

Wallowa LCAC Meeting Minutes

OCTOBER 11, 2018

COMMUNITY CONNECTIONS
ENTERPRISE, OR

MEETING CALLED TO ORDER BY:	Meg Bowen
START TIME:	12:07 PM
ADJOURNED AT:	1:35 PM
NOTE TAKER	Autumn Wilburn
ATTENDEES	Amy Busch, Autumn Wilburn, Jill Boyd, Meg Bowen, Michelle Gardner, Damiana Maxwell, Vixen Radford-Wecks, Chris Evan , Noelle Horvath, John Adams (Eastern Oregon Healthy Living Alliance), Johna Alford
DISCUSSION	Announcements/Word on the Street
	<ul style="list-style-type: none"> • Jill: EOCOO funding for 2019, close to \$40,000 and distribution of funds includes 60-70% related to social determinants of health, 30-40% for incentive measures • Malia: Olive Branch gym memberships have been re-distributed to Winding Waters Medical Clinic (WWMC) and Mountain View Medical Group (MVMG); each organization will receive 11 gym memberships=22 originally distributed to Olive Branch • Noelle: CSA and Farmers Market Shares; there is concern that the CSA's haven't been distributed. Jill commented that she met with MVMG (Michelle and Dr. Sheehan) on 9/26/18 to discuss allocation of funding. MVMG has agreed to expand options of cooking classes until February 2019 and include Ruby Peak vouchers now that the farmers market season is coming to an end. Emily and Michelle will continue to track diabetes and hypertension rates for participants. May want to consider allocating funds for RN staff time FTE to assist with promoting and conducting the program in 2019 as well as expanded outreach of classes to other providers in the community. • Vixen mentioned that Head Start is having a Resource Fair on October 26, 2018. She will send Jill flyers to distribute to LCAC members. • Nov 8th: Adult Mental Health 1st Aid Training with Center for Optimal Health (Non-opioid based pain clinic) supported by WVCW and Steve Kliewer; event is free for everyone to attend • October 18th in John Day: Kevin Hines -Suicide Prevention Speaker; for more information and to register: www.eventbrite.com/e/kevin-hines-the-art-of-wellness-tickets-50536269342 <ul style="list-style-type: none"> ○ Maybe we can recruit him for 2019 and use some LCAC \$ to fund ○ Jill also promoted Challenge Day in Baker-City; Baker LCAC used funds to support Challenge Day; for more information visit www.challengeday.org ○ If community partners want to share information, the Vault has an information table to spread and share information. • HOW Van will be at Trunk or Treat on October 31st <ul style="list-style-type: none"> ○ Suggested to bring Nolan the Colon to Trunk or Treat
DISCUSSION	Meeting Minutes: August and September 2018
	<ul style="list-style-type: none"> • Amy Busch motioned to approve August and September meeting minutes, Johna seconded this motion. No further discussion. Motion passed unanimously.
DISCUSSION	Updates on Member Recruitment
	<ul style="list-style-type: none"> • Wallowa LCAC participated at Joseph Farmers Market on September 22nd; good event, raffled off two tickets to Harvest Dinner as promotion; may want to consider participating again next year.

- Wallowa LCAC participated in Kid Fes on September 28th to promote car seat safety; overall, there were five car seat checks for three families and one car seat given away.

DISCUSSION	2018 LCAC Community Benefit Initiative Reimbursement Funds Project Update
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CBIR Project Updates

- Lactation Consultant
 - Rescheduling meeting with Nora
 - Randy Movich has started training for test
 - Corinne is interested and might pursue as well
 - Damiana has another name too – Wendy at Arrowhead
- Yak Traks and walking poles
 - Meg has ordered 40 set of poles and 10 sets of YakTraks
 - Will start distributing with referral plan/workflow similar to last year when they arrive
- Gym Memberships
 - WWMC has given out 18 total
 - Deadline is extended through March – invoices due to BHF by then
 - Noelle – we need to get a training component funded. Many of the sponsored gym members need a personal trainer
- Ski tickets and helmets for foster kids and OHP members
 - Autumn, Jill and Chris are meeting after this meeting to discuss process and data tracking
 - May consider needing volunteers to teach kids how to ski
- Community Connections – Living Well classes
 - Cost \$2000 for 3 attendees that completed the course; 7 were originally enrolled and 0 OHP members. May want to consider overall cost/benefit in 2019 if we are interested in supporting again.

DISCUSSION	Eastern Oregon Healthy Living Alliance Update
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- EOHLA Presentation: Healthy, Happy Eastern Oregon
 - Healthy, Happy Smiles Program (Malheur, Grant, Baker)
 - Mental Health First Aid; need sponsor for Mental Health First Aid for senior citizens; two MHFA courses in Wallowa County
 - Colorectal Cancer Screening Outreach (Sherman, Gilliam, Lake, Harney, Morrow); colon borrowed from WWMC
 - Healthy Eating, Active Living (HEAL) in Umatilla, Morrow and Malheur to reduce annual increases in obesity rates
 - Integrated Nurse Home Visiting Program (Umatilla, Morrow, Malheur, Grant)

DISCUSSION	2019 Funding: Brainstorm for Projects
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- Baker and Union are moving to a more “formalized” application process that includes data tracking strategy, incentive measure or CHP target measures and responsibly agency/point person.
- Jill will send out one-page application form due to Jill by November 8th and ready for discussion at November 15th LCAC meeting. Group will review the process and complete final approval at December meeting.
- Jill also explained that Wallowa County will be participating, in collaboration with the LCAC, in the Campus for Rural Health. Interdisciplinary students (medical, dental, pharmacy, PA/NPs) will do a 12-week rotation in Wallowa County and are assigned a community based project, which we will incorporate their work into the LCAC funding options for 2019. Approved curriculum through OHSU includes utilization of students to promote and understand peer

support for chronic pan through the Center for Optimal Living. Jill will share the final curriculum at next month's meeting.		
ACTION ITEMS	PERSON RESPONSIBLE	DEADLINE
• Share promotional flyers with The Vault	All LCAC members	ongoing
• Submit applications for programs to fund in in 2019	All LCAC members and community partners	11/8/18
• Distribute flyers for Head Start Resource Fair	Vixen	After LCAC meeting

Next meeting scheduled for November 15, 2018 at 5:00 pm