

Meeting Minutes

Eastern Oregon Coordinated Care Organization

Wheeler County Local Community Advisory Council

Monday, April 29, 2019 5:30 – 7:30 PM

Jeanne E. Burch Building, 401 Fourth St., Fossil, OR 97830

LCAC Attendance: **Anne Mitchell**, WC LCAC (via phone) Chair & Eastern Oregon Healthy Living Alliance; **Maryhelen Peterson**, Community Counseling Solutions & WC LCAC; **Candy Humphreys**, WC LCAC & Frontier CASA; **Susan Moore**, WC LCAC & Asher Community Health Center; **Colleen Grayson**, Secretary WC LCAC; **Matthew Davis**, Coordinator, WC LCAC; **Crystal Rey**, Treasurer, WC LCAC; **Brandy Hornbrook**, WC LCAC

Guests: **Troy Soenen**, Greater Oregon Behavioral Health Inc. and Eastern Oregon Coordinated Care Organization

Anne asked Colleen to facilitate the April meeting as both Chair and Vice Chair were ill.

Review and Approval of March Minutes:

MOTION: Candy **MOVED** to **APPROVE** the meeting minutes from the March WC LCAC meeting as presented.

SECOND: Colleen seconded the motion.

VOTE: Ayes 8 - Nays 0

Colleen declared the MOTION CARRIED

Presentation of the proposed WC LCAC Budget for Fiscal Year 2019 - 2020:

Matt presented the proposed budget request to submit to Wheeler County. The budget proposal was created with the idea of putting all available WCLCAC funds on the table for use as well as providing accounting certainty. An item's presence does not necessitate spending the amount listed but rather allows it. The basis for this budget proposal is the 2018-2019 WC LCAC budget. There are several notable differences which were individually discussed.

The proposal for the Office Supplies line item has been increased from \$1000 to \$2000 in order to purchase a quality projector for presentations as we begin to move meetings to Spray and Mitchell. We cannot always count on the technology available in the Burch Building and this purchase would allow mobility without sacrificing capability. Crystal asked if there would be any more Office Supply expenditures for the year beyond the projector. Matt responded that because his contract as coordinator explicitly mentions general office supplies outside of printing costs as an expense he is responsible for as an independent contractor that further expenditures from this line item would be unnecessary.

Projected Administrative Costs were likewise doubled from \$1000 to \$2000. This allows for some room to compensate members for duties undertaken which go beyond the volunteer nature of WC LCAC membership such as Anne's recent work in closing out CHIP I & II grants. In fiscal year 2018 -2019 this incurred expenses totaling \$1,276 signaling the need to increase the budget for this item to account for unexpected situations.

Crystal asked for an explanation of the LCAC events and training line item. Several examples of potential uses of this line item were given. Generally, this is meant to supplement existing funds for things like CAC conference and to cover WC LCAC member costs in attending any training or events that is deemed by the Council to help facilitate its functions.

The next departure from the 18-19 Budget is an addition of \$27,000 for CBIR expenses. This was added because if we budget for \$0 CBIR expenses then we are committed to choosing a program such as FVRx that allows the funding to bypass the WC LCAC. Budgeting for CBIR funds to come through WC LCAC does not preclude us from making a choice that bypasses but does provide for alternative options.

Similarly, we have budgeted for \$25,000 to be expended for the administration of a new Transformational (TCBIR) grant. This does not commit us to applying for one but does assume we will be awarded and choose to spend up to \$25,000. Additional expenses of \$7000 are projected in this line item to pay back unexpended CHIP Phase II grant money to OHSU after final closure of that grant is completed. Therefore the total budgeted expenses for the TCBIR line item equals \$32,000.

This budget was created with an eye towards maintaining flexibility in WC LCAC spending in order to maximize the organization's capacity to benefit our community.

MOTION: Candy **MOVED** to **APPROVE** the submission of the Proposed WC LCAC Budget for Fiscal Year 2019-2020 as presented to the Wheeler County Court.

SECOND: Crystal seconded the motion.

VOTE: Ayes 8 - Nays 0

Colleen declared the MOTION CARRIED

Discussion of potential application for a WC LCAC Credit Card:

The group engaged in discussion of a recent suggestion by the Council's fiscal agent that a WC LCAC credit card could expedite spending procedures. Matt presented a proposed use policy for the potential line of credit. After discussion it was group consensus that Matt would write up a motion ready spending policy for consideration at an upcoming meeting. Candy pointed out that the new budget wouldn't be in effect until July, so there is no need to rush to a decision on the credit card. Subsequently, the issue was **POSTPONED** until a later date.

Update on the Progress of the Frontier VeggieRx Program in Wheeler County:

Matt presented an update of the Frontier VeggieRx Program. He talked about coordination with the Marci McMurphy of GOBHI to provide trainings on 4/12 & 4/17 respectively. Participating vendors were listed: Fossil Mercantile Co.; Wheeler County Trading Post; Service Creek Store; John Day River Trading Post. Coordination with primary care providers at ACHC was also discussed. (*Coordinator's Note: Due to flooding the John Day River Trading Post was unable to attend their scheduled training. Marci will facilitate another training session for this vendor in the near future.*) Prescribers were listed as Matt Davis; Colleen Grayson and Jeanette Laite of the WC LCAC and Pat and Jalet Farrell of Mitchell. A discussion of the number of signups and the supply of voucher booklets followed. Matt committed to supplying contact information of prescribers to the entire WC LCAC membership so that everyone would have the tools to facilitate and promote the program via referring interested individuals to trained prescribers.

Community Health Plan Presentation:

Troy presented the data from the Asher Community Health Center Health Needs Assessment Survey and from the WC LCAC online survey. The group consensus was that a broad base of local opinions had been gathered.

Among respondents to the WC LCAC Online Survey the primary areas of concern expressed through these vehicles were: access to higher care, particularly on weekends; drugs tobacco and alcohol abuse; access to healthy food and good nutrition practices. Employment, mental health, isolation, and safe affordable housing availability were recurring themes.

Among respondents to the ACHC Health Needs Survey the highest ranked health concerns were: drug and alcohol abuse; lack of access to higher care; obesity; mental health; isolation; tobacco use; and domestic violence.

Both data sets support these areas as primary community health concerns and speak to the continued validity of the 2014 Community Health Plan for Wheeler County which set priority areas as obesity; drug and alcohol abuse; increased primary care providers and hours; increased

prevention and education activities. Despite the fact that the availability of quantitative data is limited due to privacy concerns that often result in the withholding of this data for small populations, the qualitative data is compelling in its consistency.

Troy suggested looking at birth and death statistics for quantitative confirmation since this is some of the most accurate source data available. In Wheeler County deaths from cancer and heart disease were significantly higher than in the statewide population. Similarly, deaths related to alcohol abuse occurred locally at a tellingly higher rate. The take away is that community perceptions *do substantially correlate* with what reliable quantitative data is available. Troy suggested that the Community Health Plan may not need a large scale overhaul in terms of re-setting many priority areas and asked the Council for its collective opinion. The group was in general agreement with this assessment. It was suggested that seeking new ways to address these continuing priority areas as well as adding early childhood development and housing/food security would constitute an effective update to the Community Health Plan for Wheeler County.

A discussion followed as to how the Frontier VeggieRx program could be seen as addressing food *and* housing insecurity by freeing up some income that could be used to meet housing expenses without compromising the ability to put healthy food on the table. Troy emphasized the importance of the Community Health Plan as the guiding document for picking projects and justifying WC LCAC spending. We should be able to pull out the CHP and say "...this project is being supported because it directly addresses priority area X..."

Troy suggested prioritizing these areas and creating action items/projects designed to address one or two of them to start, recognizing that we have five years to follow the roadmap as laid out in the CHP. Our success is likely to be tied to the extent to which we can employ a solid long term strategy. The June meeting will be significantly focused on identifying a few key priority areas and associated action items that we would like to tackle during the next funding cycle. New and innovative ideas should be put forward which can be submitted for funding at any time. As an example, Troy mentioned a conversation with Karen Woods of Wheeler County Public Health about a program she is seeking funding for.

Candy asked for clarification of the early childhood development goal area. Troy responded that the data is largely focused on kindergarten readiness and associated programs are based on the theory that comparatively, children with a stronger educational foundation become more conscientious and healthier adults. Maryhelen and Troy discussed a Morrow Co. mentoring initiative and possible similar measures in Wheeler County.

The timeline we are working with here is that EOCCO must submit to the Oregon Health Authority by June, 3rd the priority areas for each of the 12 Local Community Advisory Councils. Maryhelen asked if there is any evidence either confirming or denying the efficacy of past WC LCAC interventions in addressing the identified priority areas. Troy offered that he hasn't often seen the Health Status indicators change quickly and expressed a desire to define good measurements to go along with each program so that we can assess the efficacy of our actions. He also pointed to the EOCCO Incentive Measures as the "measuring stick for the big picture".

A past ACHC program modeled around a “Biggest Loser” contest was discussed as a quantifiable success that addressed a number of priority areas around obesity. The status of the sport physical as meeting the adolescent health check incentive measure was discussed.

Next Meeting Location and Time:

The group discussed scheduling for the May meeting. It was decided to hold the next WC LCAC meeting in Fossil due to the desire to have as many members as possible for the May meeting wherein CHP finalization will occur. Plans to conduct a meeting in Mitchell were moved to a June or July meeting. The May meeting of the WC LCAC was scheduled for **Wednesday, May 29th, 5:00 - 7:00 PM at the Jeanne E. Burch Building (401 Fourth St., Fossil, OR 97830).**

Colleen declared the MEETING ADJOURNED