



2016 Community Health Improvement Plan (CHIP) Grant County Local Community Advisory Council (LCAC)

Priority Issue:

Wellness Promotion and Prevention

- Young children and family health and support
- Adolescent health
- Colorectal cancer screening
- Reduce community health stigmas (mental health, oral health, poverty)

Problem to be solved:

Not all of the children, families and individuals in Grant County are accessing preventative support or routine health care resulting in a higher number of health issues in our community.

Measurement: The LCAC will review the EOCCO incentive report card when available. The group will be reviewing specific Incentive measures: the number of children receiving Developmental Screenings (Ages & Stages Questionnaires -ASQ's), the number of teens receiving Adolescent Well Care Visits and the number of adults receiving Colorectal Cancer Screenings. When the opportunity arises, the group will support community activities and events that will promote the reduction of health disparities and health stigmas.

Goals:

- **Community Health Improvement** - LCAC members will collaborate with community health providers, early learning providers, service agency providers, educators, and local business owners to increase community health awareness, to reduce health stigma, and to promote the value of prevention education and screenings from the very young through aging adults.
- **Incentive Metrics Improvement** - LCAC members will support the work of membership management at Strawberry Wilderness Community Clinic (SWCC) as they work with EOCCO/OHP members to utilize primary care preventative screenings and health services as outlined in the incentive measures.
- **EOCCO Member Engagement** - LCAC group will encourage and engage EOCCO members to have a voice with local health improvement opportunities that will provide better health and lower health care cost.

Objectives:

Developmental Screenings (ASQ's) - continue to collaborate with Early Learning to promote community-wide outreach with pre-school providers to conduct ASQ's with parents of young children. Continue to support primary care providers' review/billing of ASQ's with parents.

Adolescent - engage with Grant County Health Department and SBHC staff by providing assistance with marketing, messaging, articles in the newspaper to promote the importance of well visits. At LCAC meetings, review and distribute messaging to the provider network, youth and families about the importance of routine adolescent health care.

Colorectal Cancer screening - lead a community-wide education and messaging that stresses colorectal cancer can be prevented, is highly treatable, is the number two cancer killer, affects men and women, and often lacks symptoms and are free to most individuals.

Reduce Community Health Stigmas

- Mental Health - educate LCAC members and community partners through Mental Health First Aid/Youth Mental Health First Aid trainings to learn facts about mental illness and reduce community stigma.
- Poverty - educate LCAC members and community partners through Bridges Out of Poverty trainings to learn more about equity, inclusion, discrimination, and reducing stigma.
- Oral Health - increase access to preventative services by supporting and collaborating with Eastern Oregon Healthy Living Alliance (EOHLA) school-age prevention screenings/sealants grant project which has been awarded for targeted Grant County schools.

CAC Supported Community Health Activities/Community Resources:

- Cigarette Smoking prevalence – Kick Buts project to reduce tobacco use/Transformation Grant project, Len's Drug, Grant County Health Department, local health providers, Advantage Dental and service agencies.
- Story Time – reduce mental health stigma and promote mental health recovery and encouragement of local mental health services/Grant County Safe Communities Coalition, CCS and faith community partners.
- Mental Health First Aid/Youth & Adult – reduce risk of suicide, mental health stigma. Support trainings for educators, elderly, community partners and community members/by partnering with MHFA certified instructors, ESD, CCS, school staff, health care providers and community members.
- Support poverty education trainings, motivational interviewing, trauma informed care trainings/early learning providers, health care providers, Advantage Dental and health care providers

- Oral health promotion to reduce stigma and encourage prevention screenings – Advantage Dental, EOHLA, SBHC, Grant County Health Department, health care providers and educators.
- Families First Parent Resource Center - provides parenting education and supports. Encourages early prenatal care, discourages use of the ER for routine care, conducts developmental screens on all children enrolled in programs and promotes well child visits. Holds annual Family Fun Day community event and hosts an annual Community Screen Day (ASQs).
- Frontier Early Learning Hub - provides incentive funds and staffing for the Community Screen Day. Works with community partners to provide training, materials and support for early childhood education and literacy to ensure that children are ready to learn when they reach kindergarten. Programs encourage well child visits.
- Teen Health Fair - engages all Grant County students, 7th - 12th grades, in health and safety prevention education/Grant County Health Department, SBHC, CCS, service agencies, Blue Mountain Hospital, LCAC, Advantage Dental and a number of community partners.
- Healthy and Fit Kid's Camp- promotes prevention and wellness education to all county 1st and 2nd graders, blended kindergarten and third graders/Blue Mountain Hospital, and a number of community partners and businesses.
- Grant County Health Fair – Targets those who would not otherwise seek health services and engages county residents in health prevention education, prevention screenings, wellness promotion, community health services/BMHD, GCHD, Advantage Dental, Forest Service, public health, state health agencies, health care providers and numerous community partners.

Identify gaps:

- Increase EOCCO member engagement with the LCAC through innovative recruiting and retention programs: LCAC is developing messaging, flyers, special meetings to involve EOCCO/OHP members.
- Invite Youth Coalition/youth school leadership involvement with local schools, public health and SBHC staff - work with school administrators to encourage student participation at the LCAC meetings.
- Encourage LCAC involvement with local businesses - provide prevention health education and invite business owners to LCAC meetings.

Budget Needed:

No current need.

EOCCO Incentive Funds: The LCAC uses incentive fund dollars in our community to promote wellness and prevention education which has increased the number of children receiving developmental screens, provided media support for colorectal cancer screenings, assisted public health , primary care and mental health support to conduct SBIRT screenings, provided health education books to parents and community members. CAC incentive funds are currently providing clinic staff support to improve health outcomes for EOCCO/OHP members at SWCC, public health and mental health clinics.

EOCCO Transformation grant dollars are currently being used to work with EOCCO/OHP and community members to encourage discontinued use of tobacco. Innovative use of grant funds has been used in our community to promote health prevention education presented by health care providers to support better health and wellbeing of EOCCO/OHP and community members.

Eastern Oregon Healthy Living Alliance project collaboration: LCAC wrote a letter of support for a grant that will bring Oral Health screenings/sealants into local schools. Partnership collaborated funding is used to support many of the local prevention education community events.

LCAC operation funds: continue to support the monthly LCAC meetings and community outreach events that are prioritized within the CHIP.