

**EASTERN OREGON COORDINATED CARE ORGANIZATION
SHERMAN COUNTY COMMITTEE ADVISORY COUNCIL MEETING
MEETING MINUTES**

Thursday, February 7, 2019
Sherman County OSU Extension Office
Moro, Oregon

Members Present: Amber Degrange, Amy Asher, Barb Seatter, Caitlin Blagg, Cindy Brown, Hayli Sharp, Mike Smith, Teri Thalhofer , Tom McCoy

Members Absent: Melody Stafford

Guest Present: Christina Rust, John Adams, Nadja McConville, Neil Friedrich, Paul McGinnis, Kevin Campbell, Sean Jessup, Joe Dabulskis, Joan Bird

Local County Coordinator: Jessie Elias

The meeting was called to order by Hayli Sharp at 3:00 PM.

Introductions were made.

Minutes by: Jessie Elias

Additions to the Agenda:

- RCAC Virtual Meeting was added under Other Business.

Summary of Actions Taken

- Motion moved by Tom McCoy and seconded by Mike Smith to approve January meeting minutes. Motion passed.

Reports & Updates:

- **Approval of Minutes**
 - Minutes for January 24, 2019, were approved.

CCO Boundary:

- Sean Jessup Vice President of Medicaid Programs at MODA Health and Kevin Campbell the CEO of Greater Oregon Behavioral Health, Inc. (GOBHI) shared information about the CCOs.
- The Oregon Health Authority is currently going through a process to select the coordinated care organizations (CCOs) who will serve the Oregon Health Plan's members from 2020-2024.

- OHA released the request for applications (RFA) which lays out the requirements applicants must meet to serve Oregon Health Plan members for the next five years of coordinated care contracts, also known as “CCO 2.0.”
- The recommendations focus on four key areas: Improve the behavioral health system, increase value and pay for performance, focus on social determinants of health and health equity and maintain sustainable cost growth.
- Letters of Intent were due February 1, 2019. Letter of Intent was turned in for all 12 counties of EOCCO.
- Complete applications will be due to OHA on April 22, 2019. Awards for the CCO contracts are expected to be announced in July.
- Letter of Intent to Apply-Change Requests (Modify) Due February 15, 2019.
- Sherman County LCAC discussed the benefits or disadvantages in Sherman County joining PacificSource CCO Columbia Gorge Region or continuing with Eastern Oregon CCO.
- 7 Sherman County LCAC members voted in favor of continuing with Eastern Oregon CCO and 1 abstention vote. Sherman County LCAC made a recommendation to the court for Sherman County to continue with Eastern Oregon CCO.

EOHLA Outreach Presentation:

- John Adams shared an EOHLA Outreach Presentation
- Focus on Regional Health Priorities within RCHIP
 - Oral Health
 - Mental Health
 - Chronic Disease
 - ◆ Colorectal Cancer
 - ◆ Obesity
 - Early Childhood Health
- Oral Health: South Eastern Oregon had the highest percentage of cavity rates in the state for children 6 to 9 years old per Smile Survey 2012.
 - New Smile Survey is set to come out soon, but John shared cavity rates have lowered 5% since 2012. Advantage Dental will provide free preventative dental services in the schools of the 4 South Eastern Oregon counties (Harney, Grant, Baker, and Malheur) to help

reduce cavity rate of school-aged children. Currently Healthy, Happy Smiles program is serving 29 schools with 5,047 participating students in public schools (K-12).

- Mental Health: High rates of individuals in Eastern Oregon self-report depression and other mental health symptoms; however, they fail to seek the appropriate care.
 - Mental Health First Aid: The goal is to reduce barriers to care for individuals who experience mental illness. There was 43 Mental Health First Aid / Youth Mental Health First Aid trainings which included 23 Youth Mental Health First Aid, 9 public safety, 8 adult, and 3 older adult. 684 teachers, law enforcement, other public and social service employees. 96% certified in training, 81% increased confidence, 42 referrals and 18 connections to care.
- Chronic Disease:
 - Colorectal Cancer: Significantly fewer adult Medicaid members (50%) report being up-to-date on colorectal cancer screenings than the general adult population (66%). The result of this lack of screening is higher colorectal cancer mortality rates for the Eastern Oregon population compared to Oregon statewide.
 - Conducted focus groups in Harney, Lake, Sherman, Gilliam and Wheeler to identify colon cancer screening outreach best practices. Initiated project to implement colon cancer screening outreach best practices in Morrow, Sherman and Gilliam counties. Outreach consisted of small/mass media, group education and clinic sponsored direct mail.
 - John shared the preliminary results for colon cancer screening kits that were distributed. Sherman County had 58 kits returned, Morrow County had 49 kits returned and Gilliam County had 20 kits returned.
 - Obesity: EOCCO has the second highest obesity rate (40.8%) amongst the 15 CCOs in Oregon and EOCCO counties are experiencing annual rate increases in obesity.
 - Healthy Eating: Increase fruit and vegetable consumption of Latino moms in Umatilla, Morrow and Malheur counties. Organize a focus group in each county with 10-12 individuals from target population. Organize 15-25 key informant interviews. Identify effective Food Hero programming, messages and methods of outreach. Partnering with OSU Extension, who will implement the findings in those counties and UO RARE.
 - Active Living: Increase physical activity levels of moms with young children through group hiking. Target towards, but not limited to, low-income moms with children up to 48 months. Organize weekly hikes over 7-8 months period in at least 2 counties, including Umatilla and

Lake. 5-7 families in frontier counties and 7-10 families in rural counties attend regularly and 20 unique families per county. Partner with UO RARE.

- Early Childhood Health: 28.8% of pregnant and new moms in Eastern Oregon counties experience maternal depression (PRAMS 2015). John shared maternal depression though 2017 is above 48%. Strategy is to support early childhood health by addressing maternal depression-Integrated Nurse Home Visiting Program.
 - Integrated Nurse Home Visiting Program Learning Collaborative is piloting in Umatilla, Morrow, Grant and Malheur County Public Health Departments.

Early Learning System Strategic Plan:

- Teri Thalhofer shared about the Early Learning System Strategic Plan.
- Raise Up Oregon: A Statewide Early Learning System Plan 2019-2023. Raise Up Oregon includes objectives and strategies to reach the Early Learning Council's three system goals.
 - System Goal 1: Children arrive ready for Kindergarten
 - System Goal 2: Children are raised in healthy, stable, and attached families
 - System Goal 3: The Early Learning System is aligned, coordinated, and family centered.

December Incentive Measure Progress Review:

- Report handout was shared.

Other Business:

- RCAC Virtual Meeting scheduled for Tuesday, February 26, 2019 from 9:00 am to 12:00 pm.

Next Meeting:

Date: March 7, 2019 at 3:00pm
 Location: OSU Extension Office-Sherman County
 Moro, Oregon

Meeting adjourned at 4:58 pm.