

County LCAC Meeting Minutes

12/21/2018

*GOOD SHEPHERD MEDICAL
CENTER,
HERMISTON, OR*

MEETING CALLED BY	Catie Brenaman, LCAC Chair
CALLED TO ORDER	8:34 AM by Catie Brenaman, LCAC Chair
ADJOURNED	10:00 AM by Catie Brenaman, LCAC Chair
NOTE TAKER	Jenna Reeves, UMCHS Health Resource Manager, standing in for Lourdes Reyna Alcalá, LCAC Coordinator
ATTENDEES	Erin Bartsch, Catie Brenaman, Sharon Huntz on behalf of Kathleen Chaney, Jaime Crowell, Rod Harwood, Amy Hendrix, Sunshine Mason, Janet McFarlane, Bart Murray, Jenna Reeves, Sheree Smith, Troy Soenen, Alisha Southwick, Angie Treadwell, Darrin Umbarger, Sharon Waldern, Amanda Walsborn, Jeff Williams, Heidi Ziegler, Sarah Campbell, Kate Lacy, Ruby Rubio Lopez, Samantha Cardenas

Welcome and Introductions
 Review of Minutes: Darren motion to accept and Rod 2nd. All in favor (8:49 AM); none opposed, no abstentions

Are you going to take some time for just you before the end of the year? Will you take a few moments to make yourself a priority?

DISCUSSION	Community Member Feedback
-------------------	---------------------------

Catie: Some feedback received by a client (though unconfirmed) is that the wait time for mental health services for them was two years. We have seen an almost doubled increase in mothers experiencing pre- or post-partum depression in our area; from 28 percent in 2017 to 46 percent in 2018. Erin: Some interpretation of why there was such a significant increase was that the PRAMS data survey only represented 50 individuals who took the survey, so it was a very small sample size. Agreement among members that the numbers may not be very far from accurate. Angie: There is more need for support groups to new mothers, that don't even have to be formal treatment, but just safe spaces to share and talk with one another to make human connection for support. This can help significantly for mental health of Pre- and PP mothers. Sheree: EO Health Living Alliance has grant for in-home/nurse-home screening, where a counselor comes to the home, which has been coordinated throughout Morrow County; Alisha: Umatilla County has not been able to get this coordinated, but they are working on it. Kate: Pioneer Relief Nursery has a baby class (out of Pendleton) once a week, where you can come with your baby, or drop off your baby and use the time to take care of other needs; they are working to expand services to prenatal care and home visits with moms. Darrin: Notices lack of places to take suffering individuals who need treatment; hospitals are discharging individuals after initial or acute treatment, and Lifeways has refused services to individuals; Clearview has driven around with individuals in their vans trying to find a place for them to go. Ruby: Shares personal experiences with PPD and being a mother, and the need for support and connection.

DISCUSSION	Fruits and Veggies for Families Program Updates
<p>Angie and Ruby: It's still going great; over 400 people have signed up and taken the classes. Ninety three percent of the families are EOCCO members – evidence that we are hitting the target population. Ruby was a participant throughout the program and came to give testimony of the benefits of the program. Ruby: It was helpful to meet new people, as well as learn how to cook certain veggies that families are unfamiliar with. It was helpful to learn new ways to incorporate different vegetables into a cultural diet that doesn't typically house those types of foods; the program also helps out economically when the cost of fresh produce is high in stores since you get to take home so much produce; the staff was also very engaged and wonderful which helped with the retention of participants.</p> <p>EOHLA Update: John received funding for Food Hero Focus Groups, focusing on Latina mothers in Morrow, Umatilla and Malheur Counties. It won't be finalized until after staff gets back from holiday vacation. They will be hiring "paid volunteers," comprised of a lead person (outreach and coordination of focus groups) and a community committee (help to develop questions). Angie will get information out to LCAC members to help recruit for participants. Once the draft has been finalized, it will be send to Lourdes to forward to LCAC members.</p>	
DISCUSSION	State Plan Areas of Focus Survey
<p>Oregon Health Authority, under the Public Health Division, is looking at 14 different issues to be voted on, per area, as part of the State Health Improvement Plan. RCAC has asked each LCAC to vote on two of the 14 issues to be focused on specifically within each local area. Blank papers were handed out, and each attendee was asked to write down two topics out of the following: Adverse Childhood and Life Experiences, Toxic Stress and Trauma; Safe Affordable Housing; Tobacco; Living Wage; Food Insecurity; Incarceration; Climate Change; Institutional Bias across Private and Public Entities; Violence; Obesity; Substance Use; Access to Mental Health Care; Access to Care; Suicide. Link: https://www.oregon.gov/oha/PH/ABOUT/Pages/ship-process.aspx</p> <p>Votes were handed in and will be submitted to Paul McGuinness.</p>	
DISCUSSION	Budget and Allocation of Funds
<p>2019 Funding: \$185,567 (less 10 percent indirect costs off the top)</p> <p>Adult Vision Services - \$2,500 OHSU offered to come out to our area in March.</p> <ul style="list-style-type: none"> • March 23rd in Milton Freewater, so likely will be in Hermiston the following day • All services are provided for free, other than the actual glasses themselves • Projecting to see over 100 people a day • This funding should cover the cost of the glasses <p>Darrin: suggestion to potentially be able to work with the Lyons Club to get more funding for additional glasses if needed</p> <p>Fruits and Veggies for Families - \$37,540</p> <p>Home Visitor Scholarships for Continuing Parent Education - \$35,970</p> <ul style="list-style-type: none"> • Evidence-based, trauma informed classes that will focus on adults first, and the child second. • Skills on how to guide to desired behavior without coerciveness (Conscious Discipline) • Lowers frustration levels to improve safety • Addresses ACEs to build resiliency in children to handle any trauma that may come to them rather than repeating same family generational trauma 	

= \$76,010

Motion: 9:35 AM: Bart moves to accept the subcommittees recommendation on the three spending items, including the 10 percent overhead; Heidi seconds; all in favor; none opposed, no abstentions

Metrics Coordinator (30 percent of total funding has to be spent on addressing metrics) - \$91,000

Upon the vacancy of the position, this has presented an opportunity to re-examine the position and its purpose to better fit within the Umatilla County Health Department vision and mission. UCo Health is undergoing strategic planning and felt this was a good opportunity to propose a new course for this position, broken down into two options.

Option A: This would look very similar in outcome to the original metrics coordinator position; however, it would tailor the work that's being done so that it's produced within the public health and community impact lens, rather than a data-mining lens. Time and energy would be dedicated toward community impact and culture change, and UCo Health believes in keeping with the public health lens, connection is greater than data, and this would therefore impact metrics in the long run.

- Adolescent Well Care Visits
- Childhood immunization status
- Effective contraceptive use
- Timeliness of prenatal care

Option B: Focuses on maternal child health, increasing nurse home visiting for more families

- Timeliness of prenatal and postpartum care
- Childhood immunization status
- Effective contraceptive use
- Developmental screening

Discussion:

Concerns around the loss of data-mining; this position was held on the intent of data mining, and that has worked very well in the past with getting other counties on course, which has propelled this position to be sustained. Heavy concerns around letting go of the initial purpose of the metrics coordinator.

Upon these concerns, UCo Public Health presents the following proposal and compromise:

Option C: In order to keep the position under its original integrity, UCo Health would relinquish the funds to a different agency to house the position. The position would not be allowed to be kept within the UCo Public Health Agency.

If it is decided to go with Option C in keeping the metrics coordinator position at the same integrity as it was, what agency would it be housed under?

DISCUSSION	Wrapping Up
Catie proposes additional meeting the first week of January after the holiday break. It will be too late to wait until the next LCAC meeting to make this decision finalized and get it written into the grant.	
Additional options, ideas, or suggestions have to be to Catie by January 4 th , so it can be dispersed to members by the 7 th . The voting body will meet to make the final decision on the funds.	

Closing Activities:

Jaime: Coat Drive from December 19-January 28th; they are in need of volunteers for Point in Time Count, and want to be able to hand out a coat when making the connections during the PIT count – January 29, 30, 31.

Sign up with Jaime and she will get you additional information.

Next meeting scheduled for

January 9th, 10:00 AM

Good Shepherd Health Care System

610 NW 11th St, Hermiston, OR

CC2 (Jaime will confirm the room is available; call in option will be available)

This meeting is open to every member to attend, but it intended for the voting body of LCAC to finalize vote around the funding for the Metrics Coordinator position.