

Wallowa LCAC Meeting Minutes

JULY 12, 2018

*BUILDING HEALTHY FAMILIES
ENTERPRISE, OR*

MEETING CALLED TO ORDER BY:	Meg Bowen
START TIME:	5:56pm
ADJOURNED AT:	7:10pm
NOTE TAKER	Jill Boyd
ATTENDEES	Meg Bowen, Johna Alford, Amy Busch,, Autumn Wilburn, Malia Melody, Jill Boyd, Emily Sheahan
DISCUSSION	Word on the Street
	<ul style="list-style-type: none"> • Meg provided an update to the group regarding the Regional Community Advisory Council (RCAC) meeting in John Day, OR. The next RCAC meeting is in September in Boardman-one LCAC chair and county commissioner are able to attend with option for travel reimbursement, otherwise meetings are open to the public. • Everyone has been raving about the life jacket station around Wallowa Lake. Inquiries about donating life jackets. All donated life jackets should be dropped off at Building Healthy Families and will be reviewed for safety compliance by Lem at the Sheriff's office. Pictures and promotion for Life Jacket Station can be found on our Wallowa LCAC Facebook page. • Winding Waters Medical Clinic doing their best to spread the work about the gym membership availability, as one provider didn't know; they held a presentation at all staff this morning to ensure everyone understands the referral process, etc... • Please bring all queries or questions about Wallowa Valley Center for Wellness to the new communications director, Amy Busch. She is on "rumor control" and will be able to dispel any untrue rumors in the community (i.e. new building, potential town hall vs other PSA's). • Quick discussion about rampant sex trafficking at the truck stops in La Grande (Pilot near La Grande exit265) • Quick update on old public health department-potential plans for using space as an open space to promote wellness techniques such as yoga, mindfulness, etc...
DISCUSSION	Meeting Minutes: June 2018
	<ul style="list-style-type: none"> • Motion to approve June Meeting Minutes moved by Amy and 2nd by Malia. All in favor, approved unanimously with no further discussion.
DISCUSSION/ACTION	2018 LCAC Community Benefit Initiative Reimbursement Funds Project
	<ul style="list-style-type: none"> • Autumn will work with Marilyn to figure out how much \$ we have left for CSA's and report to Emily; Emily wants to use additional funds allocated to Health Promotion project to provide some groceries for cooking well classes <ul style="list-style-type: none"> ○ Option to use additional funds at Farmers Market-either through tokens or Buckskin Bucks <p><u>Progress Report</u></p> <ul style="list-style-type: none"> • Due 7/16/18. Autumn and Jill authoring with Meg for review. Discussion of challenges • 5 CSA share boxes have been given out thus far • Working to collect other data points and submit before deadline <p><u>Child Passenger Safety Training (CPST)/Car Seat Safety</u></p> <ul style="list-style-type: none"> • Kim Wittherite is now with Center for Wellness, can we use her or Annie to do car seat outreach when the HOW Van travels to outlying communities?

Lactation Consultant Discussion

- Original intent was expanded hours for current RN staff to assist with new nursing moms on weekends.
- Discussion included discovery of no “certified” lactation consultants and options include:
 - Do we want to use money for training/certification? OR
 - Do we want to set up a La Leche League of Wallowa County?
 - *Next Steps include:* Meg to set up a meeting of interested nurses and doulas, midwives etc. to decide how to best utilize the funding that promotes sustainability and meets the needs of the community. Meg is lead, Autumn will support.

Early Bird Grant

- Center for Wellness received grant to help new moms-for more information contact Amy Busch: amy.busch@gobhi.net

Mind Eye Project with Winding Waters/OCHIN

- Winding Waters received grant to help with postpartum depression and anxiety in pregnant and new mothers, using population data management through OCHIN (EMR partnership). Intention of project is to identify and work with new moms to handle depression and anxiety level AND expand process to other clinics in the community. For more information contact Meg Bowen: meg.bowen@windingwaters.org

LCAC branding/membership recruitment

- Notecards and business cards are in-100 business cards and 30 note cards; may order more as needed and will need to send “thank you” notes to JZ lumber and Lem for their work on the Life Jacket Station
 - Is there a need for more promotional items, banners, posters, etc.?
- Business cards do not have a contact email or phone number for more information; Autumn will look into setting up a Gmail email address and a google voice account for Wallowa County LCAC
- 9/22 Farmers Market in Joseph for additional promotion of LCAC (booth);
 - Include booth for National Safe Seat Saturday? –Jill to inquire plans with Billie Jo Deal
 - Booth with a wellness theme? Support clinic’s offerings of BP, Nolan the Colon?
 - Provide LCAC info and have LCAC members oversee booth
- Bigger LCAC presence at community wide events (ex: Watershed Festival)

ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
• Determine 9/22 event(s): Safe Seat Saturday Event, Farmers Market?	Autumn, Jill, Amy, Meg	August or September Meeting
• Lactation discussion meeting with interested community partners	Meg Bowen	July-August
• LCAC Thank You to JZ Lumber and Lem for Life Jacket Station	LCAC	August Meeting
• Google voice and Gmail address for LCAC correspondence	Autumn Wilburn	August Meeting
• Inquiry of Buckskin Bucks at Farmers Market	Autumn, Jill, Meg, Emily, Caitlin	August Meeting
• Plan for September LCAC Joint Meeting with NoC	Jill Boyd	September 13,2018 at 5:30pm

Next meeting scheduled for August 9, 2018 at 12:00 pm