

Baker County LCAC Meeting

January 2, 2018 @ 12pm to 2pm

Location: Community Connections, 2810 Cedar Street, Baker City, 97814

Lunch is provided

MINUTES - FINAL

Attendees: Alicia Bates, Alicia Hills, Aubrey McCutchen, Bev DuBosh, Chris Barnes, Chris Evans, Eric Griffith, Haley Hueckman, Kati Rudi, Mary Jo Carpenter, Michael Fedderly, Michelle Dix, Ron Thompson, Shari Selander, Toni Bennett, Ron Thompson

Guests: Amanda Grove, Becca Colton, Erica Jaench, Jessica Steele, Jill Boyd, Linda Watson, Maurizio Valerio, Nancy Staten, Shelley DeVore, Todd Roseborough

1. Welcome and Introductions: Chris Barnes

- Chris opened the meeting at 12pm. Round table introductions included name, agency, position and what good thing you're looking for this year.

2. Approve Past Minutes for: December 5, 2017

- **MOTION 2.1:** Michelle Dix made a motion to approve the December 5th minutes, seconded by Mary Jo Carpenter. **Minutes approved as read.**

3. “Engage to Empower (E2E)” Member Engagement Sub-Committee Update - Aubrey/Haley

- Met last Wednesday (Dec 27) and started to discuss chapters of our resource catalog. Housing services, last month was Transportation, and Barriers (lack of services for single individuals). A Warming Station would be a great addition to our community as well for homeless/needy people. Want to start an awareness campaign in our community about homeless/many are not aware of this. We have members in the E2E that would like to be a part of this.
 - **January 31:** Union County & Baker County will be conducting Point in time count. Mary Jo Carpenter is looking for volunteers (Medicaid signup, Hairdresser)
 - Included in the community announcements section.
- Consumers are confused about services provided; perhaps more collaboration. Also the catalog will help.
- *NYE party was really good*; had about 60 in attendance. Did swag bags; t-shirts arrived later and will take to Baker High School. Burnt River students attended, as well as 5 students from Elkhorn Adolescent Treatment Center. Received twice as much canned food that was donated to the Sharing Pantry. Thank you everyone for agreeing to spend the money on this event! NYE sponsored by Health Dept / Adolescent Wellness and LCAC, Baker Safe Communities Coalition.
- *Sharing Panty* – comes from Systems of Care, slated to go up in the back parking lot of the Eagles, eta Jan 15th. Will open with non-perishable items, toiletries, and hope to have multiple Sharing Pantries all over town. Will be well advertised when available.

- *Next Steps:*
 - TABLE – Create an E2E budget and bring to this group. Aubrey will email this group later this week. Flyer supplies, catalog.
 - Printing is being done now; proofs this week – brochures, membership cards.

4. 2017 Tobacco Cessation Qualitative Assessment, Brief Summary Review – Jill Boyd

- We did the round tables, and finalized the report (sent email)
- *Recommendations were consolidated from 5 focus groups.* We have a few items we would like to focus on:
 - Revamp our subcommittee for 2018, especially with primary care providers,
 - Consumer catalog (what’s available for smoking cessation, type of counseling/mentorship, who’s eligible, costs if not covered so that primary care documents can pull this up)
- Also working with Lisa at NEON. Would like to support for training on Pathways hub free of charge to learn more about the motivational interviewing aspects, basic issues with tobacco use / brain chemistry (with our rollover carryover dollars).
- Bring out some trainers from Massachusetts; converted to National Tobacco Certification program Trainers also in Eugene. Intensive but great for people who work at hospitals, etc. to be certified as a specialist then a trainer. Two or 3 days of intense comprehensive tobacco training plus 50 hours of tobacco cessation counseling.
- We don’t have anyone to do Tobacco Cessation only, i.e. hospital – if someone was designated as a tobacco cessation counselor for elective surgery.
- *Hope to get a Sub-committee established.* We got a late start in 2017 with Torie’s departure and want to keep the momentum going!
- It is an incentive metric for EOCCO.
 - Amanda Grove is passing out a signup if you’re interested in joining the **Tobacco Cessation Subcommittee.**
 - Thank you Jill for pulling up the pieces!

5. Community Health Plan (previously Community Health Improvement Plan) – Review 2018 Update & LCAC Approval Vote- Amanda, Linda, & Jill

- LCAC needs to review changes listed; either approve or make additional changes.
- Big ones – addition of specifically areas related to chronic conditions, continue Living Well.
- Our CHP gets revised annually (Jill), high priority areas are based on community needs by way of data through Public Health, Systems of Care, looking at gaps, develop and prioritize with our 3 main health topics. Our funding is based on CHP –this is our guiding force to prioritize our focus, we have data to help us. Who are we missing in Baker City? This comes up through community needs assessments. We have \$52,000 that we have applied for; can use CHP plan and focus on 1 metric. Also guiding document for our budget. The broadness is that if it’s in your improvement plan, i.e. addressing chronic issues with Living Well program. CHP document gives flexibility, ties in to funding streams.
- Discussion on CHP Draft; changes are in blue / orange. Any changes will need that documented in the minutes, then approve with changes.
 - **MOTION 2.2: Shari Selander made a motion to approve CHP with addition of Tobacco Cessation being added, seconded by Toni Bennett. All in Favor, unanimously moved and carried.**

6. **2018 CBIR Application – Review Budget, LCAC Approval Vote, & Letter of Support Templates** (Amanda Grove & Jill Boyd)

- Have to approve the draft application and tentative budget so it can be submitted Jan 31st.
 - a) *Fiscal Agent* – The Baker Health Department will receive 6% (approximately \$3,400) administrative fee to oversee the LCAC budget, bringing updates to the group as well.
 - b) *Identifying coordinator for LCAC* to provide management and support of those funds – perhaps Baker Health Dept.
 - Tentative plan for Amanda Grove to be Interim Coordinator (at no charge) until someone else is hired/appointed. Amanda & Jill will support.
 - c) *E2E* - is slotted for \$1,000 for their consumer catalog (16-page) for 4 quarterlies.
 - d) *SOC Engagement & Celebration Activities* - \$500, families may need organizational things, when they meet milestones may be a birthday cake, pizza party depending on what the family & youth needs. Looking at social determinants of health. We talk about oral health, adolescent wellness.
 - e) *Living Well* - coordinate between 3 counties. \$4,000 from Baker LCAC
 - f) *Teens for Change* \$10,000– NYE party for next year and bringing Challenge Day to Baker High School. [You can google Challenge Day. Series of videos, “If you really knew me, you’d know”.] Challenge Day will be in Deschutes in February.
 - g) *Rides to Wellness* \$10,000
 - h) *Affordable Housing Program through Community Connections* \$5,000 to collaborate with NDN’s housing project. (Shari – NDN is still working with the attorneys; surprising the amount of legal restrictions, rules, laws). Or community connections can use at their discretion – with OHP members who are homeless or at risk of becoming homeless.
 - Shari, Koby, Mary Jo, and Amanda will meet to discuss service administration. (Koby has information received from Union, Malheur).
 - Jill Boyd – consider programs like OHA Rent Well – teaching residents on how to be a good renter.
 - Mary Jo – funding in Renter Education. Supportive Housing – part of the requirement; some families have burnt their bridges, no one wants to rent to them. They get a certificate if they complete the program.
 - Compassion Center through Pastor Brad Phillips is looking to start an affordable housing, with budgeting classes, i.e. old Recovery Village housing unit. This may be a local housing/education resource.
 - More discussion on how to apply the funds to follow within the small group.
 - i) The total is \$52,000+. Programs must target CCO Membership, supports Community Health Plan; at least 1 incentive measure is clear and measurable.
 - j) Measurable incentive measures, i.e.
 - 1. Colorectal Screenings:
 - 1. St Lukes provided the giant colon; we had to rent the space, swag bags. Community is missing the Annual Health Fair, the Fun Run, the YMCA was there, i.e. a comprehensive health fair. Would

need someone to take the lead. Discussed options for what we could include: bone density, mammogram truck.

2. Adolescent Wellness:
 - a) We are 10% short of meeting that measure / 43 kids. Discussion was having adolescent events twice a year, i.e. August, when everyone is gone, maybe a second one during the school year. Con – it takes a lot of volunteers; also insurance coverage only covers 1 wellness check per year.
 - b) Elkhorn Adolescent Treatment Center kids – have to be assigned to St Lukes or St Alphonsus?
 - c) Wallowa County did Adolescent Wellness event, and handed out passport at school, kids can still get the movie pass.
3. Transformation Grant:
 - Health Department applied for transformation grant last year, will also apply for this year. (\$40,000).
4. 2 events were discussed; funneling into SBHC. Working with MH providers, increase SBIRT screenings.
5. We are missing the *measurable* incentive measure.
 - Make it a broad capture – Colorectal event / health fair etc. Need a primary care scheduler on-site so results can be measured.
 - Approved funds are released in March, then September.
 - This addition will strengthen the application
 - **MOTION 2.3: Michelle Dix made a motion to add the \$15,000 under a broad-based Health Fair that will target our incentive measures, seconded by Shari Selander. All in favor, motion passed.**
 - Amanda will be contacting you if your name is connected to the budget for a letter / letters of support that will go with the application.
 - **MOTION 2.4: Aubrey McCutchen made a motion to approve the entire application, seconded by Mary Jo Carpenter. All in favor, motion passed.**

7. **Table Items to February's Meeting:**

- a) EOCCO Incentive Measures- Nov 2017 Update & 2018 Documents (included in the email, including 2018 targets) - *review in February*
- b) 2018 LCAC Chairperson Nomination Process – *Deferred to LCAC February Agenda*
 - i. *Haley agreed to continue as Co-Chair (also attended last RCAC meeting). The group would like to continue the co-chair model.*
 - ii. *Chris Barnes is doing a great job, chairing the meeting, but a GOBHI employee should not be the elected chair.*
 - iii. *Alicia Hills is interested in the co-chair position, to be shared with Haley Hueckman*

- iv. *Multiple individuals are interested in LCAC Membership, Amanda will email out the application and member information .*
- v.
- c) 2018 EOHLA Board Member Nomination Process – *Deferred to LCAC February Agenda*
 - o **MOTION 2.5: Shari Selander made a motion that we defer the Chairperson Elections process until February’s meeting. This will allow additional nominations if others are interested. Currently Haley Hueckman & Alicia Hills have been nominated to co-chair. All in favor; passed.**
 - o Amanda Grove will update our member list, and generate electronic membership form as needed. Will contact Heidi Stewart at Baker County and get a current membership list, review, protocol in membership changes/term renewals.
 - **MOTION 2.6: Michelle Dix made a motion to keep the dates and times the same for monthly meetings [1st Tuesday / 12pm], seconded by Michael Fedderly. All in favor; passed.**
- d) Upcoming dates for beginning Community Health Assessment process. CHA
Deadline: June 30, 2019
 - i. OHA Information Meetings in Union & Malheur Counties between 3/1/2018 to 3/16/2018
 - OHP Next community health assessment is due June 30th.
 - Eastern Oregon CCO will be doing their own via focus group (qualitative & quantitative pairing) – will share with LCAC questions – tentative timelines this summer.

8. Community Announcements/Updates

- a) **January 31st** – Community Connection is doing its annual *Point in Time* count, where we reach out to the homeless community to get the numbers of homeless families in each of our counties. This year we are hoping to have some other agencies be on hand to help answer any questions the community may have, and also hope to have some services available (dental assistant or nurses, hairdresser, etc.). If you have any ideas of who you would like to see come in or offer some services yourself, please contact Mary Jo Carpenter or Amanda Reeves at (541) 523-6591.
- b) **Oregon Senior Peer Outreach Toll Free Referral Line: 1-833-736-4676.** The support warm line is available to individuals over age 55, with the goal of reducing social isolation and improving quality of life. Include in February’s agenda.
- c) **Measure 101** – NOTE: If you’re a public employee you are not at liberty to discuss this measure. YES vote does support measure passing, ensures low income members will not lose their benefits. *If it doesn’t pass, we will lose government matching dollars.*
 - *Reminder: if you are part of the health district, you cannot professionally advocate for Measure 101, but you can advocate personally, especially for rural areas. Will remove coverage for 35%.*

- ACCBO WEBSITE –for more info on Measure 101

Meeting Adjourned: 2:00pm

Next Meeting: Tuesday, February 6th at 12pm