



## 2019 EOCCO Community Health Plan (CHP) Lake County

### **PRIORITY ISSUE: Social Determinants of Health/Food Insecurity**

#### **PROBLEM IDENTIFIED:**

Limited access to fresh fruits and vegetables

Limited access to food

Limited Supplemental Nutrition Assistance Program (SNAP) benefits use at Farmers Market

Lack of Affordable Housing

#### **DATA AVAILABLE:**

- 43.5% of children are eligible for free/reduced lunch
- 22.5% of Lake Children are Food Insecure (State 20%)
- 15.4% of Individuals are Food Insecure (State 12.9%)
- Average monthly number of children on SNAP in 2017 was 441
- Population below poverty level: 20% (Oregon: 14.9%)
- Population below 200% of poverty level: 48.1% (Oregon: 33.9%)
- Population <18 below poverty level: 25.6% (Oregon: 19%)

#### **GOALS:**

1A- Implement Frontier Veggie RX Program

1B- Increase referrals to Lake County Food Share/Pantry

1C- Support food share capacity building and project growth

1C- Have a seasonal functional, farmers market

#### **ACTION PLAN:**

1A1- Start supporting program through LCAC funds to Frontier Veggie RX

1A2- Support resources such as SFSP, Backpack programs and Giving Plate

1A3- Serve as a local liaison between Frontier Veggie RX Program, local prescribers and vendors

1B- Inform Frontier Veggie RX recipients of Lake County Food Share/Pantry for availability and accessibility to food that are not fruits and vegetables

1C- Create a plan to establish SNAP point-of-sale (POS) system for seniors and Lake County farmers market

#### **ESTIMATED BUDGET NEEDED:**

~\$50,000

#### **POTENTIAL FUNDING SOURCES:**

Eastern Oregon Coordinated Care Organization

Eastern Oregon Healthy Living Alliance (EOHLA)

USDA and Farmers Market Coalition/Local contributions

## **PRIORITY ISSUE: Early Childhood / Trauma**

### **PROBLEM IDENTIFIED:**

Adverse Childhood Experiences affect long-term health

### **DATA AVAILABLE:**

- Child Abuse Lake County 25.4 per 1,000 (State 13.4)
- In 2018-19 for measures of Kindergarten Readiness, Lake County was equal or BETTER than the statewide average for Numbers and Operations, Letter Names, and Sounds. Slightly LOWER than the state for Approaches to Learning (Self-Regulation and Interpersonal Skills)
- Met the Developmental Screening (0-36 months) Incentive Measure in 2018
- Did NOT meet the Adolescent Well Care Visits Incentive Measure in 2018
- Inadequate prenatal care rate per 1000 births: 77.2 (Oregon: 58.1)
- Low birth weight rate per 1000 births: 94.7 (Oregon: 64.7)
- Child poverty rate in Lake County is 20.1% (State 21.7%)
- Child abuse victims' rate per 1,000 children: 37.2
- Children in Foster Care rate per 1000 children: 19.3

### **GOALS:**

- 2A- Implement an ACEs-awareness/Trauma-informed training program with the Early Learning Hub
- 2B- Motivational Interview Training
- 2C- Parenting Education Collaborative
- 2D- Child Advocacy/CASA (Court Appointed Special Advocacy)
- 2E- 2F- EMDR training (Eye Movement Desensitization and Reprocessing)
- 2F - Suicide prevention programming and MHFA Trainings

### **ACTION PLAN:**

- 2A- Train local healthcare workers, DHS workers, schoolteachers/counselors, and other stakeholders in identifying child abuse through ACEs awareness/Trauma-informed training
- 2B- Training Behavioral Health Staff in Motivational Interviewing
- 2C- Parenting Classes/Foster Parents
- 2D- Raising awareness of the need of CASAs
- 2E- Support EMDR Counselor trainings
- 2F- Support Sources of Strength Prevention programs and MHFA trainings in the schools

### **ESTIMATED BUDGET NEEDED:**

~\$30,000

### **POTENTIAL FUNDING SOURCES:**

- LCAC Partners
- Eastern Oregon Healthy Living Alliance (EOHLA)
- South-Central Oregon Early Learning Hub
- Eastern Oregon Coordinated Care Organization

## **PRIORITY ISSUE: Obesity / Chronic Disease Management**

### **PROBLEM IDENTIFIED:**

Need for awareness with obesity/chronic diseases and its effects on Mental and Physical health

### **DATA AVAILABLE:**

- 2014 Medicaid BRFSS 69.3 % of EOCCO Adults are Overweight/Obese
- 31.9% of Lake County adult general population is obese
- 60.1% of Medicaid adults had one or more chronic illnesses
- 10.5% of EOCCO Medicaid members have diabetes
- 35.9% of EOCCO Medicaid members have high cholesterol
- 28.4% of EOCCO Medicaid members have high blood pressure
- 32.3% of EOCCO Medicaid members had no physical activity outside of work
- 33.3% of EOCCO Medicaid members had one or more sugary drinks per day
- 24.7% of EOCCO Medicaid members had 5 or more servings of fruits and vegetables
- Diabetes Death Rate per 100,000 57.5 (State 27.6)
- Heart Disease Death Rate per 100,000 189.9 (State 160)

### **GOALS:**

3A- Increase the opportunities for community education and participation in programs discussing healthy lifestyle changes and education on managing chronic conditions.

### **ACTION PLAN:**

3A1- Measure prevalence of obesity through Lake Health District electronic health record

3A2- Support utilization of Weigh-In, Diabetes Self-Management Education and Support Group, and Living Well with Chronic Conditions

3A3- Promote exercise opportunities with families

3A4- Collaborate with other Lake County clinics

### **ESTIMATED BUDGET NEEDED:**

~\$40,000

### **POTENTIAL FUNDING SOURCES:**

Lake Health District

Eastern Oregon Coordinated Care Organization

## **PRIORITY ISSUE: Substance Abuse / Addiction (Drugs, Alcohol and Tobacco)**

### **PROBLEM IDENTIFIED:**

Change the culture of alcohol consumption  
Substance Use/Abuse continues to negatively affect the wellbeing of the community

### **DATA AVAILABLE:**

- Percent of adults who are tobacco users (includes smoking): 19.8 (Oregon 25.5)
- Alcohol-induced deaths per year per 100,000 persons: 32.5 (Oregon: 19.3)
- Met the Alcohol and Drug Misuse Screening (SBIRT) Incentive Measure for 2018
- Percent of population 12 or older reporting non-medical use of pain relievers (2014): 4.76
- Percent of population 12+ reporting drug dependence: 2.97
- Facilities providing substance abuse services (2019): 2
- Substance abuse facilities offering HIV testing (2019): 0
- Syringe exchange programs: 0
- Opioid prescriptions per 1000 persons (2018): 284.58 (Oregon: 212.99)
- Total overdose death rate (2016): 22 per 100,000 (Oregon, non-metro: 15.7)

### **GOALS:**

4A-- Form/restore an overseeing committee with representatives from Hospital, Wellness Center, Law Enforcement, Probation & Parole, School District, LADPC

### **ACTION PLAN:**

- 4A1- Increase community awareness with alcohol abuse and find ways to reduce it
- 4A2- Promote behavioral health/SUD integration in primary care
- 4A3- Support local ordinance against smoking lounges advocacy, educate community about vaping not being an alternative to smoking
- 4A4- "Most of Us" Campaign (Positive community norming)

### **ESTIMATED BUDGET NEEDED:**

~\$40,000

### **POTENTIAL FUNDING SOURCES:**

Lake Health District  
Greater Oregon Behavioral Health Inc.  
Eastern Oregon Coordinated Care Organization  
OHA-HPCDP  
For Family Foundation (Youth Advocacy)  
Lake School District