



Lake County Community Health Improvement Partnership (CHIP)  
700 South J Street  
Lakeview, OR 97630

### **Lake County CHIP Minutes**

**Date and time:** November 8, 2018 – 3:00 p.m.

**Place:** Lake District Hospital, Penn Wilbur conference room

**Partnership members and staff in attendance:** Francie Winters, Kristi Albertson, Maria Waters, Paul McGinnis, Brooke Kelleher, Kristin Hill, Susan Campbell, Dianne Clay, Charlie Tveit, Arvinder Singh, Wendy Brown, John Antle, Cathy Pike(phone), Shelly McKittrick(phone), Gloria Stringer.

LCAC Chairman Charlie Tveit called the meeting to order at 3:05 p.m. and asked all members to introduce themselves.

**EOHLA updates:** John Adams gave a ‘Be Healthy Be Happy Easter Oregon’ presentation to the council. John Adams informed the council that the Oregon Smile Survey came out in 2012 and the new one will be coming soon. ‘Healthy Happy Smiles’ partners with schools and Advantage Dental in Grant, Malheur, Harney and various other counties. The goal is to reduce cavity rate among school age children by 3% by 2019.

Next, he shared the high self-reporting of depression in Eastern Oregon. Data showed that mental health support was a high need in schools. EOHLA has been providing support through the Mental Health First Aid (MHFA) program. Through the data collected from the past training surveys, it shows that trainings have increased referrals/connections to care. The MHFA program has been successful with the law enforcement agencies too.

The presentation covered the Colon Cancer screenings and EOHLA had achieved 39% screenings through focus groups in 3 counties through media, education and mails.

Then John Adams shared the work EOHLA is doing for obesity. Shared with the council the HEAL (healthy eating, active living) program to help with the high rate of obesity among Oregon CCO’s. The HEAL program had increased fresh vegetables consumption among Latino moms and brought about Food Hero program with the Oregon State University Extension branches in Umatilla, Malheur and Morrow counties. The program has also started organized hikes among groups.

Lastly, shared the maternal depression rates with the council. The Oregon rate is at 28.8% which is higher than the national/state percentage. He stated that EOHLA is focusing on bringing programs beyond OHP members and to the greater community and looking to collaborate with CACs for joint fund raising.

**Incentive Measure Report:** Paul McGinnis shared the incentive measure report and the targets to meet. The county is meeting two measures — ambulatory care and emergency department (ED) utilization, and ED utilization for mental illness — and is close to meeting the target on several more. He shared that the community health assessments coming up and spoke about the CCO 2.0 regional plan must have 2 areas that match state.

**CHIP updates:**

Teen health fair: Arvinder Singh shared with the council about the teen health fair being held at the Daly Middle School gym next week on Wednesday. The stations are going to be Nutrition, Immunizations, Mental Health, Physical Activity, Dental Health, Clinic Stations, Crisis Center and Lakeview Rocks with an additional photo booth station. He informed about the Immunizations and Mental Health stations having their own rooms for privacy purposes. Lots of free giveaways for students and if they visit every station and complete their passports, the names enter a drawing for grand prizes. The big prizes were bikes, Fitbit watch and Ski/Swim family passes.

Living Well: Arvinder Singh informed the council about the attempt to start Living Well Diabetes classes in Paisley but did not meet the minimum requirement for attendance.

Gatekeeper's program: Arvinder Singh shared about the final leg of the Gatekeeper's program with the second round of surveys being sent to the seniors. He also mentioned the discussion at the Older Adult Collaborative meeting or wanting a bigger senior health fair which was held this year during the Daly Day's health fair. It was observed that many seniors found out about the resources and programs offered through the fair. Next, he informed the council about the Dementia Care trainings Mr. Rod Harwood, behavioral health specialist from GOBHI, was conducting at the Strieby conference room at Lake Health district in November and December. The dates for December are 13<sup>th</sup> and 14<sup>th</sup> at 2:00 p.m. and 8:00 a.m. respectively.

Arvinder Singh stated that there is an upcoming FoodCorps. site visit next week. The representatives will be touring the health district and the schools.

Lastly, Arvinder Singh shared the plan to conduct two Dental Lab sessions at Lakeview and North Lake by early next year.

**FoodCorps:** Service member Brooke Kelleher shared updates with the classes and taste testing at the schools. Charlie Tveit asked Brooke Kelleher is better food practices at elementary and A. D. Hay schools are sustainable. Paul McGinnis spoke about the OHA (Oregon Health Authority) food programs. Brooke Kelleher mentioned the backpack programs that the schools wanted to collaborate with the health districts and not the EOCCO. Francie Winters said that she shared the backpack programs with the local churches.

**Grants:** Miss Albertson said she was working with Judy Clarke to buy tablets for reproductive health. She added about the Lake Health District receiving a \$10,000 grant. Miss. Albertson spoke about the HRSA grant, what the holes are and whether Lake County is equipped with NORCAN. She informed that south end of county people and law enforcement don't have NORCAN. There was a discussion about the falling attendance percentages in Lake County for school students and how Paisley had 1/3<sup>rd</sup> attendance this year. Miss. Albertson informed about a program to improve attendance in schools. Brooke Kelleher questioned how that could be done as many students are online enrolled. There was a discussion about Veggie Rx program and Cathy Pike interjected by saying how there are efforts being made to launch the Veggie Rx program in Christmas Valley. Shelly McKittrick added that the present Veggie Rx programs

are focused on hypertension patients with the new program, they would like to focus on children. There was discussion about the south end area of Lakeview and focus on physical activity by upgrading the fitness equipment at the disc golf area. Miss. Albertson informed the council about the next opt-in grants discussion on Monday at 10 a.m. Also shared that another VISTA person might join the health district next year.

Charlie Tveit requested input on CCO 2.0 from the council. Francie Winters shared the ACES school project and demand for more parental support and shared information about how almost half of five and under age groups in Lake County are below federal poverty line. Gloria Stringer said that victims of sexual abuse should be part of screenings and trend of health issues seen due to the increase of cortisol intake and that it should be addressed. Gloria Stringer asked if sexual/domestic abuse could be incorporated in the incentive measures. Paul McGinnis replied that he was in full agreement with Gloria Stringer and added other area to be incorporated in incentive measures like housing and educational opportunity. Susan Campbell mentioned social norming and for it to become socially acceptable to visit clinics if one isn't sick. She said flu shots numbers were on the rise. John Adams added that healthy eating and transportation were two more issues that needed to be looked into and that EOHHLA was having discussion regarding these with other counties.

Mr. Tveit adjourned the meeting at 4:36 p.m. The next meeting is scheduled for December 13, 2018, at 3 p.m. at Lake District Hospital Penn Wilber Conference Room.