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Lake County Community Health Improvement Partnership (CHIP)
700 South J Street
Lakeview, OR 97630

Lake County CHIP Minutes

Date and time: October 10, 2019 – 3:00 p.m.

Place: Lake District Hospital, Penn Wilbur conference room

Partnership members and staff in attendance: Susan Pointere, Kristi Albertson, Will Cahill, Helena Van Brande, Paul McGinnis, Dianne Clay, Michele Totten, James Williams, Noelle Freeman, Kristin Hill, Gloria Stringer, Andrea Wishart, Nam Dave, Judy Clarke, Charlie Tveit, Gail Kuwahara (phone), Gillian Wesenberg (phone), Vanessa Pingleton (phone), Liliana Villanueva (phone)

LCAC chairwoman Susan Pointere called the meeting to order at 3:04 p.m. and asked all members to introduce themselves. Pointere then presented the September minutes for approval. Kristi Albertson, Lake Health District grant writer and coordinator, noted that under “CHIP updates,” Greater Oregon Behavioral Health Inc. (GOBHI), not Eastern Oregon Coordinated Care Organization (EOCCO), was the applicant for the Gus Schumacher grant. Judy Clarke, director of Public Health, moved to approve the minutes as amended. Lake Health District clinics manager Nam Dave seconded. The motion passed unanimously.

Reproductive health survey: Clarke shared results from a survey she conducted in 2018-2019 as part of her reproductive health program, Program Element 46. The questionnaire asked respondents about their access to reproductive health services and barriers to care. She surveyed students at Paisley School once and at Lakeview High School twice. Clarke also hosted two dinners to survey women from Lakeview’s Hispanic community.

Paisley students wanted to make talking about reproductive health a social norm in their school. They also wanted more services available in Paisley. Clarke gives presentations in school health classes about reproductive health, but she was not allowed to present information in Paisley during the 2018-2019 school year. She plans to present the survey results to the Paisley School Board during their October 14 meeting.

Lakeview students requested additional information beyond the 40-minute presentation Clarke gives each year. In addition to presenting to high school health classes, Clarke will be in seventh- through 12th-grade English and social studies classes this year to tell students about all the services Public Health offers. Her 2019-2020 PE46 work plan includes hosting information sessions for students at the Public Health office and traveling to Paisley and Christmas Valley to let students in those communities know what Public Health officers. Albertson noted that some funding from the 2019 AWC grant will allow Clarke to complete two additional outreach events this fall, one at the library in Lakeview and the other at Klamath Community College.

August incentive measure report: Paul McGinnis, Greater Oregon Behavioral Health Inc. (GOBHI) coordinated care organization integrations director, presented the EOCCO and Lake County progress reports with claims processed through August 31. The CCO is meeting the emergency department (ED) utilization and ED utilization for individuals experiencing mental illness measures, but the 12 counties have not met any other incentive measure targets. Lake County has met the target for effective contraceptive use for girls ages 15 to 17 in addition to the two ED-related measures. Dave noted that the colorectal cancer screening numbers will change now that the grant-funded project has begun. Lake Health Clinic already has received eight of the fecal immunochemical tests (FITs)

sent out as part of the project. Dave also pointed out that the numbers on the report did not include colonoscopies. The developmental screening measure showed that Lake County is just 13 appointments away from meeting the target. Dave said physician assistant Kathy Thompson has completed at least 12 appointments at Public Health.

McGinnis didn't have high hopes for the oral evaluation for adults with diabetes measure. Only a dentist can complete the evaluation, and Lake County only recently got a full-time dentist. He also noted that the number reported for Lake County's DHS custody incentive measure was not accurate. It shows six of eight youths in Department of Human Services custody had received physical, dental, and mental health evaluations. Michele Totten with DHS Self-Sufficiency said there are 32 children in foster care right now.

2020 EOCCO grant opportunities: McGinnis reviewed the applications for EOCCO grant funding in 2020. Lake County has \$41,190 available in the 2020 LCAC grant. McGinnis called attention to that grant's new parameters: It is no longer focused on meeting incentive measures but rather on addressing strategies in the Lake County community health plan or targeting social determinants of health. Albertson told the group about a grant-planning meeting happening October 14 to discuss project ideas. McGinnis reminded the LCAC that they have to approve the application, which is due January 17.

The opt-in grant opportunities target incentive measures: ED utilization for members with mental illness, assessment and treatment for drug or alcohol use, diabetes HbA1c poor control, oral evaluation for adults with diabetes, kindergarten readiness and childhood immunizations, and immunizations for adolescents. These applications are due January 17 as well.

The new ideas grant has three funding cycles in 2020, with applications due January 17, June 3, or September 2. McGinnis said there is more than \$500,000 available in this grant. Not as many organizations apply for this funding, and many of the ideas submitted aren't new.

CCO 2.0 community presentation: EOCCO will conduct the presentation during the November 14 LCAC meeting. The meeting is from 3 to 5 p.m. in the Penn Wilbur Conference Room at Lake District Hospital. McGinnis said EOCCO is working with the North Lake Health District to set up a link to allow North Lake residents to participate in the meeting remotely. The two anticipated topics of focus are workforce development and expanding behavioral health services. EOCCO has sent out a press release and plans to have radio spots and social media links before the event. McGinnis is hoping for a turnout of 45 to 50 people, including 15 people in North Lake. Pointere suggested promoting the presentation during Lake District Hospital's upcoming patient and family advisory council meeting.

RCAC meeting report: McGinnis said Community Health Improvement Partnership (CHIP) coordinator Arvinder Singh represented the South-Central Oregon Early Learning Hub during the recent Regional Community Advisory Council meeting. The group was interested in learning more about community baby showers. Pointere noted that the Lake County Libraries hold community baby showers. McGinnis said of the \$1 billion business tax to support schools that the Legislature approved in 2019, a third is dedicated to early childhood.

McGinnis said Eastern Oregon Healthy Living Alliance is connecting with the Nutrition Oregon campaign. The RCAC had some discussion around the impact processed food is having on the current population's health, particularly in the increase we're seeing in chronic illnesses. The RCAC also talked about the impact this will have on future generations as we pass on our DNA to our children, grandchildren, and great-grandchildren.

Clinician summit: At McGinnis's request, Dave gave an update on the clinician summit she attended recently. Dave said there was a lot of discussion about the CCO 2.0 payment model and an explanation of how value-based payments work. The summit also covered the need to invest more money into preventive care and touched on opioid prevention and medication-assisted treatment (MAT). Lake County providers prescribe suboxone, and Lake Health Clinic is beginning to look into Vivitrol. McGinnis said the outcomes for MAT are not encouraging. Relapse is common, which means it's important that providers pair the medication with referrals to therapy. Dave said the clinician summit also included a presentation on methamphetamine. Opioids might be getting more national attention right now, but meth is still a problem in Oregon, including Lake County.

CHIP updates:

LCAC — Dave said the walk-in clinic has allowed women to confirm pregnancies and get scheduled for their first prenatal appointment within their first trimester. The clinic also has a good workflow for ensuring women complete their postpartum appointment during the appropriate timeframe by reminding mothers to schedule their visits when they bring in their babies for screenings. Gail Kuwahara, La Pine Community Health Center-Christmas Valley's new outreach coordinator, said her clinic has not been able to find data on the youth fruit and vegetable voucher project, but they're continuing to do research. Albertson said EOCCO has given some guidance on reallocating the \$12,000 intended for installing playground equipment at Soroptimist Park. EOCCO supports activities that will encourage members to be active as families. The activities can only be offered to EOCCO members, and Albertson must submit a new budget as soon as possible.

AWC visits — North Lake's open house was September 17. La Pine Community Health Center scheduled at least five adolescent well-care visits, plus about six more after the event. Prevention coordinator Francie Winters gave a presentation on vaping. Lakeview's teen health fair is scheduled for November 13. Paisley is unable to attend. Dave and Freeman said they will send out mailers to EOCCO members ages 18 to 21 to remind them to complete AWC visits.

Colorectal cancer screening — Albertson reminded clinic staff about incentives available based on the number of FITs processed and how many members return their kits before Thanksgiving and the end of the calendar year.

Living Well — Kristin Hill, Lake District Hospital patient navigator, said September's chronic pain class was canceled due to low attendance. This delayed the start of a chronic pain support group; Freeman and Lincoln had planned to begin when Living Well with Chronic Pain wrapped up. A round of Living Well with Diabetes began October 7 with about six participants. Hill noted that the programs need better and/or broader advertising.

ED utilization — Hill said a data uploading challenge Lake District Wellness Center was experiencing was resolved today.

FoodCorps — Service member Helena Van Brande is in classrooms all week long. She spends two days at Union School and three at Fremont and A.D. Hay. She is helping Union get its greenhouse in shape and is working with Fremont School staff to develop a plan for the reading garden. Van Brande will have a booth at the teen health fair. She also is interested in rebooting the hospital's community garden. Lake Health District CEO Charlie Tveit said the hospital would be very happy to have someone take on the garden.

SFSP — Albertson said the final report from the 2019 Outback Strong Summer Lunch Program is available on the Outback Strong website. She highlighted five recommendations from the report: 1) Starting the hiring process earlier, with a goal of hiring junior program leaders and the program monitor no later than April 30; 2) Giving staff members additional training before the program begins and ongoing throughout the summer; 3) Adding variety to the menu and involving kids in the menu-planning process, perhaps through a partnership with FoodCorps; 4) Ensuring data is collected and submitted throughout the summer, not just at the end; and 5) Using champions to promote the program, since word of mouth was the most impactful method of advertising.

Grants: Albertson said the health district will interview two applicants October 14 for the Rural Communities Opioid Response Program-Planning Grant's project coordinator position. The team is hopeful the coordinator will be hired by the end of the month. Albertson also noted that a Lake County team has been accepted into Oregon Housing and Community Service's Permanent Supportive Housing Technical Assistance Cohort. Participation in the cohort is a prerequisite for applying for capital funding through the state.

Other:

Medicare — Lake Health Clinic care coordinator Noelle Freeman said there is a Medicare workshop November 6 at the Lake County Senior Center. Jane Lincoln, the clinic's licensed clinical social worker, and Oregon Health Plan project coordinator Ariana Azamar are leading the event. Andrea Wishart, director of the Lake County Senior Citizens Association, said the workshop is a good opportunity for Lake County residents to

get answers to their questions about Medicare, since it's currently open enrollment time. She also noted that Rod Harwood, older adult behavioral health specialist with GOBHI, is becoming trained as a SHIBA (Senior Health Insurance Benefits Assistance). Lake County does not have its own SHIBA, and the person from Klamath County rarely travels to Lakeview.

Transportation — Wishart said Oregon Department of Transportation has approved all three proposals the senior center submitted. One of those proposals will allow the senior center to start a weekly trip to Alturas so people can connect with bus service to Reno. The senior center also plans to bring back a monthly errand bus.

Crisis Center — Gloria Stringer, director of the Lake County Crisis Center, said her organization was sponsoring the movie "Gaslight" October 12 at the Alger Theater. The Crisis Center also has a fundraiser raffle drawing that will take place October 31. The winner will receive a one-night stay at Hunters Hot Springs, a robe, chocolates, a book about the gaslight effect, and information about the Crisis Center. Since January 1, the Crisis Center has sheltered 13 domestic violence victims for 22 nights at local motels. Stringer said they have served a total of 109 victims this year, 57 of whom were victims of domestic violence. The others were victims of sexual assault, stalking, or elder abuse.

Night at the Museums — Dianne Clay told the group about a Lake County Historical Society open house happening October 17 at the Lake County and Schminck Memorial museums.

PFAC — Pointere said the hospital's patient and family advisory council is looking for new members.

Pointere adjourned the meeting at 4:42 p.m. The next meeting is scheduled for November 14, 2019, at 3 p.m. at Lake District Hospital Penn Wilber Conference Room.