



## 2021 EOCCO Community Health Plan (CHP) for Union County

### **PRIORITY ISSUE #1: Behavioral Health**

- Service Access, Availability, and Capacity
- Mental Health Services
- Substance Abuse Services
- Adverse Childhood Experiences

### **PROBLEM IDENTIFIED:**

Union County residents could benefit from increased access to & utilization of behavioral health care, screenings & preventative care, and behavioral health education services.

### **DATA AVAILABLE:**

- Community Health Assessment data, obtained by the EOCCO during county specific focus groups, indicates a growing community concern for community member access to healthcare services in Union County (EOCCO Community Health Assessment, Union County 2019).
- 22% of Union County residents report they have sought mental health care in the past year (Grande Ronde Hospital Community Health Assessment, 2018).
- 24.8% of adults (26 and older) on the Oregon Health Plan in 2015 in Union County were diagnosed with a mild to moderate mental health condition (OHA Behavioral Health Profile, Union County 2015).
- More young adults (18-25) on the Oregon Health Plan in 2015 in Union County were diagnosed with a mild to moderate mental health condition or serious mental health condition than in Oregon overall (OHA Behavioral Health Profile, Union County 2015).
- Six percent (6%) of Union County adults considered attempting suicide in the past year (Grande Ronde Hospital Community Health Assessment, 2018).
- Twenty-one percent (21%) of adults reported they or a family member were diagnosed with, or treated for, depression in Union county in the past year (Grande Ronde Hospital Community Health Assessment, 2018).
- 20.2% of young adults (18-25) on the Oregon Health Plan in 2015 in Union County were diagnosed with a substance use disorder (OHA Behavioral Health Profile, Union County 2015).
- 17% of Union County adults have experienced 4 or more ACES in their lifetime (Grande Ronde Hospital Community Health Assessment, 2018).

### **GOALS:**

- Support Union County in developing a thorough understanding of currently available behavioral health resources and barriers to care.
- Support and expand existing partnerships for behavioral health care.
- Support providers in continuing existing programs that address behavioral health needs.
- Identify gaps in services and support efforts to expand services.

- Decrease the number of ACES experienced by individuals in Union County.

#### **ACTION PLAN:**

- Continue to engage existing and new behavioral health providers in monthly LCAC meetings.
- Increase community member, educator, and provider knowledge of ACES, Trauma Informed Care, resiliency, and appropriate supports and treatment for individuals with high ACES scores.
- Review, compile, and/or distribute information about system resources and available county services for behavioral health care.
- Review systems barriers and health inequities that may prevent Union County residents from receiving care. Including those related to race, gender identity, ethnicity, language, sexual orientation, and place.
- Review EOCCO Incentive Measure data related to behavioral health during monthly LCAC meetings and provider specific meetings.
- Identify programs and initiatives that could benefit from initial or additional financial support, and connect them with potential funding sources.

#### **ESTIMATED BUDGET NEEDED:**

- Continued funding for the LCAC's Community Benefit Initiative Reinvestment Coordinator role, estimated annually \$15,000.
- Continued support of Incentive Measure provider workgroups, estimated \$2,000 annually.
- Cost of development, marketing, and distribution of resource materials, estimated \$1,000 annually.
- Community program and initiative staff and supplies, estimated \$25,000 annually.
- Initial or additional financial support for new or existing programs, as identified.

#### **POTENTIAL FUNDING SOURCES:**

- EOCCO LCAC Community Benefit Reinvestment Funds
- EOCCO Transformation Grant Funding
- Grande Ronde Hospital Community Benefit Funds
- Soroptomists International of La Grande Oregon
- In-Kind and financial partnerships with community agencies and organizations for project support

#### **PRIORITY ISSUE #2: Social Determinants of Health**

- Food Security
- Housing
- Transportation
- Personal, Home, and Community Safety

#### **PROBLEM IDENTIFIED:**

Health is influenced by an individual's circumstances and their environment. Social determinants of health such as poverty, stigma, and access to services are all underlying contributors to health

inequities. Within the framework of social determinants of health, the LCAC would like explore and positively impact housing, transportation, food security, and safety.

#### **DATA AVAILABLE:**

- Community Health Assessment data, obtained by the EOCCO during county specific focus groups, indicates a growing community concern for community member access to housing and transportation in Union County (EOCCO Community Health Assessment, Union County 2019).
- In 2017, 6.3% of Union County residents report no access to personal transportation (American Communities Survey).
- In 2017, 40.6% of Union County renters spend more than 35% of their monthly income on rent (American Communities Survey).
- 24.7 % of children in Union County and 16% of individuals were considered food insecure in 2017, both are higher than Oregon overall (Oregon State University, Communities Reporter).
- The short and long-term outcome of childhood exposure to ACEs includes a multitude of health and social problems (CDC, Adverse Childhood Experiences (ACEs), About Adverse Childhood Experiences, Updated 4/1/16).

#### **GOALS:**

- Improve the health of our community by identifying, understanding and addressing social determinants of health.
- Support Union County in developing a thorough understanding of currently available resources for social determinants of health and barriers to access.
- Build and strengthen partnerships with community organizations that advocate, educate and work to improve meeting the needs of targeted populations.
- Support providers and community initiatives in continuing existing programs that address social determinants of health.
- Identify gaps in services and support efforts to expand services.

#### **ACTION PLAN:**

- Continue to engage existing and new social determinants service providers in monthly LCAC meetings. Invite agencies to share and present on programs during meeting times.
- Review, compile, and/or distribute information about system resources and available county services for social determinants of health.
- Review systems barriers and health inequities that may prevent Union County residents from receiving services. Including those related to race, gender identity, ethnicity, language, sexual orientation, and place.
- Identify programs and initiatives that could benefit from initial or additional financial support, and connect them with potential funding sources.

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