

County LCAC Meeting Minutes

MARCH 16, 2018

GSMG, HERMISTON, OR

| | |
|---|---|
| MEETING CALLED BY | Catie Brenaman, LCAC Chair |
| CALLED TO ORDER | 8:37 AM by Catie Brenaman, LCAC Chair |
| ADJOURNED | 10:37 AM by Catie Brenaman, LCAC Chair |
| NOTE TAKER | Lourdes Reyna Alcala, LCAC Coordinator |
| ATTENDEES | Catie Brenaman, Micaela Cathey, Patricia Dehler, Meghan Field, Juli Gregory, Mariah Hinds, Chelsea Maranville, Janet McFarlane, Sarah Miller, Bart Murray, Robert Rankin, Lourdes Reyna Alcala, Nazario Rivera, Emily Smith, Mike, Stensrud, Angel Sutton, Angie Treadwell, Darrin Umbarger, Sharon Waldern, Cathy Wamsley, Lois Wilder, Jeff Williams Heidi Zeigler, Margaret Terry, Gabby Webster, Jessica Britt, Marisol Mendoza, Erin Scionti, Corie Ufert, Troy Soenen |
| <p>Welcome and introductions. Reviewed sign in sheet. What is your why? Review of minutes: Sharon motioned to accept the minutes and Darren second.</p> | |
| DISCUSSION | Identified Gaps & Recommended Preventative Health Care Practices |
| <p>Louis- In Pendleton area, housing is the biggest struggle. The warming station is not always open. The housing has to change. Patty- It is still the biggest need. The weather is going to be better but there are other health needs that will come up. They need places to cook, wash clothes, and bathe. Bart- We had a start of restarting the housing committee and patty and angel both agreed to be a part of that. Troy was there but they need more representation. They need representation from other areas other than Pendleton. Heidy- Had community forum and they decided in a day center so they have a place to go during the day. If anybody is interested they meet every other Thursday at 2pm at the Presbyterian Church. Darrin- Has been talking to the people from the city of Pendleton. They are making housing but the cost is \$1000 per month and that is not low income. We need to talk to them about that. In order for them to qualify they need to be at market value. Juli would like to have somebody involved for the housing committee. Bart- Would like to meet after this meeting for 15 minutes to get more people in this committee. Catie- The majority of our OHP clients are covered for prescriptions but there are times when they are not. We could take some time to look at it in a larger scale in another meeting. Lourdes- People will be receiving notices in regards to their renewals. Some people will automatically have their OHP renewed based on their previous application, some will need to send in some information, and other will need to submit a new application.</p> | |
| DISUCSSION | A look at Incentives |
| <p>Metric Report Card Troy- If you look at Umatilla 5 out of the 8 incentive measure are being meet, and from the EOCCO perspective as Umatilla goes so does the CCO. We are following track on that. We are struggling in developmental screenings and contraceptive use. There isn't a county that is on target for contraceptive use. Jessica mentioned that they do a minimum of 2 developmental screenings per child. There is roughly 60 children they serve here in Umatilla county. Catie- It's not that they are not being done it's because they are not being captures at the provider's office. The population we serve might not go to the provider's office if they have other needs that are not being meet. We have an opportunity to educate our consumers and let them know the importance of going to follow up with their provider. It brings money and resources to our county that we can use and</p> | |

spend on our community. Troy- We will have final data next month. Unfortunately we are no longer meeting the emergency room one. If we could get the developmental screening for the next one that would be great. Catie- Even for the emergency room one we were really close to meeting it. It's the lack of access to other providers but we have made a huge dent in this area. Juli- We have never been this close to meeting it. Catie- Even if this is read we have made a huge improvement.

Grant Submission Report

166204- Received

Veggie program was fully funded so 85 will be going to that. We really have to put some thought into data collection. Angie is going to start working on that to insure we can collect really good data. Catie- the EOCCO as a whole is really looking at this program in the way we put it together. We are reducing many barriers and they are really paying attention to this to see if it is making an effect in our community. If it works it is something that could be expanded to other communities. Angie- This is a pilot. Patty- What is your goal in improvement of health. Angie- If there is a difference in fruit and veggie to health outcome. We will have assessments on health behaviors. Rod- Where are fruits and vegetables coming from. Angie- that is what she is working on. Talking to our farmers. Strategically planning what fruits and vegetables to provide. They will be educating them as well and providing resources so they know how to utilize what they have. The metrics position will be funded out of our LCAC funds. She will be one of our main liaison to insure we get our metrics made. She will be working with providers, LCAC, and the community. CPP received 50 and received money for developmental screenings and immunizations. We need to be transparent as to where the funds are going and how much. Julie- What do you do for the carry over request? Troy- He has not head finalization for those as of yet. Catie- Catie will be talking to Ann about those.

| | |
|-------------------|-----------------------------------|
| DISCUSSION | Community Health Improvement Plan |
|-------------------|-----------------------------------|

Mike- Opioid use reduction efforts in Umatilla County
 As time has passed it has quadrupled the amount of opioid overdose. We have a lack of proper managing. People are not disposing of them properly. The most common source is free from family and relatives. Still 20% is coming from doctors. OHA has called on CCO's to help. Milton Freewater needs a medication drop box. The LCAC can help facilitate or distribute information by increasing awareness and provide education to our consumers. There are guidelines prescribers should be following. Mike would like to have subcommittee in the LCAC to help the counties with this problem. Would like to help develop strategies, perhaps make suggestion to him that he is not aware of. Currently working with Milton Freewater to have a location. We have 3 in Umatilla/ Hermiston and one at the Pendleton Police station and Yellowhawk. Catie- Don't flush them down the toilet. We could inform our consumers and have them be aware that the majority of people are getting them from friends of family and educate people on where the drop boxes are at. People interested in this committee: Janet, Patty, Sharron, Corey. It is also something we can hand out to the clients once they receive their medications. Could we put a sticker on the medicine that says where they could drop it off? Megan- Maybe sending a link and identification of a map for drop off locations. If you have any more ideas you can reach him at his email.

Alisson- Dementia Research OHSU

Her goal is to understand more about our community and what is going on here. Most altzimer cases being in our brain. Most people don't die of dementia but with dementia. Dementia is an umbrella term. The most common type is alzimers. Concerning changes: poor judgement, inability to manage a budget, losing track of the season, difficulty having a conversation, misplacing things and being unable to retrace your step. Typical changes: making a bad decision once in a while, missing a monthly payment, forgetting what day it is but remembering later, sometimes forgetting

what word to use, losing things from time to time. Increased risk is being a family care giver of dementia. The work with early childhood is really important. 9% could be attributed to hearing loss. Diabetes, hypertension, smoking does contribute to dementia. Sleep is a huge issue. The use of medications with anticholinergic activity increases the cumulative risk of cognitive impairment and mortality. Safe sleep medication is melatonin.

Angie- EOHLA Update

EOHLA has been awarded a \$70K renewal grant with the Oregon Children’s Dental Health Initiative to provide the program for the 2018-19. EOHLA is organizing a project to increase annual colon cancer screenings in Sherman, Gilliam, and Morrow counties in partnership with the CACs, clinics, and health organizations, including Sherman Medical Clinic, North Gilliam Health District, Morrow County Health District, and the Columbia River Health Services. On behalf of the INVHP Collaborative, EOHLA has been awarded \$25K from The Ford Family Foundation to support the learning collaborative. The project start date of the learning collaborative is in May 2018. The top 3 marketing regional issues to consider for a social marketing campaign include chronic disease, mental health, and incentive metrics.

| | |
|-------------------|------------------|
| DISCUSSION | Other Activities |
|-------------------|------------------|

Guardian Care Center:
Referral source for lifeways
Golf tournament the 21st

Pendleton dancing with the starts: tickets 20 apiece.

Improving access to care for rural Latinos March 19th 1-4pm.

Spring Diversity Conference (Registration dhs.training@state.or.us)

OHA Training Opportunity March 20 8:30am-4pm

We are meeting with the early learning hub once a year maybe twice a year. We will be sending out that email as soon as we know.

14th of April for Health Fair 541-278-2627. Pendleton convention center. 9am-3pm

Darren- Crazy horse quilter made a quilt and are raffling it off and the proceeds go to Clearwire.

Year of wellness received shirts and calendars. Shirts are printed this week and they will bring some for all of us to have one. Cathy has a copy of the calendar if you would like to see it. Cathy is looking for someone to be the tooth fairy.

| ACTION ITEMS | PERSON RESPONSIBLE | DEADLINE |
|----------------------------------|------------------------------|----------|
| • Opioid Committee | Janet, Patty, Sharron, Corey | |
| • Create a list of subcommittees | Catie B. | |

**Next meeting scheduled for
April with the Early Learning Hub
04/20/2018 at 8:30 AM
IMESD Lodgepole Room**