



Lake County Community Health Improvement Partnership (CHIP)  
700 South J Street  
Lakeview, OR 97630

### **Lake County CHIP Minutes**

**Date and time:** November 14, 2019 – 3:00 p.m.

**Place:** Lake District Hospital, Penn Wilbur conference room

**Partnership members and staff in attendance:** Susan Pointere, Arvinder Singh, Patrick Mulvihill, Dianne Clay, Cecilia Montgomery, Helena Van Brande, Heidi Martinez, Trace Wonser, Jackie McDougale, Noelle Freeman, Anne Kasbohm, Karen McClain, Kristi Albertson, Charles Tveit, James Williams, Kristin Hill, Renee Baker, Darwin Johnson, Ginger Park, Joy Maines, Noah Pietz, Samantha Huddleston, Anne Marie Dent, Janet Leslie, Miyuki McMullen, Deanne Fulstone, Kathleen Thompson, Vanessa Marler, Ken Kestner, Kevin Winter, Paul McGinnis, Janet Holland,

LCAC chairman Susan Pointere called the meeting to order at 3:05 p.m. and asked all members to introduce themselves. Pointere then presented the October minutes for approval. Arvinder Singh moved to approve the minutes as amended. Kristin Hill seconded, and the motion passed unanimously.

#### **CHIP updates:**

**Living Well-** Singh informed the council about the Living Well with Diabetes classes and that the session ended on November 11th. 3 participants completed the session and received completion gift certificates. Next session is going to be Living Well with Chronic Pain and will end before February.

**Teen Health Fair-** Singh notified the council that the teen health fair was held on November 13<sup>th</sup> at the Daly Middle School gym/auditorium. The teen health fair was possible through the Transformation Community Benefit Initiative as an opt-in project. Singh mentioned 9 stations at the health fair which included dental screening, immunization, mental health, youth advocacy, crisis center jeopardy, nutrition, library, physical health and clinics station with lots of giveaways. Singh gave an estimate for the attendance which was around 90 students. Singh was able to go through 54 of the total health fair passports received which is the system in place for tracking the attendance. Singh informed the council that the passports had a set of questions which the students were asked to fill, one of them being if the students would like to have a health fair next year. 52 of the 54 passports answered yes, to which Singh said that it shows for the majority students who attended had a good time at the health fair. However, Singh mentioned the teen health fair could have had a larger turnout as all stations were prepared to see anywhere between 150-250 students. Singh added that the Lake Health District advertised the health fair 3 weeks in advance with weekly ads in the newspaper, radio, local Facebook announcements page, putting up posters at the Daly Middle School and having students present in classes about stations at the teen health fair.

**Harvest Dinner-** Singh informed the council about the Harvest dinner sponsored by the Lake County Food Share/ Food Pantry at the Methodist Church. The event will be held on November 15<sup>th</sup> from 5:00 p.m. – 8:00 p.m. and is open to everyone.

**Thanksgiving Lunch-** Singh notified the council about a thanksgiving lunch at the Senior Center on November 22<sup>nd</sup>.

**Lake Lunch & Learn-** Singh spoke about the Community UPLiFT and Take Root Parenting Connections event planned for November 20<sup>th</sup> from 11:30 a.m. - 1:00 p.m. at the Penn Wilbur conference room. It is a free event to learn about services/support for expecting parents and children 0-5 years old.

Singh explained that Community UPLiFT is a non profit that seeks to provide stability and support for youth and young adults who are experiencing a life crisis with an emphasis on the marginalized populations who need it most. Then, he spoke about Take Root Parenting Connections which is an Oregon Parenting Education Collaborative that covers Douglas, Klamath Falls and Lake counties.

**FoodCorps. update-** Helena Van Brande shared updates about classes taught in A.D. Hay/Fremont and Union schools in Lakeview. Next, Van Brande spoke about the teen health fair and her experience hosting the nutrition station.

**Grant updates:** Kristi Albertson shared a handout for the 2020 EOCCO LCAC grant tentative game plan/timeline. Albertson started with addressing the accessibility issues to food in Lake County and food insecurity chosen as a priority issue for Lake County's Community Health Plan (CHP). To address food insecurity, Albertson shared a tentative game plan of supporting a population health VISTA person (\$8,900), support junior program leaders for the 2020 Outback Strong Summer Lunch Program (\$7,900), and support a backpack program (model based on Heppner County program) at Lake County School District 7 (\$8,800). She stated that the VISTA person will work on outreach, create program plans and grant strategies to improve health equity, and work with CHIP, FoodCorps., and school district to create a five-year nutrition education and sustainability plan. And for the backpack program, to have a test run done during Thanksgiving holiday and involve the school district to be a subgrantee. Albertson added that for the backpack program, funding will not cover the program's full expense.

Next priority issue Albertson spoke about is the early childhood abuse/trauma & substance abuse/addiction. She shared the plan of bringing Sources of Strength or a similar program to the county (\$5,000). She gave details about the Sources of Strength program which works on suicide prevention through mentoring in schools. She added that the mentors/facilitators need to be recertified every 36 months and shared the pros and cons of bringing such program to the county. This was followed by a discussion about the program and possible candidates that would serve as a host to the program other than the single school district. The council felt that Lake County Education Service District (ESD) would be a good candidate.

Susan Pointere asked the council to approve the 2020 EOCCO LCAC Grant funds to be used as stated. The council approved.

Kristi Albertson asked for volunteers for a grant review team. The volunteers are Susan Pointere, Arvinder Singh, Helena Van Brande, and Noelle Freeman.

Vanessa Pingleton inquired if the adverse childhood experiences (ACEs) training will be provided, to which Kristi Albertson replied that ACEs training is on the Lake County's 5-year community health plan (CHP)

### **CCO 2.0 Presentations:**

Presenters: Paul McGinnis, Janet Holland, Noah Pietz.

EOCCO representatives opened the floor for input and public discussion. The following questions and comments were covered:

## **Questions/comments:**

### **CAC nominating committee question: Will it include people from all the counties?**

Janet Holland, EOCCO: Currently, the plan is: the local community will send the application to a group that will be EOCCO. They will review it. Due to relationships with commissioners (county) there will be a mechanism to communicate with commissioners.

### **Is it a concern for Value-Based Payments to reach the level required in CCO 2.0? We are not a fee-for-service facility. I wonder how that will impact our facility and our ability to provide care. Will there be support and more education?**

EOCCO staff: It will be a roll-out, a sequential process. Educating and information, getting feedback, are key. There has been work in this area. Lake is on a capitated model already. There are challenges about what the value is and how it is defined. The community is encouraged to share concerns or suggestions.

### **A question was fielded about supportive housing referenced in a slide.**

EOCCO (Holland and Noah Pietz): There's a guidance document created by the OHA. We'd be happy to share with you. One of the challenges is that it will not allow OHP money to be spent on brick and mortar projects. Defining categories amid a laundry list. Examples of services: background checks, application checks, etc. There are some areas off limits. Lots of gray. It is an area we will be working through. We have asked the state about that. The state has given funds but what if there is no new housing? There is no pot of funding yet.

### **In the north and south ends of the county, there are many trailer homes. There have been legal issues in zoning.**

Holland: Many communities are moving toward supportive housing. Multiple funding streams are needed. In La Grande, we ran into an ordinance issue. We worked with folks around the ordinance so tiny homes could be built in the city.

We have worked with Pinnacle Engineering out of Bend. Offered to share the ordinance. Meyer Memorial helped fund us.

### **Paul McGinnis, EOCCO: OHA asked us to ask communities if there is anything specific, they would like. There was the question: What will CCO 2.0 have to do with workforce development, including primary care and behavioral health?**

EOCCO: Workforce development is a critical area. The EOCCO leadership discussed it this week. We are already partnering with AHECs. There are several in our service area.

Discussing workforce needs, McGinnis noted: The main intention is young people to get basic sciences so they can come back to work in a rural area. It's like Head Start for healthcare programs.

We are looking at telehealth options. It's a reality that many of the people we can get are out of the Portland area, etc. One strategy is engaging folks who may be tied into a metropolitan area. We have been working on sending some staff out into communities several days a month and using telehealth otherwise.

### **There was discussion about whether Mend has rolled out in Lake County?**

EOCCO: We must track the distance of travel for appointments. Of the demonstration pilots that are out there, we are leading that initiative with the number of telehealth visits we are providing. Look at partnering with universities and market it.

**Is the tele-behavioral health app MyStrength free to use? It would be useful for the community.**

Holland: Yes. We pay on a per member basis for this. We would love to see the utilization in this.

McGinnis conveyed a topic from the pharmacy:

**Having Medicaid prescriptions approved in North Lake – it's a long drive to the pharmacy. 1.5-hour drive.**

Pietz: That would be something to take back with our team to see if there are other pharmacies EOCCO contracts with. There is not mail order for EOCCO. We will look into it. Must be covered medical appointment or service. A community health worker can help with that. Holland discussed this is a matter for the clinical advisory panel. Look at barriers.

James Williams, Lake County commissioner stated:

**To bear in mind; telehealth would be great for rural counties, but you have to remember it's a rural county. Your service is sketchy. Many deputies cannot even communicate. Something that we are working towards is being aware of those communication breakdowns.**

**A local healthcare professional noted: We have been discussing the mental health professional shortage. It takes so many hours to accomplish that education. Is there any looking toward funding for facilities for people doing their clinics? Workforce piece? Help it be more appealing for graduates and facilities?**

Holland: There are some loan repayment programs out there through the state. In Eastern Oregon, difficult, because they require a lot of steps and an application process. There are several programs available. We are figuring out how to tap into that. We also have a psychiatrist shortage. There are few available. Not many go through the school system. Partner with programs with OHSU for expertise. Keep developing creative ways to solve it.

There has been an ECHO project.

**Additional input from North Lake:**

-Attendees from North Lake want more mental health and are interested in the Mend platform (if they can find a qualified practitioner to connect with).

-North Lake representatives are interested in getting the Arcadia data system.

-North Lake is interested to see if Rx can be extended for isolated EOCCO plan members who are miles away from a pharmacy.

Susan Pointere asked for a public comment and on hearing none adjourned the meeting at 4:57 p.m. The next meeting is scheduled for December 12<sup>th</sup>, at 3 p.m. at Lake District Hospital Penn Wilber Conference Room.