



2019 EOCCO Community Health Plan (CHP) Sherman County

PRIORITY ISSUE #1: Children's Health Promotion

PROBLEM IDENTIFIED:

Need to empower parental influence
Trauma Informed Care Training and treatment for those experiencing Childhood Trauma
Oral Health for Children

DATA AVAILABLE:

- Incentive Measure – Developmental Screens Sherman 46.2% 2018 – Did NOT Meet Measure YET
- Incentive Measure – Childhood Immunizations – 2018 100% - Met Measure
- Demographics – Less 0-17 year olds in 2017 than 2013 18.7% of Sherman Population (State 21%)
- 53% of 3-4 year olds enrolled in preschool (State 58%)
- In 2017 Sherman entering Kindergarteners were better or equal to State average for Numbers & Operations, Capital and Small Letter Names and Sounds. Lower than the State in Interpersonal Skills, Self-Regulation and Total Approaches to Learning
- Dental services limited
- Incentive Measure – Dental Sealants 30.4% 2018 Met Measure

GOALS:

1A -Implement Positive Parenting Program
1B- Seek organizational training of health and human service providers in Trauma Informed Care
1C- Implement a screening process for Adverse Childhood Experiences
1D- Ensure access to Parent Child Interactive Therapy
1E- Implement and Monitor Tele-Dentistry Services

ACTION PLAN:

1A 1- Build a plan around bringing Positive Parenting Program to Sherman County in partnership with Four Rivers Early Learning Hub
1B 1- Assess which organizations have conducted Trauma Informed Care training
1C 1- Develop partners who are willing to screen for Adverse Childhood Experiences and refer to proper mental health organizations
1D 1 – Develop a room where Parent Child Interactive Therapy can be deployed in Sherman County
1E 1- Serve as liaison between provider sites in Moro / Others? and Advantage Dental From DentaQuest
1E 2- Promote the use of the Tele-Dentistry Services
1E 3- Monitor Utilization to ensure residents are aware of the services

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ESTIMATED BUDGET NEEDED:

POTENTIAL FUNDING SOURCES:

- A – Four Rivers Early Learning HUB
- A – Greater Oregon Behavioral Health, Inc – Children’s Program Grants
- C- Trauma Informed Oregon
- D – Mid Columbia Center for Living
- E- Eastern Oregon Coordinated Care Organization
- E-Oregon Health Sciences University – Implementation Research
- E- Advantage Dental From DentaQuest

PRIORITY ISSUE #2: Food Insecurity

PROBLEM IDENTIFIED:

- Limited access to fresh fruits and vegetables
- Limited access to food
- Limited Supplemental Nutrition Assistance Program recipients using their benefits at Farmer’s Markets

DATA AVAILABLE:

- Frontier Veggie RX
- 53.4% of students are eligible for free or reduced lunch (State 47.6%)
- Estimated # of food insecure individuals 300
- Estimated % of food insecure individuals 16.5% (State 14.2%)
- Estimated % of EOCCO members with food insecurity 44.7%
- Estimated % of EOCCO members facing hunger 18.8%
- Estimated that of 199 EOCCO adult members only 49 eat 5 or more servings of fruits and vegetables per day
- Sherman County Residents (BRFSS 2010-2013) 37.7% ate 5 or more servings of fruits and vegetables per day (State 20.3%)
- Average Monthly Number of Children enrolled in SNAP = 101
- Total Average Monthly enrollment in SNAP = 307

GOALS:

- 1A - Implement the Frontier Veggie RX Program
- 1 B- Increase Referrals to the Sherman County Food Pantry(s)
- 1 C- Establish the Double Up Food Bucks program

ACTION PLAN:

- 1A 1 – Continue to dedicate LCAC funds to Frontier Veggie RX
- 1A 2 – Participate on Frontier Veggie RX Regional Advisory Council

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1A 3- Serve as local liaison between Frontier Veggie RX Program and local Prescribers and Vendors
1B 1- Work with Sharon Thornberry (Columbia Gorge Food bank) to make certain that Sherman Food Pantry(s) are well stocked and inform all Frontier Veggie RX consumers of availability and accessibility of foods that are not fruits and vegetables
1C 1- Create a Plan to Fund the Double Up Food Bucks program when Hans brings the Farmer's Market

ESTIMATED BUDGET NEEDED:

To fully fund the Frontier Veggie RX an additional 25% more funds are needed = \$6,517
If all 307 SNAP recipients were to use the Double Up Food Bucks Program at "5" Farmers Markets, \$ 15,350 would be needed (307x\$10) x 5 Farmer's Markets

POTENTIAL FUNDING SOURCES:

Eastern Oregon Coordinated Care Organization
Local contributions

PRIORITY ISSUE #3: Mental Health

PROBLEM IDENTIFIED:

Overall need to have community members refer their family, friends, co-workers to use mental health services, reduce community stigma
Prenatal and Postnatal Maternal Depression

DATA AVAILABLE:

- Maternal Depression – Across the EOCCO in 2017, 47.6% of women experienced depression during or after pregnancy (State 21.3%)
- Suicide Death Rate 2009-2013 31.2 per 100,000 (State 17.9)
- Only 61.5% report Overall Mental Health as good or very good BRFSS

GOALS:

3A –Conduct Mental health First Aide Trainings for Adults, Youths, Law Enforcement, Veterans, or Elderly
3B- Implement Integrated Nurse Home Visiting Program
3C- Expand Mental Health capacity as needed

ACTION PLAN:

3A 1- Partner with the Eastern Oregon Healthy Living Alliance to utilize resources dedicated to Sherman
3A 2- Partner with Greater Oregon Behavioral health, Inc for additional trainings
3B 1- Invite Eastern Oregon Healthy Living Alliance to present on its Nurse Home Visiting Program in detail

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3B 2- Develop partnership between the North Central Public Health District and the Mid Columbia Center for Living

3C 1- Implement the MEND platform for tele-behavioral health

ESTIMATED BUDGET NEEDED:

POTENTIAL FUNDING SOURCES:

Eastern Oregon Healthy Living Alliance
Eastern Oregon Coordinated Care Organization
Greater Oregon Behavioral Health, Inc.
Mid Columbia Center for Living
Home Visiting Programs throughout the region