



Lake County Community Health Improvement Partnership (CHIP)
700 South J Street
Lakeview, OR 97630

Lake County Community Health Improvement Partnership Minutes

Date and time: April 19, 2018 – 3:00 p.m.

Place: Lake District Hospital, Penn Wilbur conference room

Partnership members and staff in attendance: Arvinder Singh, CeCe Montgomery, Dianne Clay, Janine Simms, Vicky Taylor, Judy Clarke, Alanna Chamulak, Kristi Albertson, Brooke Kelleher, Allan Flood (phone), Susan Campbell, Charlie Tveit

Arvinder Singh, vice chairman and CHIP coordinator, called the meeting to order at 3:02 p.m. and asked all members to introduce themselves.

Mr. Singh presented the March 2018 meeting minutes. CeCe Montgomery moved to accept the minutes as presented. Lake County Public Health interim director Judy Clarke seconded the motion, which passed unanimously.

CHIP updates:

- Developmental screenings: Mr. Singh reported the diaper reward program is going well to incentivize parents to bring in their children for developmental screenings. Lake Health District grants coordinator Kristi Albertson let Mr. Singh know that the Christmas Valley clinic needs more diapers in certain sizes.
- Adolescent well care visits: Mr. Singh said clinics have started scheduling youths for AWC visits. They are conducting outreach via mailed postcards. Youths who complete AWC visits receive prizes.
- Living Well with Diabetes: Mr. Singh reported that Lake Health District has completed two full sessions of Living Well with Diabetes. Lake Health Clinic population health nurse Janine Simms' diabetes support group began April 16. She called nearly 50 people to let them know about the group, and 12 showed up. The next meeting, which will feature a cooking demonstration and healthy snacks, takes place April 30.
- Summer Food Service Program: Mr. Singh reported the summer lunch program begins June 11. Vicky Taylor, family support specialist with Healthy Families of Klamath and Lake Counties, has begun rounding up volunteers and will hit the ground running now that the weather is nice. Miss Albertson reported the four primary sites are finalized: Lions Park (by the swimming pool), McDonald City Park (the kiddie park), New Pine Creek Rural Fire, and Lakeview Commons-North.
- Colorectal cancer screening: Mr. Singh reported that Nolan the Colon at last has arrived. It will be unveiled at Daly Days

Lake County focus group: Eastern Oregon Coordinated Care Organization (EOCCO) is looking for participants in focus groups to complete a Community Health Assessment in 2018-19. As part of the assessment, Greater Oregon Behavioral Health (GOBHI) will conduct 24 focus groups across EOCCO's 12 counties. Focus groups will take place mid-April through May and should last about 90 minutes. Participants will receive a \$25 gift card as a thank you for their time. Mr. Singh encouraged local community advisory council (LCAC) members to sign up.

Grants: Miss Albertson announced she has submitted two grants to pay for Outback Strong Summer Lunch Program activities. She is adjusting one grant and will resubmit it with the corrected information this week. She worked with Lake Health District's registered dietician on another grant that will allow families to pick up bags of

fresh produce on Fridays during the summer lunch program to take home. Each bag will include three vegetables, two fruits, and recipe cards with ideas about how to use the produce. Miss Albertson worked with FoodCorps service member Brooke Kelleher to submit a grant to the Aetna Foundation that would allow the health district to create a position dedicated to offering SNAP-Ed curricula and materials in Lake County, support farmers market and garden efforts, and advance physical and stress-reducing activities across the county. Miss Albertson is working with Lake Health District departments and Eastern Oregon Healthy Living Alliance (EOHLA) on a Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Awareness Training grant that would teach Mental Health First Aid, Crisis Intervention Training, and de-escalation techniques across eastern Oregon. The grant also focuses on eliminating stigma surrounding behavioral health diagnoses.

FoodCorps: Miss Kelleher reported she has been working on connecting Lakeview elementary teachers with cafeteria staff so teachers who want to offer healthy snacks in their classrooms have access to boxes of apples. Several teachers requested cookware so they could incorporate nutrition into regular lessons (measuring ingredients as a math lesson, writing about things they taste, etc.). Miss Kelleher and cafeteria staff cleared two large cabinets and filled them with cooking utensils. On May 11, Miss Kelleher is working with Union School staff to put on a Milk Matters Day promoting the importance of milk in a fun way (think cow-shaped hurdles and a bean bag toss). The following week, she is going on a field trip to a dairy farm with Lakeview fourth-graders.

EOHLA update: Alanna Chamulak gave an update on the nonprofit's recent and upcoming activities.

- **Healthy, Happy Smiles:** 28 schools participated in Grant, Baker, Harney, and Malheur counties in 2018-19. The number of returned consent forms, screenings, fluoride varnish applications, and dental sealants all increased over the previous school year.
- **Mental Health First Aid:** Seventeen of 30 trainings have been conducted in Eastern Oregon. The next one takes place May 3 in Enterprise.
- **Colon cancer screenings:** Outreach activities began this month.
- **Integrated Nurse Home Visiting Program:** This initiative has received a \$25,000 grant to provide a learning collaborative slated to start in May.
- **Obesity and social marketing:** EOHLA is working to prevent the Latino obesity rate from increasing in Morrow, Umatilla, and Malheur counties and will offer SNAP-Ed programming in those counties.

WISE training: Mrs. Montgomery said she attended a Wellness Initiative for Senior Education (WISE) session April 18. It's the first of six sessions designed to teach seniors "how we can help ourselves." She recommended the class to anyone 60 and older. Miss Albertson said each class is its own unit and is not dependent on the previous session.

Healthy Families: Mrs. Taylor discussed Healthy Families, which serves mothers of all ages and supports families from prenatal through age 3. This is not the Healthy Families group that operates through DHS. Families must join by the time an infant is 3 months old. Support through the program ends when the child turns 3 or, in the case of a special needs child, age 5.

Chronic Pain Self-Management: Mrs. Simms said the third Chronic Pain Self-Management class began April 17. It is geared toward working people, so it runs in the evenings. Seventeen people showed up for the first class.

Living Well with Chronic Conditions: Mrs. Simms and two others were trained to offer this class, which teaches how to live well with conditions such as asthma, COPD, and depression.

Mr. Singh adjourned the meeting at 3:59 p.m. The next meeting is 3 p.m. May 10 at Lake District Hospital.