



## Help for long-term care cases

There is a resource you can use for cases that require additional input and support for long-term care.

### A multidisciplinary team

EOCCO, and Aging and People with Disabilities (APD) have a multidisciplinary team (MDT) that meets monthly to review provider referrals. They work together to meet the needs of complex EOCCO members.

This team is made up of:

- EOCCO: government team supervisor, lead care coordinator, lead intensive case manager and intensive case management and utilization manager
- APD: district managers and county supervisors

The goal of this team is to partner within the systems of care to create better member health outcomes while reducing duplication of services. Together, we can reduce costs and improve health by exploring innovative options, and sharing accountability and responsibility.

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## What you can expect when making a referral:

- That the case management leadership within EOCCO and APD will work together to come up with a plan for your member.
- A guarantee that they will try to get results. Members still have the right to refuse services.

## What kinds of cases are appropriate for MDT?

- Members who may need more than the 20-day benefit at a skilled nursing facility (usually done internally and has a different form called "Diversion Transition Referral Form")
- Members who need in-home services and are not sure if they qualify for a caregiver
- Members who need intense behavioral health case management, but also have serious medical issues, and it's unknown whether their case is covered by behavioral or medical
- Complex discharge plans when a member has no known place to go
- Complex transitions of care from a skilled nursing facility-to-home or hospital-to-home
- When you have done your best to help the patient and want more input on the situation
- When you are having trouble getting a response at a lower level from a mental health provider, APD or case management
- Complex situations that need an "out-of-the-box" resolution

## You can reach the MDT by email with questions or concerns:

Baker, Harney, Grant, Malheur, Union and Wallowa counties:  
**East6MDT@modahealth.com**

Umatilla and Morrow counties:  
**UMMDT@modahealth.com**

Gilliam, Wheeler, Sherman and Lake counties:  
**West4MDT@modahealth.com**

Note: If you have any questions about the referral process, please call 1-844-827-7467 for assistance