illness: spring 2019; registration is open.
- CCO TA opportunity: Use of data on children's health complexity: request TA hours by October 1, 2019.
- Oregon Public Health Assessment Tool basic training: webinar May 16, 2019.
- OHA Office of Equity and Inclusion has provided a planning grant to organization called EUVALCREE.

Next Meeting:

Date: May 2, 2019 at 3:00pm
 Location: OSU Extension Office-Sherman County
 Moro, Oregon

Meeting adjourned at 4:30 pm.