



2019 EOCCO Community Health Plan (CHP) For Morrow County

PRIORITY ISSUE #1: Maternal, Child and Family Health

PROBLEM IDENTIFIED:

DATA AVAILABLE: AWC, Dental sealants, effective contraceptive use, timelessness of prenatal care, developmental screening, and immunizations.

GOALS:

Promote the well family.

Increase availability and support the growth of coordinated health services and resources available to serve children age 0-21, pregnant women and families.

Strengthen the local health and human service system by utilizing the multidisciplinary community team (CARE) and Wellness Hub that align strategies and provide case management and wraparound services to improve access to resources, health screenings, referral, care and follow-up.

Stay abreast maternal depression rates and identify possible intervention strategies.

ACTION PLAN: Increase availability and support the growth of coordinated services and resources available to serve children 0-21, pregnant women and families.

1. By December, 2019, the CARE Team will continue to meet at regular monthly meetings to communicate program progress and needs, coordinate service delivery and plan for additional or changed services.

2. By December, 2019, The CARE Team and Wellness Hub – an innovative braiding of resources that exist in Morrow County consisting of a CARE coordinator, primary medical, oral and mental health care providers, safety resource officers and an early learning partners that provide immediate and efficient wraparound services to children and families - will track and report screenings, referrals and follow-up and chronic absenteeism rates.

3. By April, 2019, The Adolescent Well Care Workgroup (health care providers, CARE Team, health department and school administrators) will change name and focus to “Annual Well Care” Workgroup and provide targeted message to school administrators/secretaries, athletic directors, parents and community about the value of well care visits.

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4. Revise plan between Morrow County Health Department CARE RN supervisor and Morrow County school districts for kindergarten registration in all the elementary schools in the spring of 2019, to deliver wrap around CARE services. CARE team will evaluate and document every new kindergarten student and their family for health insurance assistance, immunization status, primary care home access, well care visits, dental screenings and sealants, and needed community resources. The Morrow County Health Department CARE RNs will provide school-age appropriate immunizations during these registrations.

5. Through June, 2019, continue to collaborate with Morrow County school districts, health district and FQHC to streamline access for students to health services through use of a consent form signed by parents at school registrations or when in contact with the CARE Team or CARE RNs.

6. Work in partnership through June, 2019, with UMCHS to identify EOCCO clients for developmental screening.

7. Through June, 2019, provide EOCCO clients assistance with dental appointment scheduling and follow-up with Advantage Dental.

8. Partner with UMCHS Healthy Families Oregon and Maternal Infant Child Engagement Home Visiting programs which serve clients prenatal to four years of age in Morrow County with home visits to focus on parent engagement and maternal mental health.

ESTIMATED BUDGET NEEDED: Not determined

POTENTIAL FUNDING SOURCES: Schools, health district, county public health, and LCAC

PRIORITY ISSUE #2: Behavioral Health / Alcohol, tobacco, and Substance Use

PROBLEM IDENTIFIED: Identifying early signs and symptoms of adverse substance abuse and behavioral outcomes.

Substance abuse and behavioral health disorders impact families, schools, workplaces and the community. They can cause long-term health problems; lead to premature death; contribute to injuries, abuse and violence; and financial difficulty, lost wages, homelessness and lost opportunity.

Identifying early signs and symptoms of adverse substance use and behavioral health outcomes and prevention increases the chances of an individual to live a healthy life. Among adults reporting a mental or substance use disorder in their lifetime, more than half report the onset occurred in childhood or adolescence. As a result, it is important that children reach the milestones that are the markers of healthy development. Even from early ages social, emotional, cognitive, and other skills help young people grow into healthy adults. Successful development in childhood, adolescence and early adulthood is critical to preventing substance use and mental health disorders.

DATA AVAILABLE: Depression screening and behavioral health follow up.

GOALS: Improve behavioral health outcomes for children and adolescents in Morrow County by ensuring children have access to timely and high quality care.

ACTION PLAN: Continue SPURS program, receive input from Lone Youth Advisory Group, support zero suicide, and retain behavioral health counselors in schools.

1. By June, 2019, examine current behavioral health programs and activities for connection to partner programs.
2. By September, 2019, continue SPURS Program (CAMP mentor program) that pairs high school students with younger students struggling with emotional issues or distress.
3. By September, 2019, continue support for “Behavioral Classroom” (structured environment for high risk students).
4. Headstart partnership classrooms conduct mental health assessments for all children and provide referral as needed.

ESTIMATED BUDGET NEEDED: Not known

POTENTIAL FUNDING SOURCES: Schools, health district, LCAC, other nonprofit organizations.

PRIORITY ISSUE #3: Oral Health

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PROBLEM IDENTIFIED: Link between oral health and other chronic diseases

Improving oral health is an integral part of overall health and well-being across the lifespan. Oral diseases affect what we eat, how we communicate, the way we look, our ability to learn and how we feel about ourselves. Despite being a preventable disease, tooth decay is the most common chronic disease affecting children and teens.

Recent studies show there may be a link between oral health and other chronic diseases. Dental decay in childhood has been linked to increased risk for future decay, and chronic oral infections are associated with an array of other health problems such as heart disease, diabetes and unfavorable pregnancy outcomes. Among pregnant women, oral infections can increase the risks for premature delivery and low birth weight babies. Lifelong access to timely preventive dental care can reduce health care costs, but a high percentage of Oregonians are not currently receiving timely preventive care.

DATA AVAILABLE: Dental sealants, hypertension**GOALS: Improve access to care and availability of preventative services for children ages 0-20.**

Improve access to care and availability of preventative services for children ages 0-20, pregnant women and families.

Decrease the incidence/prevalence of dental disease.

Increase oral health assessments and dental utilization while providing risk-based dental services in the community setting.

ACTION PLAN: Increase oral health assessments and dental utilization. Advantage dental and CARE team to increase number of oral health assessments in school settings.

1. Advantage Dental will work with Morrow County schools and CARE Team to increase the number of oral health assessments for children ages 0-20 by utilizing Advantage Dental Expanded Practice Dental Hygienists in the school setting.
2. Provide risk-based dental services to children identified via oral and caries risk assessments.
3. Provide oral hygiene instruction and tooth brushing bags to school aged children that receive oral health assessments.
4. After oral health assessments in the school setting, determine needs in children, and upon receiving parental consent, sealants will be applied by Advantage Dental EPDHs. The data will be entered and tracked in ADIN.

5. Advantage Dental will promote and offer Maternity Teeth for Two and First Tooth oral health training to health care providers.

6. Health care providers work to create “closed-loop” referral system.

7. Work with the coordinator of the school-based IMESD Oral Health Program and CARE Team to integrate the Dental Education Lab into schools in Morrow County.

8. Utilize dental professionals and CARE coordinators to visit junior high and high school growth and development classrooms to educate students on the importance of life-long oral hygiene practices.

9. IMESD Oral Health Program will lead discussion about development of an oral health coalition to assist with adult education on the importance of maintaining satisfactory oral health.

10. IMESD Oral Health Program makes available six mini dental learning lab tote bins for school classroom teachers to utilize in teaching lessons on: tooth brushing, flossing, importance of fluoride and healthy nutrition to improve oral health.

ESTIMATED BUDGET NEEDED: Not known

POTENTIAL FUNDING SOURCES: LCAC, Advantage Dental,

PRIORITY ISSUE #4: Chronic Disease (Diabetes) and Risk Factor (Obesity)

PROBLEM IDENTIFIED:

An upward trend in the development of chronic disease has been observed with over fifty percent of the Morrow County population estimated to have more than one chronic disease. The burden of diabetes is estimated to be 11% and one of the higher rates in Oregon. High blood pressure prevalence is also estimated to be over 50%.

DATA AVAILABLE: High blood pressure prevalence is also estimated to be over 50%

GOALS: Improve health outcomes and decrease the incidence/prevalence of disease

Improve health outcomes and decrease the incidence/prevalence of disease.
Develop strategies to modify health risk behaviors that impact the development of, or care for chronic disease conditions.

ACTION PLAN: Identify participants of chronic disease and tobacco use prevention

1. By May, 2019, identify participants of Chronic Disease and Tobacco Use Prevention Workgroup.
2. By May, 2019, support to Morrow County Health Department's Tobacco Prevention and Education Program outreach efforts.
3. By January, 2020, convene workgroup to examine usage data, trends, literature review and develop a plan of action.
4. By July, 2019, support Eastern Oregon Healthy Living Alliance (EOHLA) Healthy Eating Active Living Campaign by identifying and connecting community partners and focus group participants.

ESTIMATED BUDGET NEEDED:

POTENTIAL FUNDING SOURCES:

PRIORITY ISSUE #5: Workforce

PROBLEM IDENTIFIED: Low health care work force in Morrow County

The rural health workforce in Morrow County has historically been very difficult to recruit for, and the workforce related to addressing the social determinants of health is being increasingly called upon to improve the health of the population.

DATA AVAILABLE: Community has cited this as an issue.

GOALS: Identify strategies to create a pipeline system for identifying local future workforce prospects and initiate a system of local workforce development.

ACTION PLAN: Workforce work group will convene to assess what areas of workforce development are critical need and priority.

1. The Workforce Workgroup will convene to assess what areas of workforce development are of critical need and a priority in Morrow County and discuss a vision for system development to support a strong local workforce.
2. The Workgroup will develop relationship with Youth Advisory Councils.
3. The Workgroup will discuss a plan to address workforce priorities for middle and high schools.
3. The Workgroup will discuss Morrow County's need and vision and how it integrates with higher level courses, programs or training.

ESTIMATED BUDGET NEEDED: None

POTENTIAL FUNDING SOURCES: Not known

PRIORITY ISSUE #6: Social Determinants of Health-Housing and Food Security (Awareness – language, childcare, education, and transportation)

PROBLEM IDENTIFIED:

Inadequate housing conditions are associated with both physical and mental illnesses. Structural features of the home directly impact health, while affordability and stability may indirectly impact health.

Three of every five households with extremely low income in Morrow County, pay more than 50% of their income in rent. In conversation with local city administrators, chamber of commerce directors and human service directors, anecdotally there is a perpetual shortage of houses available for purchase or rent to match the needs or desires of would be renters/purchasers.

Eight percent of the people living in Morrow County experience food insecurity.

DATA AVAILABLE: 3 of 5 households with extremely low income, pay more than 50% of their income on rent.

GOALS: Identify areas to partner to address SODH.

Keep apprised of the effects of social determinants of health impacting health in Morrow County and identify areas to partner and address needs.

ACTION PLAN: Identify LCAC partners who work on housing

1. By June, 2019, Morrow County School District and community partners initiate summer and school-break food program.

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2. By December, 2019, discover community partners currently addressing housing issues.
3. By December, 2019, identify CAC members currently working with community partners on housing matters.
4. By December, 2019, housing liaisons report to CAC community initiatives that the CAC can support or actively participate with.

ESTIMATED BUDGET NEEDED: Not known

POTENTIAL FUNDING SOURCES: Not known