



Lake County Community Health Improvement Partnership (CHIP)
700 South J Street
Lakeview, OR 97630

Lake County Community Health Improvement Partnership Minutes

Date and time: February 8, 2018 – 3:00 p.m.

Place: Lake District Hospital, Penn Wilbur conference room

Partnership members and staff in attendance: Arvinder Singh, Brooke Kelleher, Francie Winters, Janet Leslie, Vicky Taylor, Judy Clarke, CeCe Montgomery, Rod Harwood, Alanna Chamulak, Susan Campbell, Paul McGinnis, Kristi Albertson, Gloria Now, Charlie Tveit, Andrea Wishart, Mary Ann Wren (phone), Allan Flood (phone)

Charlie Tveit, chairman, called the meeting to order at 3:06 p.m. and asked all members to introduce themselves.

Mr. Tveit presented the January 2018 meeting minutes. CeCe Montgomery made a motion to accept the minutes as presented. Arvinder Singh seconded the motion. The motion passed unanimously.

EOHLA update: Alanna Chamulak with Eastern Oregon Healthy Living Alliance (EOHLA) gave an update on the nonprofit's recent and upcoming activities.

- **Healthy, Happy Smiles:** EOHLA has learning labs planned at upcoming spring health fairs.
- **Mental Health First Aid:** EOHLA has several trainings scheduled in February and March, including one in Lake County. The Lakeview training February 12 and 13 will focus on older adults and will include information about such things as dementia and Alzheimer's. Rod Harwood, older adult behavioral health specialist for Greater Oregon Behavioral Health Inc. (GOBHI), said the training would be good for the senior center, volunteers who work with seniors, and the faith community. EOHLA did two law enforcement Mental Health First Aid trainings in Lakeview, which Gloria Now, Lake County Crisis Center director, said went very well. Mr. Tveit suggested a training at the Lake County Library and urged EOHLA and others not to be "Lakeview-centric." Miss Chamulak said EOHLA's target is 35 trainings throughout the region it covers.
- **Colon cancer screenings:** EOHLA has received \$50,000 from the Knight Cancer Institute's Community Partnership Program to conduct a colorectal cancer screening outreach project that was slated to start February 1. The project will take place in Morrow, Sherman, and Gillam counties.
- **Integrated Nurse Home Visiting Program:** This initiative has received grant funding to provide a learning collaborative slated to start in May.
- **Social marketing campaign:** EOHLA has surveyed 10 of the 12 community advisory councils (CACs) and has identified the region's top three issues to consider for a campaign: 1) chronic disease, 2) mental health, and 3) incentive metrics.

Community Health Assessment process: Paul McGinnis, GOBHI's coordinated care organization integrations director, said Eastern Oregon Coordinated Care Organization's Community Health Assessment process is underway. EOCCO must complete assessments in each of its 12 counties and then create one assessment for the entire CCO. There will be two focus groups in Lake County, one in north Lake County and one in the southern part of the county. Each LCAC member was asked to submit three names of people who might consider being part of the focus groups to CHIP coordinator Arvinder Singh. Mr. Singh will then submit those names to Mr. McGinnis. Mr. McGinnis said EOCCO hopes to complete the focus groups by the end of the year, leaving six months to finish

the 12 counties' individual plans and the regional plan before the June 30, 2019, deadline. Oregon Health Authority is conducting a workshop in Lakeview April 24 for anyone who does community health assessments. Mr. McGinnis recommended Lake Health District, Lake County Public Health, early learning hub, and others attend.

CHIP updates: Mr. Singh explained how he is working with other departments and agencies to address the **2018 incentive measures**. Some plans are still in flux, and some depend on grant funding, but the tentative plan to address several measures is as follows:

- **Adolescent well care visits, cigarette smoking, depression screening, SBIRT, effective contraceptive use, and childhood obesity:** All these incentive measures have the potential to be met and/or impacted during an adolescent well care visit. Lake Health Clinic staff will begin sending educational materials about the importance of these provider visits to parents by the end of February. Mr. Singh has discussed this plan with Warner Mountain Medical Clinic and, answering a question from Mr. Tveit, said he would discuss it with La Pine Community Health Center-Christmas Valley as well.
- **Timely prenatal/postpartum care, immunizations, and developmental screenings:** The 2018 LCAC grant, if approved, will provide incentives for women to seek timely prenatal and postpartum care. During the postpartum appointment, clinic staff will conduct the infant's first developmental screening while the mother is getting examined, and they will remind mothers about the importance of immunizations. Lake County Public Health will have diapers to give parents when they bring in children for vaccinations.
- **Hypertension and diabetes HbA1c poor control:** Lake Health District will continue offering Living Well with Diabetes and, if one of its opt-in grant applications is successful, will offer Living Well with Chronic Conditions as well. The key to these programs' success is getting provider buy-in, which Mr. McGinnis said is the hardest part of these programs everywhere, not just Lake County.

Mr. Singh said the **Lake County Gatekeeper program** conducted its first training January 29. Three people attended. Two more trainings are planned for February 16 and February 21.

The first **Living Well with Diabetes** session ended in January with a good turnout and good response, Mr. Singh said. The next session begins the week of February 12, and a third is scheduled to begin in late March.

Mr. Singh said the **senior fair** will now be part of Daly Days instead of a separate event. Five to seven booths with information of special interest to older adults will be grouped together at the Lake District Hospital campus during the Daly Days health fair.

Mr. Singh said CHIP is beginning to focus on **housing** as a social determinant of health. Grant writer Kristi Albertson said she has been working for several months with Lake District Wellness Center, chaplain Eric Sarensen, the Department of Human Services, and probation/parole on this issue. That group wants a supportive housing unit that would give individuals safe, stable housing while they work with every member of the care team to address their mental health, substance abuse, social services, and legal needs. Miss Albertson said she also has had conversations with Klamath Housing Authority and GOBHI about permanent housing solutions. There is a lot of information but no clear path forward at this point, she said.

Positive Approaches to Caregiving: Mr. Harwood is trained to offer PAC training, which teaches how to care for people with dementia. Nursing home and assisted living staff are required to have six hours of dementia training each year, which would be covered under this training. Mr. Harwood said he has been working with Shree Morgan about holding a training at Lakeview Gardens.

Grants: Miss Albertson gave an update about the grants she has been working on.

- **EOCCO:** She submitted five grant proposals to EOCCO in January. One was the **LCAC noncompetitive grant**, which will support projects addressing the developmental screenings, timely prenatal/postpartum care, and childhood obesity incentive measures. The **adolescent well care visit opt-in grant** would allow Lake County to offer two teen health fairs (one in Lakeview and one in Silver Lake) in 2018, as well as an outreach event at Klamath Community College. The **population health management for diabetes and hypertension management proposal** would allow Lake Health District to offer Living Well with Chronic Conditions, train a community health worker to work with individuals with diabetes and hypertension, and

create a support group for people who have gone through the self-management programs. CHIP requested grant dollars to continue the **colorectal cancer screening project**. Miss Albertson said the 2017 grant-funded program had a big impact on Lake County's incentive measure performance: Early data shows Lake County nearly doubled the number of screenings completed in 2017 over 2016. The final proposal addressed **emergency department utilization**. If it's successful, Lake Health District will hire someone to track individuals who use the ED inappropriately and help them navigate the healthcare system so they receive appropriate care from the appropriate provider at the appropriate time.

- **Oregon Office of Rural Health:** Lake District Hospital and Lakeview EMS were successful in applying for a training opportunity that will bring in the Idaho Simulation Network to conduct a pediatric trauma simulation. The hands-on training will involve Lakeview EMS, Paisley EMS, the Lake County Sheriff's Office, Oregon State Police, Lakeview Dispatch, Lake District Hospital, AirLink, and others.

- **ODOT:** The Oregon Department of Transportation awarded Lake Health District \$1,250 to purchase car seats for low-income individuals.

- **SFSP:** Miss Albertson said applying to sponsor the Summer Food Service Program, and applying for grant dollars to support it, are next on her schedule. She sent a sign-up sheet around the room for people interested in helping with the 2018 lunch program.

February Fun Fest: Andrea Wishart, executive director of the Lake County Senior Citizens Association, urged LCAC members to attend this event at the senior center February 10. The fun fest featured a bazaar and tables with information about senior center activities.

Community readiness assessment: Prevention coordinator Francie Winters said her department was awarded about \$13,000 to assess Lake County's readiness regarding problem gambling issues.

Mr. Tveit adjourned the meeting at 4:35 p.m. The next meeting is scheduled for March 8, 2018, at 3 p.m. at Lake District Hospital Penn Wilber Conference Room.