



2021 EOCCO Community Health Plan (CHP) Sherman County

PRIORITY ISSUE #1: Children's Health Promotion

PROBLEM IDENTIFIED:

Need to empower parental influence
Trauma Informed Care Training and treatment for those experiencing Childhood Trauma
Oral Health for Children

DATA AVAILABLE:

- Incentive Measure – Developmental Screens Sherman 46.2% 2018 – Did NOT Meet Measure YET
- Incentive Measure – Childhood Immunizations – 2018 100% - Met Measure
- Demographics – Less 0-17 year olds in 2017 than 2013 18.7% of Sherman Population (State 21%)
- 53% of 3-4 year olds enrolled in preschool (State 58%)
- In 2017 Sherman entering Kindergarteners were better or equal to State average for Numbers & Operations, Capital and Small Letter Names and Sounds. Lower than the State in Interpersonal Skills, Self-Regulation and Total Approaches to Learning
- Dental services limited
- Incentive Measure – Dental Sealants 30.4% 2018 Met Measure

GOALS:

- 1A - Support Positive Parenting Program
- 1B- Seek organizational training of health and human service providers in Trauma Informed Care
- 1C- Implement a screening process for Adverse Childhood Experiences
- 1D- Ensure access to Parent Child Interactive Therapy
- 1E- Implement and Monitor Tele-Dentistry and preventive dental services in Sherman County Schools

ACTION PLAN:

- 1A 1- Continue to support the Positive Parenting Program in Sherman County in partnership with Four Rivers Early Learning Hub and GOBHI
- 1B 1- Assess which organizations have conducted Trauma Informed Care training
- 1C 1- Develop partners who are willing to screen for Adverse Childhood Experiences and refer to proper mental health organizations
- 1D 1- Develop a room where Parent Child Interactive Therapy can be deployed in Sherman County
- 1E 1- Serve as liaison between provider sites in Moro and Advantage Dental from DentaQuest
- 1E 2- Promote the use of the Tele-Dentistry and school-based preventive dental services
- 1E 3- Monitor Utilization to ensure residents are aware of the services
- 1E 4- Increase consent form return rates for preventive dental service treatment offered at the middle and high schools in Arlington and Condon

ESTIMATED BUDGET NEEDED:

POTENTIAL FUNDING SOURCES:

- A – Four Rivers Early Learning HUB
- A – Greater Oregon Behavioral Health, Inc – Children’s Program Grants
- C- Trauma Informed Oregon
- D – Mid Columbia Center for Living
- E- Eastern Oregon Coordinated Care Organization
- E-Oregon Health Sciences University – Implementation Research
- E- Advantage Dental From DentaQuest

PRIORITY ISSUE #2: Food Insecurity

PROBLEM IDENTIFIED:

- Limited access to fresh fruits and vegetables
- Limited access to food
- Limited Supplemental Nutrition Assistance Program recipients using their benefits at Farmer’s Markets

DATA AVAILABLE:

- Frontier Veggie RX
- 53.4% of students are eligible for free or reduced lunch (State 47.6%)
- Estimated # of food insecure individuals 300
- Estimated % of food insecure individuals 16.5% (State 14.2%)
- Estimated % of EOCCO members with food insecurity 44.7%
- Estimated % of EOCCO members facing hunger 18.8%
- Estimated that of 199 EOCCO adult members only 49 eat 5 or more servings of fruits and vegetables per day
- Sherman County Residents (BRFSS 2010-2013) 37.7% ate 5 or more servings of fruits and vegetables per day (State 20.3%)
- Average Monthly Number of Children enrolled in SNAP = 101
- Total Average Monthly enrollment in SNAP = 307

GOALS:

- 1 A - Continue the Frontier Veggie RX Program
- 1 B- Increase Referrals to the Sherman County Food Pantry and other alternatives (The Dalles pantries)
- 1 C- Establish the Double Up Food Bucks program

ACTION PLAN:

- 1A 1 – Continue to dedicate LCAC funds to Frontier Veggie RX
- 1A 2 – Participate on Frontier Veggie RX Regional Advisory Council
- 1A 3- Serve as local liaison between Frontier Veggie RX Program and local Prescribers and Vendors
- 1B 1- Work with Sharon Thornberry (Columbia Gorge Food bank) to make certain that Sherman Food Pantry(s) are well stocked and inform all Frontier Veggie RX consumers of availability and accessibility of foods that are not fruits and vegetables
- 1C 1- Create and implement a plan to fund the Double Up Food Bucks program at the Farmer’s Market

ESTIMATED BUDGET NEEDED:

To fully fund the Frontier Veggie RX an additional 25% more funds are needed = \$6,517
If all 307 SNAP recipients were to use the Double Up Food Bucks Program at “5” Farmers Markets, \$ 15,350 would be needed (307x\$10) x 5 Farmer’s Markets

POTENTIAL FUNDING SOURCES:

Eastern Oregon Coordinated Care Organization
Local contributions

PRIORITY ISSUE #3: Mental Health

PROBLEM IDENTIFIED:

Overall need to have community members refer their family, friends, co-workers to use mental health services, reduce community stigma
Prenatal and Postnatal Maternal Depression

DATA AVAILABLE:

- Maternal Depression – Across the EOCCO in 2017, 47.6% of women experienced depression during or after pregnancy (State 21.3%)
- Suicide Death Rate 2009-2013 31.2 per 100,000 (State 17.9)
- Only 61.5% report Overall Mental Health as good or very good BRFSS

GOALS:

- 3A- Conduct Mental health First Aid Trainings for Adults, Youths, Law Enforcement, Veterans, or Elderly
- 3B- Implement Integrated Nurse Home Visiting Program
- 3C- Expand Mental Health capacity as needed

ACTION PLAN:

- 3A 1- Partner with the Eastern Oregon Healthy Living Alliance to utilize resources dedicated to Sherman County
- 3B 1- Support North Central Public Health District in their offering Baby's First and CaCoon programs
- 3B 2- Invite Eastern Oregon Healthy Living Alliance to present on its Nurse Home Visiting Program

- 3B 3- Promote and support services offered by the North Central Public Health District and Mid-Columbia Center for Living
- 3C 1- Implement the MEND platform for tele-behavioral health

ESTIMATED BUDGET NEEDED:

POTENTIAL FUNDING SOURCES:

- Eastern Oregon Healthy Living Alliance
- Eastern Oregon Coordinated Care Organization
- Greater Oregon Behavioral Health, Inc.
- Mid-Columbia Center for Living
- Home Visiting Programs throughout the region

